

Shayla White

I am looking to start my career in the medical field.

Saint Joseph, MO 64504

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I have received my CNA in October of 2020. I am also CPR certified. I'm ready to learn and join the medical field.

Authorized to work in the US for any employer

Work Experience

Triumph foods

General Production

April 2021 to Present

- Following health and safety standards.
- Maintaining a clean workstation and production floor.
- Assembling products and parts.
- Following production guidelines and specifications.
- Finalizing and packaging products for shipment.
- Working on the production line and meeting production targets.
- Reporting any issues to the supervisor on duty.
- Performing other tasks as assigned.

Dietary Aide

Carriage Square Living and Rehab - Saint Joseph, MO

September 2020 to October 2020

- Reviewing patients' dietary requirements and preferences and discussing them with Dietitians to develop healthy menus and nutritional care plans.
- Preparing individual dietary menus based on patients' medical conditions, physical health, preferences, and distastes.
- Assisting with meal preparation and serving.
- Inspecting special diet trays to ensure they comply with the dietary restrictions.
- Monitoring patients' eating habits and reporting problems with swallowing, chewing, or loss of appetite.
- Assisting the Cook with determining kitchen supplies and stock for the day, as well as checking and maintaining stock levels.

CNA - Certified Nursing Assistant

Carriage Square Living and Rehab - St Joseph Mo

August 2020 to September 2020

- Residences safety first
- Preparing each residence room with necessary items like blankets, pillows, medical equipment and bathroom needs.
- Helping patients eat and take medications vital signs.
- Ambulate residence By helping them walk etc

- Reminding patient to take medication's and nutritional supplements.
- Took care of approximately 8 senior and disabled residences daily.

Education

High school

Pen Foster/Youth Alliance - Mitchell, SD

September 2020 to Present

Certifications and Licenses

CNA

October 2020 to October 2021

- Residences safety first
- Preparing each residence room with necessary items like blankets, pillows, medical equipment and bathroom needs.
- Helping patients eat and take medications vital signs.
- Ambulate residence By helping them walk etc
- Reminding patient to take medication's and nutritional supplements.
- Took care of approximately 8 senior and disabled residences daily.

CPR Certification