

Nicole Buenrostro

Experienced Registered Nurse Manager

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ER Registered Nurse Manager with extensive experience as Crisis Response Nurse, Same day Surgery in the following areas: PACU, Pre-Op, & Phase 2; Also extensive experience as Psych/Behavior Health & Family Practice Nurse Manager within clinic setting.

Authorized to work in the US for any employer

Work Experience

ER Nurse Manager/ Crisis Response

Favorite Healthcare Staffing - California, various cities

February 2021 to Present

Manages, Trains, & Prepares a team of Emergency Response/Disaster Team Relief Registered Nurses working in response to the COVID-19 pandemic, in the states of California. Responsible for scheduling, all training, & ensures all incoming & current team members follow implemented protocols & standards in line with WHO & JCAHO. Team assists with vaccinations, COVID-19 testing, & working filling in at local hospital, on various units. & co in Working as an emergency response RN, to assist with the pandemic, while utilizing professional nursing care through skillful assessment, planning, implementation, and evaluation in accordance with client policies and procedures. Assists in maintaining a safe work environment and performs all job responsibilities in a safe clinical and professional competency as appropriate to the ages, developmental stages, and special needs of the patients served and incorporates this knowledge and concern into daily care delivery.

PRN - Plastic Surgery (Pre, Post-Op, PACU, & Circulating) RN

SpaBlack - San Antonio, TX

April 2020 to Present

Work as PRN Surgical Nurse, in all areas (Pre-Op, Post-Op, PACU, & some Circulating. I also recover post-op

"Mommy Makeover" patients over night, working about 12-18hrs/night.

This is only a PRN position, but I work about 6-10 shifts/month.

PRN - Recovery RN

PACU - San Antonio, TX

April 2020 to Present

PRN position, assist post-surgical patients from 0 hour to 16th hour, post surgery ("Mommy Makeover"). Assist immediately in PACU until patient reaches baseline Aldrete, at Surgery Center, & then continue to recover & monitor patients for the following 12- 16 hours or so, with full, proper, appropriate equipment & supplies, in a hotel room-like setup. Discharge patients home to caregiver, after full & proper patient teaching has been given to patient & family member, as well as full discharge instructions, ensuring all questions have been answered & patients needs, exceeded.

Emergency Management Relief Services/ FEMA RN

Krucial Staffing - Overland Park, KS

November 2019 to February 2021

Work as a FEMA RN, deploying at a moment's notice, to assist in various situations, such as, COVID-19 pandemic, natural disasters, etc. Utilize critical care & Emergency care backgrounds as RN, to fulfill emergency needs, working in sometimes very stressful circumstances/conditions, very long hours, (72+ hours/week), always with a smile on my face, & a great attitude, to get the job done, exceeding the needs of my patients, & supervisors.

RN Supervisor/Clinic Manager

Center for Health Care Services - San Antonio, TX

November 2019 to November 2020

Interviewed & selected & evaluated to ensure only top performance level be given by all managed medical staff, driven by Center & team-focused mindset, & dismissed staff within timely manner, according to the Center's policies, guaranteeing only above average nursing care by Center & team driven nurses.

- Ensured field staff competence & time management, & improved performance levels through surprise field visits & evaluation of documents & patient charts, & by surveying patients
- Implemented all nursing care assignments, instructed and supervised staff & maximized flow of all clinics by ensuring only peak performance by all medical staff.
- Trained incoming staff, ensuring new employees be Center & team-focused, & trained seasoned staff to do the same.
- Provided more than adequate staffing and filled vacancies appropriately & in timely manner by posting all vacancies & reviewing all resumes within 24 hours
- Participated in the planning, implementing, and evaluating staff education, and provided supervision of clinical learning to guarantee competence by all managed medical staff
- Consulted daily with staff physicians & Mid-Levels to ensure optimal flow of all clinics, & challenged Providers when appropriate, whilst always with respect.
- Coordinated prior authorizations, patient assistance process, to guarantee no patient receives more than 2 authorizations for Center paid medication, & coordinate services with pharmacy representatives and/or companies for optimal financial means
- Utilization Management function as needed by collecting, reviewing, and authorizing Medicaid and non-Medicaid covered emergency Mental Health hospitalization for consumers throughout the Center's system.
- Participated in multi-disciplinary quality assurance program to evaluate and ensure staff proficiency, quality of patient care, error reporting, environmental safety, and comprehensive documentation.

