**SUMMARY**

Award winning nurse with a strong commitment to professional nursing and the development of a leader and scientist. Proven reliability through increased responsibility in every professional role. Strives for excellence in nursing care by displaying strong critical thinking and analytical skills within the complex clinical environment. Professional goals include: Fetal Heart Monitoring, S.T.A.B.L.E. Certification and a lifelong time of learning.

**EDUCATION**

University of Portland, Portland Aug 2015

*Bachelor of Science, Nursing*

**CERTIFICATIONS**

Introduction to Fetal Heart Monitoring (FHM) May 2020

Neonatal Resuscitation Program (NRP) Expires Apr 2022

Perinatal Orientation and Education Program (POEP) Completion May 2021

Critical Care Registered Nurse (CCRN) Expires Apr 2023

Medical Surgical Certified Registered Nurse (MSCRN) Expires Apr 2023

Healthcare Provider ACLS, American Heart Association Expires Aug 2020

Healthcare Provider BLS Expires Mar 2022

**EVIDENCE BASED PRACTICE FELLOWSHIP** Aug 2017 – Current

Evidence Based Practice Fellowship

*Vascular Surgery Length of Stay Quality Improvement Project*

* *$240,584 two-month cost savings FY18 compared to FY17*
* *Average length of stay decreased from 7.23 days in FY17 to 4.5 days in FY18*

Oregon Nursing Research and Quality Consortium Presenter Apr 2019

Portland Veterans Affairs National Research Week Presenter May 2019

48th AACN Greater Portland Chapter Acute & Critical Care Fall Symposium Presenter Nov 2019

**HOSPITAL INVOLVEMENT**

Nursing Excellence Award Nomination May 2020

Professional Practice Committee, Certification Lead May 2016 – Aug 2018

Unit Based Council, Member Jan 2016 – Aug 2018

Preceptor for Onboarding RN’s and Nursing Students Aug 2016 – Aug 2018

Daisy Award Recipient June 2018

PROMISE Pin Recipient, Nominated by Chief of Surgery May 2018

**EXPERIENCE**

**Skagit Valley Hospital,** Mount Vernon, WA Sept 2020 – Current

*Labor, Delivery, Post-partum and Recovery (LRDP), Staff RN*

* Coordinate and implement complex care for patients in the antepartum, intrapartum, and post-partum phases on a 20-bed unit. Routine and emergent C-sections, coordination of high-risk neonatal care following deliveries and administration of complex medications to both high and low risk pregnancies. Continually prioritizing patient care to benefit maternal and neonatal outcomes.

**Portland Veterans Affairs Medical Center,** Portland, OR Aug 2018 – Aug 2020

*Intensive Care Unit, Inpatient Emergency Services Division, Staff RN*

* Provide complex care to patients including: Transplant surgery, acute coronary syndrome, post invasive cardiac procedures, aortic/femoral bypass grafting, chronic obstructive pulmonary disease, renal failure, cardiogenic shock, ENT surgeries, gastrointestinal surgeries, psychiatric/detoxification intervention and monitoring, code blue team member, and end of life care on a 28 bed unit
* Experience in hemodynamic monitoring, pharmacologic intervention with vasopressors and vasodilators

*Medical-Surgical Unit, Inpatient Emergency Services Division, Staff RN*  Aug 2015 – Aug 2018

* Provide care for a diverse population of patients including: cardiac/telemetry, vascular, neurology, urology, orthopedic, gynecology, oncology and general medicine on a 33 bed unit

**RELATED EXPERIENCE**

**On the Ground Now International,** Pamplona, Colombia Mar 2020

*Volunteer Nurse working with Venezuelan refugees, new and expectant mothers, in the clinic setting*