

Dorinda Zachary

Paris, IL

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+1 812 281 1301

- Compassionate Registered Nurse with proven leadership and management abilities. Proficient in psychiatric evaluation, treatments, and crisis intervention.
- A reliable and ethical healthcare provider with the ability to stay calm and intervene during a crisis, facilitate groups, and collaborate with multidisciplinary teams to ensure the best patient outcomes.
- Proven ability to build positive relationships with patients, family members, physicians, and other medical professionals.

Authorized to work in the US for any employer

Work Experience

RN, BSN MDS Coordinator

Marshall Rehabilitation and Nursing - Marshall, IL

June 2021 to Present

- Manage quality assurance program, including on-site evaluations, internal audits, and customer surveys.
- Complete detailed and precise resident assessments promptly and per CMS guidelines.
- Establish a person-centered, detailed plans of care for patients, and updated plans of care as needed.
- Attend care plan meetings with patients, families, and other members of the interdisciplinary team to ensure the best patient outcomes.
- Educate patients and caregivers on healthcare protocols and processes.
- Increase referral rates by providing excellent service and building meaningful relationships with patients and caregivers.
- Used first-hand knowledge and clinical expertise to advocate for patients under care.
- Perform ongoing assessments to evaluate mental health needs, working with the multidisciplinary team to develop, initiate, manage, and modify individualized plans of care.
- Participate in education activities, including evidence-based practice project implementation, nursing competency development, and nursing simulation activities.
- Communicate with healthcare team members to plan, implement, and enhance treatment strategies.
- Gather information on the facility's current patients for future assessment, including physical and mental states.
- Conduct new resident assessments, such as the Rapid Assessment Process (RAPS), to help stabilize and improve the practices of the health care facilities.
- Provide OBRA (Omnibus Reconciliation Act of 1987) assessments to ensure that the facilities complied with Medicaid or Medicare standards.
- Act as a communicator between the insurance professionals and management officials at the facilities.

Registered Nurse

Regional Hospital Behavioral Health Unit - Terre Haute, IN

November 2019 to December 2020

- Responsible for the care of clients in acute stages of mental illness

- Perform ongoing assessments to evaluate mental health needs and suicide/homicide risks
- Work with the interdisciplinary team to develop, initiate, manage and modify individualized plans of care
- Facilitate nurse groups to educate on mental health
- Provide education to clients and families on diagnosis of mental illness, prognosis, treatment options, disease process and management
- Provide education on the course of care and medications, including side effects to patients and families
- Quickly respond to situations impacting safety and security to the unit actualizing crisis prevention interventions to control and de-escalate situations

Charge Registered Nurse

The Waters Of Greencastle - Greencastle, IN

April 2019 to November 2019

- Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinical supervisors with current information
- Implemented care plans for patient treatment after assessing physician medical regimens
- Performed ongoing assessments to evaluate mental health needs, working with the multidisciplinary team to develop, initiate, manage and modify individualized plans of care
- Observed and reported the patient condition, progress, and medication side effects to document updates
- Educated patients, families, and caregivers on diagnosis and prognosis, treatment options, disease process and management, and lifestyle options
- Explained the course of care and medications, including side effects to patients and caregivers in easy-to-understand terms
- Leveraged feedback and process improvement opportunities to create a safer and healthier environment and increase patient satisfaction
- Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over ten patients daily
- Strengthened training and nursing knowledge by taking part in continuing education programs and mental health workshops
- Quickly responded to situations impacting safety and security to the unit, actualizing crisis prevention interventions to control and de-escalate situations

Registered Nurse MDS Coordinator

Preferred MDS Consulting, LLC - Terre Haute, IN

January 2012 to June 2019

- Managed quality assurance program, including on-site evaluations, internal audits, and customer surveys.
- Completed detailed and precise resident assessments promptly and per CMS guidelines.
- Established person-centered, detailed plans of care for patients, and updated plans of care as needed.
- Attended care plan meetings with patients, families, and other members of the interdisciplinary team to ensure the best patient outcomes.
- Educated patients and caregivers on healthcare protocols and processes.
- Increased referral rates by providing excellent service and building meaningful relationships with patients and caregivers.
- Used first-hand knowledge and clinical expertise to advocate for patients under care.
- Performed ongoing assessments to evaluate mental health needs, working with the multidisciplinary team to develop, initiate, manage, and modify individualized plans of care.

- Participated in education activities, including evidence-based practice project implementation, nursing competency development, and nursing simulation activities.
- Communicated with healthcare team members to plan, implement, and enhance treatment strategies.
- Gathered information on the facility's current patients for future assessment, including physical and mental states.
- Conducted new resident assessments, such as the Rapid Assessment Process (RAPS), to help stabilize and improve the practices of the health care facilities.
- Provided OBRA (Omnibus Reconciliation Act of 1987) assessments to ensure that the facilities complied with Medicaid or Medicare standards.
- Acted as a communicator between the insurance professionals and management officials at the facilities.