Admissions Transfer RN

Laurel Ridge Treatment Center - San Antonio, TX

January 2019 to December 2019

- Review charts in-depth of patients from other hospitals to facilitate hospital-to-hospital transfer, making sure all incoming patient transfers are medically clear & stable, & appropriate for psychiatric treatment facility.
- Worked closely with Admissions Doctor, & Director to place patients to the appropriate unit.

- Treated & cared for all medical emergencies in admissions & assisted various units for all medical emergencies.

Emergency Room Nurse

Pre & Post-Op - San Antonio, TX

March 2016 to January 2019

Emergency room health care at a 4:1 ratio. Critical patient care involving IV therapy, labs & blood product administration, medications, documentation, time management, cardiac resuscitation, sepsis, stroke, DKA, HTN, Trauma Alerts! etc. intervention. Work closely with ER docs & Hospitalist upon hosp admissions.

- Outpatient Surgery nurse, Pre-Op: Prep pt for surgery (Cardiac, GI, Ortho, misc. procedures, i.e. paracentesis, etc.) Patient Assessment, med administrations, IV, etc. Phase II: Ensure pt is completely back to pre-surgical baseline with all vitals, ensure no complications to surgical sites, address any emetic Sx, address post-op pin management, & complete pt & family teaching instructions, ensuring all questions answered, Ensure no complications with pt ambulation, PO intake, voiding, etc. according to surgical procedures.
- PACU Nurse, at a 2:1 ratio, recovering patients post-anesthetically to baseline, prioritizing Resp, Cardiac, & Neuro & address any complications w/Surgeon & Anesthesiologist, d/c pt to Phase II when appropriate.
- ENDO/GI Nurse, Main RN to be readily available & at bedside w/Surgeon, assisting in various procedures, i.e. colonoscopies, ERCP, EGD, Bronchoscopies, etc. Assess pt & ensure no complications w/Resp, Cardiac systems, laser focus on Pt, being 2nd set of eyes, ears, etc. for surgeon. No room for errors. Ensure pt is constantly assessed during all procedures.

Resource Pool Mental Health Worker

Laurel Ridge Treatment Center - San Antonio, TX

June 2014 to April 2016

- PRN Mental Health Worker on high acuity inpatient units.
- Float among high acuity & detox units: adults; adolescents & pediatric.
- Provide direct supervision of patients.
- Maintain safety within the milieu by constantly monitoring patients/residents for potentially unsafe behaviors.
- Prevent and manage crisis situations.
- Maintenance of safety via Q15 rounds, collaborate with RN to ensure patient safety, frequent use of de-escalation techniques to maintain safety.
- Support patients by providing various assistance (ADL's, vitals, accu checks, etc.)

Home Healthcare Aide

The Domestic Agency - San Antonio, TX

January 2009 to December 2013

Strictly home health with same pt over the course of 3years. Maintained a safe, secure, and healthy patient environment by following asepsis standards and procedures; following prescribed dietary requirements.

- Inform supervisor & family of any changes/issues on a regular basis.
- Support patients by providing various assistance (ADL's, vitals, accuchecks, etc.)

Customer Service Manager

HD Supply - New Braunfels, TX

June 2006 to November 2008

- Managed day-to-day operations of the call center area to ensure smooth work flow and to achieve predetermined goals.
- Led and coached a team of approximately 15-25 representatives
- Ensure high quality customer care focused on building and retaining valuable customer relationships
- Committed to the delivery of value added products and services.

Business Manager

Estee' Lauder

January 2003 to May 2006

- Drove & increases retail sales at the store level by 270% in less than a year in position.
- Recruited, trained, motivated, and developed all new hires, & Provided direction to Beauty Advisors regarding counter goals.
- Formally reviewed job performance for all employees annually & Provided ongoing feedback and coaching to Beauty Advisors.

Education

RN to BSN to MSN in Nursing

MSN University of Texas - Arlington, TX

August 2018 to Present

Associate of Applied Science in Nursing

San Antonio College

December 2015

Skills

- Nursing
- Acute care
- Management
- EMR systems

Languages

- Spanish - Fluent

Certifications and Licenses

ACLS/ PALS/ & BLS

October 2022

TNCC & ENPC

December 2024

NVCI/ SAMA/ & CPI

July 2024

RN