# **Brittany Perkins**

### **Healthcare Professional**

Hazelwood, MO brittanyperkins7\_v9k@indeedemail.com 3147452520

- \* Positive attitude, energetic approach and self-motivated.
- \* Able to demonstrate patience, organization, follow company policy and regulations.
- \* Excellent at reporting intake&outtake, vitals in a timely and accurate manner. and working with team members.
- \* Competent user of Gait belt, Hoyer lift, automatic or manual BP cuff and thermometer -Office Word and Excel.
- \* Able to care for persons with Dementia, Altimerz"s, Mentally III, Handicapped and Special needs.

Authorized to work in the US for any employer

# Work Experience

#### Care Pa

Sarah Community - St. Louis, MO February 2013 to August 2013

#### Responsibilities

My duties consisted of getting clients up for breakfast so that they may start their Rehabilitation regime while under the supervision of A licensed Nurse. My duties included, daily assistance with hygiene, oral caer, nail care, changing colostomy bags, toileting, weights, heights some vitals. I also kept record of intake&outtake, food consumption, to how the resident, feels, his or her actions complaints of pain, on a system called Dart charting. I also fe during mealtime, helped resident to decide what he or she wanted for a certain meal, I also took residents to chapel for daily Mass and church service.

### Accomplishments

some impacts that I had during my time at this job are some of the residents wopuld tell the HR manager or the D.O.N that I was a wonderful, and pleasant person not just because this is job that I have to do but because I was patient, I listened and I was not rough and made sure that they where comfortable and satisfied and with that since I worked for Anna house in the rehab dept we get other patients fom other nursing homes and D.O.N's and familys would ask me did I want to be hired on at their Nursing somes or would I like to be a Caregiver for a family member when their family member left the facility to go back home.

#### Skills Used

Skills I demostrated at this job was great listening skills, organization, patience, and great companionshyip as well as a great team-player

#### CNA/HHA

Merrit - St. Louis, MO February 2013 to May 2013

Responsibilities

Assisted individuals in the comfort of their own home with light house keeping, laundry, bedmaking, and errands. I also assisted customer with daily hygiene, oral care, nail care, and toileting using either a bedside camode, bed pan or assitince and tranfer to the bathroom with a gaqit belt and wheel chair with the assistance of the Rehab aid.

### Accomplishments

One of the clients I took care of was an older gentelman he had just came home from the nursing home he was a Vietname Veteran he was also married the company I worked for was very unprofessional and did niot have the proper equipment to eqquip this man so they had to go weith another conmpany so the company that was taking over came over to the house while I was giving care and the wife and husband both told the company's owner that I was a very wonderful cargiver/CNA and they wished they could of kept me and maybe they should hire me on I smiled and told them that it was nice of them to recommend me and that Im glad that they are about to receive the proper equipment her husband needed and that it was way more important for them to go with a company thats going to meet their needs and that was my priority as a CNA/Caregiver to make sure that this War Hero needs where met.

#### Skills Used

Some skills I demostrated at this job where organization, listening to how and what my client needed while all the time following proper guidelines by my employer's handbook as well as state laws.

### **CNA**

Normandy Nursing Center - St. Louis, MO January 2013 to March 2013

#### Certified Nurses Aid

- \* Dealt directly with residents with mental illness. Charted intake & outtake, of all patience behavior in their charts and to the charge nurse.
- \* Daily, hygiene and oral care as well as passing trays and feeding during meal times.

#### CNA

Oak Knoll - St. Louis, MO December 2012 to February 2013

Saint Louis, Missouri 12/12 -2/13

### Certified Nurses Aid

- \* Consistently ensured all residents daily ADL care plan, requirements were fulfilled to specific client needs under the supervision of a licensed nurse.
- \* Transferred resident from bed to chair with either a Hoyer lift, or gait belt depending on the residents condition and needs, took daily vitals, assisted residents in hygiene, oral care, and Nail care.
- \* During meal time I assisted other team members in passing out meal trays in the dining room, I also assisted residents with feeding in dining room or bedroom, whose diets consisted of thickened liquids, puree, or limited mobility.

#### maker Services

Pyramid Home - St. Louis, MO March 2010 to July 2010

Became registered on the family safety registry.

\* Assisted clients in their home.

\* I prepared light meals according to their diet plan by the agency, I did light housekeeping like vacuuming, washing dishes, laundry, and small errands for client such as going to purchase personal needs.

## Education

# **CNA Certification in Certified Nurses Aid**

Daruby - St.Loyuis,Mo 2010 to 2010

# HSD in High school diploma/pharmacy tech certifiction

Job Corps - St. Louis, MO 2006 to 2007

# **HSD** in High school diploma

Central VPA - St. Louis, MO 2004 to 2006

# Skills

• Customer Service

## Certifications and Licenses

### **CPR/First Aid**

**CPR** 

**Certified Nursing Assistant (CNA)**