Registered Nurse MDS Coordinator

Westminster Village - Terre Haute, IN

July 2011 to January 2012

- Managed quality assurance program, including on-site evaluations, internal audits, and customer surveys.
- Completed detailed and precise resident assessments promptly and per CMS guidelines.
- Established person-centered, detailed plans of care for patients, and updated plans of care as needed.
- Attended care plan meetings with patients, families, and other members of the interdisciplinary team to ensure the best patient outcomes.
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- Acted as a communicator between the insurance professionals and management officials at the facilities.

Registered Nurse Director Of Nursing

The Graywood Foundation - Charleston, IL

April 2002 to May 2011

- Hired, trained, supervised, and evaluated all nursing personnel, including Registered Nurses, Licensed Practical Nurses, and direct care staff.
- Guided staffing procedures.
- Set objectives and long-term goals for the nursing department.
- Organized and coordinated admission, nursing, and patient care procedures.
- Developed and enforced policies aiming for legal compliance and high-quality standards.

- Controlled nursing budget and monitored expenditures.
- Resolved issues and deficiencies when needed.
- Managed record-keeping procedures.
- Collaborated with other departments and professionals to streamline operations.
- Assured ongoing communication and reporting with outside funders such as DHS.
- Participated in statewide associations, area planning groups, and served as a liaison to outside behavioral health associations and community agencies.
- Served on the agency diversity task force to set priorities for the agency regarding initiatives, diversity training, staff recruitment, and outreach.
- Participated in quality assessment and improvement activities.

Registered Nurse Case Manager

Coles County Health Department - Charleston, IL

July 1992 to April 2002

- Assessed and responded to individual and community health education needs.
- Wrote summaries, reports and other correspondence regarding community outreach efforts.
- Met with members of public and local leaders at various community events and discussed ways to reduce illness and to promote health and nutrition.
- Coordinated workgroups and outreach activities.
- Prevented illness by educating the public on healthy practices to stop disease.
- Worked with individuals to determine specific needs based on general tests and refer them to other community resources.
- Attended research meetings, took notes, and provided accurate updates on projects.
- Conducted needs assessments to determine which materials and services were warranted for each case.
- Performed post-discharge follow-up and offered counseling services if available.
- Collected, organized, and disseminated quality data from multiple sources, including health plans, hospitals, providers, and government entities to appropriate individuals.
- Documented and investigated complaints and potentially fraudulent claims.
- Spearheaded program to promote the healthy development of children with a focus on nutrition.
- Visited homes to determine patient and family needs.
- Assisted physicians with family planning and elderly wellness clinics.
- Completed home assessments of all case-managed clients and provided guidance and oversight to high-risk mothers and infants in the APORS program.
- Assisted uninsured pregnant women and eligible children in obtaining coverage through Medicaid and the Healthy Kids insurance program.
- Provided oversight and coordinated the immunization program.

Registered Nurse

Sarah Bush Lincoln Health System - Mattoon, IL

September 1991 to July 1992

- Delivered outstanding care to pediatric patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.

- Cared for patients in a 24-bed pediatric unit, supporting fellow nurses in delivering outstanding treatment to patients.
- Motivated nursing staff to pursue advanced training and collaborated with unit leaders to identify skill needs.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Collected blood, tissue, and other laboratory specimens and prepared for lab testing.
- Documented patient information obtained from interviews concerning symptoms, medications, and prior treatment.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use, and disease management.
- Educated patients, families, and caregivers on diagnosis and prognosis, treatment options, disease process and management, and lifestyle options.
- Accurately documented all elements of nursing assessment, including treatment, medications, and IVs administered, discharge instructions, and follow-up care.
- Delivered medications via oral, IV, and intramuscular injections, monitoring responses to catch and address new concerns.
- Participated in nursing simulation activities, evidence-based practice project implementation, and competency development to further nursing education.

Education

Master of Science in Nursing

Walden University - Minneapolis, MN
2019 to Present

Bachelor of Science in Nursing

Western Governors University - Salt Lake City, UT
August 2012 to March 2014

Associate of Science in Nursing

Lincoln Trail College - Robinson, IL
August 1989 to June 1991

Certificate in Cosmetology in Cosmetology

Lakeland College - Mattoon, IL
August 1987 to June 1988

Nursing Licenses

RN

Expires: October 2021

State: IN

RN

Expires: May 2022

State: IL

Skills

- Strong clinical judgment
- Proficient in Physical and Mental health assessments
- Superior communication skills
- Exceptional problem solver
- Positive attitude
- Case management
- Preventative health
- Patient and family advocacy
- Electronic charting expertise
- Quality assurance
- Data entry
- Leadership skills
- Administrative leadership
- Crisis Intervention
- MDS
- Managed Care
- Nursing
- Program Management
- Family Planning
- Vital Signs
- Laboratory Experience
- Internal Audits
- Medication Administration
- EMR Systems
- Patient Care
- Hospital Experience
- Medical Records
- Phlebotomy
- English
- Experience Administering Injections
- ICD-10
- Medical Coding
- Management
- Epic
- Social Work
- Triage
- Venipuncture
- Medical Scheduling

- Insurance Verification
- Medical Billing

Certifications and Licenses

BLS Certification

BLS Certification

Assessments

Management & Leadership Skills: Impact & Influence — Highly Proficient

March 2019

Measures a candidate's ability to adapt their leadership style to accomplish goals using rational or emotional appeal.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.