

Zachary Stavrou

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EDUCATION

BSN

May 2019

The University of Tulsa, Tulsa, OK

RELEVANT EXPERIENCE

Ascension St. John Medical Center (2019-present)

ED- RN III

- 65 Bed department
- I worked days, mid shift (1230- 0100), and noc.
- Level 2 Trauma Center (only ACS certified facility in Tulsa)
- Certified Stroke and Cardiac center
- Number of patients seen- 125k per year
- Team nursing 2:8 nurse to patient ratio
- 2.5 years of experience- started as new grad nurse in this particular department working mid-shift.
- 1 year as Charge Nurse- worked both day and night shifts as charge.
- 2 years as preceptor for new grads and established nurses
- 1.5 years as Trauma Nurse Lead
- 1.5 years as Triage nurse

INTERCOLLEGIATE ATHLETICS

University of Tulsa, NCAA Division I Men's Soccer Team

- Received athletic scholarship; 4 year letterman; 3X American Athletic Conference Champion
- Gained important team-building experience yet can work independently
- Learned ways to prioritize my schedule in order to get everything done on and off the field, devoted 20+ hours per week to athletics while being a full time college student
- As part of the team, community service is an important part of our contribution to the university. The community service included reading at local elementary schools, running free soccer clinics for local elementary schools, running food drives through the athletic department, and providing flu and health clinics for the homeless.

Certifications

BLS

ACLS

PALS

TNCC

ENPC

NIHSS

Covid vaccine x 2 Feb 2021