# Breona Owen

#### **Hard Worker**

Salina, KS 67401 breona3owen@gmail.com +1 785 404 5227

#### Hi, I'm Breona.

I'm friendly, kind, and loving people person. I've been a CNA for over 10 years now but have worked other jobs outside the career. I'm hardworking, driven, and motivated worker no matter what the job it is. I complete all my duties or tasks to the fullest. I never leave anything not completed before my shift is over. I've worked in many different types of environments so getting something down or learned isn't hard for me. I have a great memory on things. I'm pretty flexible with my schedule or anything that needs to be done. I'm willing to learn new things and explore more career opportunities. Thank you!

Authorized to work in the US for any employer

## Work Experience

## **CNA - Certified Nursing Assistant**

Cascade - Salina, KS

December 2020 to Present

- Assist patients with ADLs such as feeding, mouth care, grooming, shaving, and incontinence care.
- Assist nurse with care of residents.
- Measure and record patient vital signs.
- Assist with restorative care.
- Build a relaxing environment for resident and family members.

#### **CNA - Certified Nursing Assistant**

Smoky Hill Rehabilitation - Salina, KS

November 2018 to Present

- Assist patients with ADLs such as feeding, mouth care, grooming, shaving, and incontinence care.
- Assist nurse with care of residents.
- Measure and record patient vital signs.
- Assist with restorative care.
- Build a relaxing environment for resident and family members.

#### **CNA - Certified Nursing Assistant**

Kenwood View - Salina, KS

November 2014 to February 2021

- Assist patients with ADLs such as feeding, mouth care, grooming, shaving, and incontinence care.
- Assist nurse with care of residents.
- Measure and record patient vital signs.
- Assist with restorative care.
- Build a relaxing environment for resident and family members.

#### Server

Red Lobster - Salina, KS June 2019 to November 2019

- Assisted guests with making menu choices in an informative and helpful fashion.
- Delivered exceptional service by greeting and serving customers in a timely, friendly manner.
- Maintained knowledge of current menu items, garnishes, ingredients and preparation methods.

## **In Home Daycare Provider**

Mama Js daycare - Salina, KS July 2015 to July 2018

- High level of patience with immense love and compassion for children.
- Skilled child care worker with knowledge of developing fun and interesting activities.
- · Good communication and interpersonal skills.
- Ability to get along with children and entertain them.
- Excellent child supervision skills.

## **Sanitation Worker**

Tony's Pizza - Salina, KS

December 2012 to November 2013

- Cleaned and serviced food processing equipment after use and as needed.
- Removed all waste products from food production areas on a regular basis.
- Oversaw timely provision and servicing of operational supplies.

### Education

### **GED**, some college experience in Nursing

Hutchinson Community College - Salina, KS

August 2013 to May 2017

#### Skills

- Caregiving
- Home Care
- Hospital Experience
- Vital Signs
- · Microsoft Office
- · Computer skills
- Office experience
- Experience with children
- · Customer service
- Food safety
- Time management
- · Organizational skills
- Childcare

- Meal Preparation
- Food Production
- Food safety
- Food service
- Sterile processing
- Warehouse experience
- Forklift

# Certifications and Licenses

## **Certified Nursing Assistant (CNA)**

August 2011 to March 2021

I've been a CNA for 10 years now and plan on going further in nursing later on in life.

**CPR Certification** 

**First Aid Certification** 

**BLS Certification**