

Rhodora Requilme

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An enthusiastic, skilled operating room circulator with 13 years and 2 months experience in high standards of perioperative care for a wide variety of patients with diverse needs seeking for a more challenging role that would expand my knowledge, attitude and skills and provide personal and professional growth.

Work Experience

Circulator

Baylor St Luke's Medical Center - Houston, TX

February 2021 to Present

- Perform scrub functions including the selection and handling of instruments and supplies used during procedure.
- Perform circulating functions including monitoring, recording, and communicating patient condition and managing overall nursing care of patient before, during and after procedure.
- Directly assists operating physician with surgical tasks including hemostasis, suturing, and wound exposure as well as patient positioning.
- Prepare operating rooms and surgical instruments and equipment for use.

Charge Nurse/Circulator

HCA Houston Healthcare Kingwood Medical Center

(under Healtrust Staffing Agency)

22999 US-59 N,

Kingwood, Tx 77339

January 2021-April 2021

- Maintain a sterile environment for the patient, and the surgical team before, during and after the procedure.
- Establish techniques in preparing for, and assisting with surgical procedures
- Provide and set up instruments, supplies and equipment for different operations according to established routines and instruction of the surgeon
- Observe patient during surgical procedure to detect possible breaks in sterile technique
- Manage contaminated instruments and supplies during the procedure to prevent spread of infection
- Place patient in the prescribed position in the operating field and adjust operating table, gather necessary accessories needed for patient positioning and safety
- Prepare operative site and assisting surgical team in draping
- During the procedure, prepares preserve specimens/cultures, labelled and documented on chart for tracking specimen for laboratory analysis
- Provides surgical equipment such as cauterise, electro-surgical machines, and other special apparatus and assures machines are in a proper working order
- Manipulate such equipment to aide in the efficiency of the surgeon
- Observes progress of the surgery

- After procedure, assist with surgical dressing and transfer patient from operating table to transport bed safely
- Cleans and assist in cleaning operating room area, disposing infectious and soiled linen after conclusion on each case
- Work alongside with the surgeon, scrub nurse and the surgical team providing needles, swabs and other materials as required, anticipate their requirements
- Ensure all equipment and instruments are all counted for throughout the procedure and promote health and safety
- Undertake the circulating practitioner role using communication and management skills
- Preparing the environment and equipment needed for the next procedure
- Liaising with wards where patients are waiting, provide input information about each surgical procedure on the computer system
- Take phone messages, completing paper works and ordering of supplies and equipment
- Liaising with the hospital's sterile unit to ensure equipment has been returned once resterilized and repacked

Circulator

HCA Conroe Regional Medical Center

Employed Under RN Network Healthcare Staffing

Operating Room Department - Conroe, TX

August 2020 to January 2021

- Assist in the preparation and care of patients undergoing surgical intervention, and oversee the maintenance/sterilization of OR supplies and equipment. Anticipate needs of surgeons and surgical teams, and assist in operative procedures.
- Ensured OR readiness by maintaining stringent quality standards and safety precautions.
- Planned and executed guided imagery program for use with local urology patients. Expanded to use during pre-induction for all operative patients.
- Researched and compiled monthly on patient safety data regarding administration of pre-operative antibiotics.
- Participated in ongoing quality assurance (QA) program that met or surpassed hospital/JCAHO standards for patient and staff safety.
- Played key role in developing efficient patient flow patterns and quick room turnover times.
- Circulate, scrub, and assist on a variety of cases
- Coordinated the surgical schedule with charge nurse, reps, surgeons, and staff
- Maintained specialty supplies and equipment
- Performed the role of Circulating Nurse allowing facilities to recruit "best fit" staff
- Administered medications and pain management in accordance with care plan instructions
- Implemented patient care in accordance with established policies and procedures delivered thorough patient evaluations, collecting and prioritizing data

Circulator

Medely Healthcare Staffing Agency

October 2018 - Present

Facilities worked at:

- Memorial Hermann Memorial City
- Pearland Surgery Center
- UT Physicians Orthopedics
- Memorial Hermann Medical Center Endoscopy Unit
- Yarish Plastic Surgery

- HCA Houston Healthcare West
- Houston Urology Surgery Center
- Memorial Hermann Greater Heights
Circulator

