**Cassandra Garcia**

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# Education

* Bachelor of Science in Nursing, New Mexico Highlands University, March 2022
* Associates of Science Degree in Nursing, Carrington College, April 2020
* Associates of Integrated Studies, Central New Mexico Community College, September 2017

# Certifications

* Registered Nurse, May 2020
* ACLS/BLS Certified, August 2020
* PALS certified, August 2020
* NRP certified, December 2020
* Fetal monitoring certified, March 2021

# Clinical experience/Student Nurse

* **Pediatric clinical, UNM daycare, Thrive Home Health, & Albuquerque Christian School** Albuquerque, NM February 2020 (37 hours)
* **Medical Surgical IV clinical, AMG Specialty Hospital** Albuquerque, NM January 2020-April 2020 (90 hours)
* **Medical Surgical III clinical, Lovelace Women’s Hospital** Albuquerque, NM October 2019-December 2019 (100 hours)
* **OB clinical, Lovelace Women’s Hospital**

Albuquerque, NM September 2019-October 2019 (40 hours)

* **Mental Health clinical, Albuquerque Heights Healthcare & Rehab** Albuquerque, NM June 2019 (12 hours)
* **Mental Health clinical, Sandia Ridge Center** Albuquerque, NM June 2019 (28 hours)
* **Medical Surgical II clinical, Encompass Health Rehabilitation** Albuquerque, NM April 2019-August 2019 (144 hours)
* **Fundamentals of Nursing clinical, Advanced Healthcare**

Albuquerque, NM January 2019-March 2019 (84 hours)

# Clinical Skills

* Obtain and record vital signs
* Perform head to toe assessments
* Administer medication
* Complete medication reconciliation and transcription of orders
* Demonstrate IV insertion/removal
* Demonstrate nasal gastric tube insertion, maintenance, and removal
* Perform sterile PICC dressing change
* Apply sterile gloves
* Demonstrate Foley insertion/removal
* Demonstrate Tracheostomy suctioning and care
* Develop a careplan and nursing diagnosis
* Implement proper documentation
* Ability to organize and multitask efficiently
* Newborn: assessments, immunizations, swaddling, feeding, and burping
* Maternal: assessments in antepartum, labor and delivery, and postpartum.
* Implement critical thinking, time management, and communication skills

# Work Experience

**University of New Mexico Hospital** 2211 Lomas Blvd. NE, Albuquerque, NM 87106

*Registered Nurse, Labor & Delivery March 2021-Current*

* Fetal monitoring certified
* Monitoring fetal strips, implementing fetal interventions
* Experience in the operating room and PACU
* Manage emergent and urgent situations related to labor & delivery
* Breastfeeding education
* Newborn assessments
* ACLS/ BLS, PALS, NRP certified
* Experience with pyxis medication distribution and EPIC computer charting
* Proficient skills: IV starts, IV drips, IV medication management, 12 lead EKG, blood administration and management, cardiac monitoring, triage, and emergency care.
* Demonstrate fast thinking, assess, plan, implement, and evaluate
* Managed patient symptoms and reported changes in patient status to provider.
* Educated patients and their families on diagnosis and discharge instructions.
* Strong communication skills and time management

**Lovelace Westside Hospital** 10501 Golf Course Rd NW, Albuquerque, NM 87114

*Registered Nurse, Emergency Department May 2020-March 2021*

* ACLS/ BLS, PALS, NRP certified
* Experience with pyxis medication distribution and EPIC computer charting
* Proficient skills: IV starts, IV drips, IV medication management, 12 lead EKG, blood administration and management, cardiac monitoring, triage, and emergency care.
* Demonstrate fast thinking, assess, plan, implement, and evaluate
* Managed patient symptoms and reported changes in patient status to provider.
* Educated patients and their families on diagnosis and discharge instructions.
* Strong communication skills and time management

**Lovelace Westside Hospital** 10501 Golf Course Rd NW, Albuquerque, NM 87114

*Patient care technician/EKG technician September 2016-March 2019*

* Provide daily ADL’s and ambulate patients
* Remove Foley Catheters/IV’s
* Start intravenous catheters in patients
* Place cardiac monitors on patients
* Measure and interpret cardiac rhythm on EKG strips for telemetry patients
* Obtain and record vital signs
* Demonstrate proper documentation in the EPIC system
* Prepare patient rooms for new admissions
* Maintain patient charts
* Phlebotomy experience
* Demonstrate teamwork & communication
* Demonstrate time management
* Adaptability and critical thinking

**Presbyterian Rust Medical Center** 2400 Unser Blvd. SE Rio rancho, nm 87124

*Nurse technician/Unit Secretary October 2015 – September 2016*

* Provide daily ADL’s and ambulate patients
* Remove Foley Catheters/IV’s
* Place cardiac monitors
* Obtain and record vital signs
* Demonstrate proper charting in the EPIC system
* Help set up hospital rooms for new admissions
* Maintain patient paper charts
* Complete bedboard assignments, admit patient to room, and notify nurse/doctor
* Demonstrate time management
* Critical thinking and communication

**ABC Preschool & Childcare** 1080 15th Street Rio Rancho, NM 87124

*Lead teacher/Assistant teacher August 2013 – September 2015*

Lead teacher in two-year old children’s classroom; assistant teacher in the infant’s classroom

* Demonstrate compassion and understanding
* Demonstrate patience and adaptability
* Great attention to detail
* Completed daily routines, diapering, feeding, and interaction with children

# Activities & Interests

* Arts & crafts
* Exercising and outdoor activities
* Reading and spending time with my family