**Anita Mensah**

**4659 McLaren Dr.**

**Oswego, IL 60543**

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*Patient Advocate; uphold the highest standards of nursing care.*

* Experienced with excellent patient care and leadership skills.
* Keen observation, communication and intervention skills.
* Adapt easily to change of environment and work schedule.



# NURSING EXPERIENCE

**Licensed Practical Cedarhurst Assisted Living, Yorkville, IL 04/2019-present**

**Licensed Practical Nurse Staff Nurse Covenant Living, Batavia, IL 04/2018-present**

**Licensed Practical Nurse, PRN ,** Brookdale, Burr Ridge, IL 08/07-present

**Licensed Practical Nurse PRN,** Mother Theresa Home Lemont, IL 02/05-2018

**Licensed Practical Nurse Manorcare Palos West, Palos Heights, IL**  03/00-02/05

* Plan and manage residents care according to each resident’s needs.
* Provide teaching to residents and families.
* Administer narcotics as prescribed by physician assuming full responsibility for possession of keys.
* Provide emotional and psychological support when needed to residents and families
* Transcribe doctors orders orally and electronically
* Administer medications as prescribed by a physician.
* Order portable diagnostic testing for residents
* Obtain vital signs, such as blood pressure, temperature, oxygen saturation and weight.
* Assist residents with activities of daily living.
* Basic wound care including cleaning and bandaging injured areas.
* Monitoring pressure ulcer and surgical sites for signs and symptoms of infections
* Administer oral and IV medications as prescribed
* Perform wound care, g-tube care and pleural drains
* Perform foley catheter care, monitoring and insertions
* Enforce regulations requiring the witnessed counting and charting of medications during change of shift.
* Admission and discharge planning when a resident gets admitted to a community
* Perform routine immunizations.
* Obtain medical histories.
* Liaison between patients, nurses, and physicians to address problems requiring immediate/long term resolve.
* Enter information into computer systems.
* Proficient using HMX ( Vision) EMAR, Point Click Care EMAR and CareMerge EMAR
* Ensure patients and their families understand release instructions.
* Supervise CNAs (Certified Nursing Assistants).
* Monitor fluid and food intake and output.
* Transfer residents safely.
* Assess resident’s reactions to medications.
* Report change in medical condition to doctors and families.
* Observation of patients' skin for potential pressure ulcers.
* Assist with resident comfort
* Assist certified nursing assistant with their duties

**Education**

**South Suburban College**

South Holland, IL

1998-2000

Certificate in Practical Nursing

**Licenses**

Illinois State Licensed Practical Nurse 2000

BLS Certified

IV certified

Covid-19 contact tracer certified