Operating Room Department

Memorial Hermann Memorial Medical Center - Houston, TX
July 2020 to July 2020

Responsibilities:

- Assessing patients prior to surgery and alleviating their concerns
- Gathering all supplies needed for the operation
- Assuming responsibility of keeping the operating room sterilized
- Assess patients prior to surgery (e.g. NPO status) and alleviate their concerns
- Gather all supplies needed for the operation
- Assume responsibility of keeping the operating room sterilized
- Position and prepare patient on operating table
- Monitor patient's vital signs to detect anomalies
- Evaluate patient in postoperative phases
- Adhere to safety standards and precautions
- Assume duties within or out of the sterile field as assigned
- condition as appropriate
- Participated in various quality control activities.
- Performed assessments of patient pre and post operatively.
- Prepared care plans based on the patient and family needs.
- Provided quality patient care by addressing physical, emotional, and spiritual needs.
- Provided support and care to the pre-operative patients.
- Assisted physician and surgeons during the procedure of operation.
- Evaluated, planned and assessed the nursing care needs of patients during, before and after the entire surgical procedure.
- Used assessment skills to identify further care needs and evaluate patients' health status.

Charge Nurse/Circulator (Full Time Role)

Operating Room Department

New York Presbyterian Hospital

170 William Street, New York, New York 10038

From June 2018 to January 2020

Responsibilities:

- Monitor the flow of 8 ORs, staffing availability, patient acuity and inpatient flow
- In charge and circulates in the operating room insuring patient safety
- Accurately chart patient care, document implants and tissues and charge for supplies used
- Schedule patient surgery, transfer of patient to other units/sister hospitals
- Detail oriented in all aspects of the OR
- Coordinates with engineering and biomed for machine, appliance check-ups, repairs
- Ensuring the availabilities of surgeon and anesthesia during an emergency case
- involved in insuring that staff, patients, and equipment come together seamlessly to move patients through the surgical process
- Monitoring crash cart and MH cart for expiration, temperature and humidity of the ORs
- Coordinate the surgical schedule with reps, surgeons, and staff
- Participate in identifying and resolving of nursing practice and unit problems

- Ensuring OR readiness by maintaining quality standards and safety precautions
- Played key role in developing efficient patient flow patterns and quick room turnover times.

Circulator (Per Diem) Operating Room Department

Lenox Hill Hospital - New York, NY

January 2020 to January 2020

Responsibilities:

- Performed all the duties and functions of an Operating Circulating Nurse
- Assisted in preparing surgery schedules and planning the perioperative care for surgical patients
- Ensured all medications are administered and charted according to established policies and procedures
- Maintained supplies and assured cleanliness/sterility of surgical area
- Cared for specimens and cultures as directed by set policies and procedures
- Maintained asepsis and aseptic practices, monitored records and communicated patient condition as appropriate
- Participated in various quality control activities.
- Performed assessments of patient pre and post operatively.
- Prepared care plans based on the patient and family needs.
- Provided quality patient care by addressing physical, emotional, and spiritual needs.
- Provided support and care to the pre-operative patients.
- Assisted physician and surgeons during the procedure of operation.
- Evaluated, planned and assessed the nursing care needs of patients during, before and after the entire surgical procedure.
- Used assessment skills to identify further care needs and evaluate patients' health status.
- Participated as multi-disciplinary team member to provide professional patient care and complete/fulfill all physician orders, delivery of medications, medical treatments, lab tests and other patient needs in a timely manner.
- Used equipment effectively to assess patient needs and provide appropriate care in the operating room.

Circulator,

Operating Room Department

West Virginia University Medicine

Morgantown, WV 26505

May 9, 2017 - December 27, 2017

Employed under Health Carousel Staffing Agency

Responsibilities:

- Function as cross-departmental intermediary in support of operations and surgical procedures.
- Delivers patient care, including maintaining sterile and safe environment.
- Cultivated and nurtured relationships with patients and families.
- Ensures availability of legal documentation prior to procedures.
- Assists with administration of anesthesia; ensured proper positioning of patient for procedures.
- Evaluates pre-procedure patient condition, including vital signs and responsiveness; reported any irregularities to attending surgeon.
- Creates and maintains proper patient documentation/records
- Maintains accurate computerized charting throughout patient's surgical experience.
- Assisted anesthesia with patients as needed pre/during/post operatively
- Safely transported, moved and positioned patients pre and post operatively
- Performs sterile surgical skin preps of specific operative sites
- Generates accurate, concise operative records of all activities occurring during each case
- Initiates and maintains continuous counts of sponges and instruments throughout case

- Serves as a patient advocate, assuring that an aseptic, sterile and safe environment was
- Assists anesthesia in transporting patients to recovery post procedure
- Assures appropriate paperwork was complete and signed before taking patient back to the operating room.
- Develops a professional therapeutic relationship with patients and their family by gaining their trust and making sure their questions were answered.
- Acts as patient care coordinator and advocate within a multidisciplinary team.
- Accurate documentation in electronic medical records, throughout surgery.
- Anticipates needs and provided any supplies needed before and during surgery.
- Collaborate with team members for a safe and effective surgical case.
- Provide accurate care and handling of specimens and grafts.
- Maintain sterility of surgical field and observe for any breaches in asepsis.
- Strong attention to detail.
- Problem solve, prepare, and run surgical equipment.
- Anticipate needs of the surgical team
- Provide care and support to the surgical patient during the preoperative, intraoperative and post-operative periods.
- Maintain a sterile environment in the operating room and ensure that the OR team provides the patient with the best care possible

Circulator

Operating Theatre Department

Imperial College Healthcare NHS Trust

Surgical Innovations Centre

St Mary's Hospital

London, England, UK

April 2010 - February 2017

Responsibilities:

- Maintain a sterile environment for the patient, and the surgical team before, during and after the procedure.
- Establish techniques in preparing for, and assisting with surgical procedures
- Provide and set up instruments, supplies and equipment for different operations according to established routines and instruction of the surgeon
- Observe patient during surgical procedure to detect possible breaks in sterile technique
- Manage contaminated instruments and supplies during the procedure to prevent spread of infection
- Place patient in the prescribed position in the operating field and adjust operating table, gather necessary accessories needed for patient positioning and safety
- Prepare operative site and assisting surgical team in draping
- During the procedure, prepares preserve specimens/cultures, labelled and documented on chart for tracking specimen for laboratory analysis
- Provides surgical equipment such as cauterise, electro-surgical machines, and other special apparatus and assures machines are in a proper working order
- Manipulate such equipment to aide in the efficiency of the surgeon
- Observes progress of the surgery
- After procedure, assist with surgical dressing and transfer patient from operating table to transport bed safely
- Cleans and assist in cleaning operating room area, disposing infectious and soiled linen after conclusion on each case

- Work alongside with the surgeon, scrub nurse and the surgical team providing needles, swabs and other materials as required, anticipate their requirements
- Ensure all equipment and instruments are all counted for throughout the procedure and promote health and safety
- Undertake the circulating practitioner role using communication and management skills
- Preparing the environment and equipment needed for the next procedure
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Cases handled:

Laparoscopic Gastric Roux en Y Bypass

Laparoscopic Gastric Sleeve

Laparoscopic Gastric Band

Laparoscopic Hernias

Open hernia repairs

Robotic Prostatectomy

Robotic Thyroidectomy

Laparoscopic Appendectomy/Cholecystectomy

Breast implantation

Colectomy/bowel resection/ostomy

Pediatric general surgery

Torsion/ circumcision/ undescended testes repair

Cath Lab Nurse

Radiology Department Southern Philippines Medical Center - Davao City

September 2008 to December 2009

Responsibilities:

- Prepare patient for catheterization, angioplasty, pacemaker implantation and cardiac procedures.
- Assist physicians with patient assessments
- Taking vital signs, oxygen levels and heart rhythm before physician examines patient
 - Ensures patient charts and records are updated
 - Help ease patient's fear and answer questions regarding the procedure
 - Obtain patient consent
 - Closely monitors vital signs throughout the procedure
 - Watch for signs of infection, side effects of the procedure
 - Administer treatment for patients experiencing side/adverse effects from the procedure
 - Provide instructions and education for patient and their families before discharge from cardiac cath lab

Education

Bachelor of Science in Nursing

University of Southern Philippines - Birmingham, AL

2003 to 2008

Skills

- General Surgery
 - Bariatrics
 - Emergency Trauma
 - Orthopedics
 - Neuro-Spine
 - Robotics
 - GYN

Certifications and Licenses

RN License

BLS Certification

ACLS Certification