

Cassandra Garcia

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Education

- Bachelor of Science in Nursing, New Mexico Highlands University, March 2022
- Associates of Science Degree in Nursing, Carrington College, April 2020
- Associates of Integrated Studies, Central New Mexico Community College, September 2017

Certifications

- Registered Nurse, August 2023
- ACLS/BLS Certified, August 2024
- PALS certified, August 2024
- NRP certified, December 2022

Clinical experience/Student Nurse

- **Pediatric clinical, UNM daycare, Thrive Home Health, & Albuquerque Christian School** Albuquerque, NM February 2020 (37 hours)
- **Medical Surgical IV clinical, AMG Specialty Hospital** Albuquerque, NM January 2020-April 2020 (90 hours)
- **Medical Surgical III clinical, Lovelace Women's Hospital** Albuquerque, NM October 2019-December 2019 (100 hours)
- **OB clinical, Lovelace Women's Hospital** Albuquerque, NM September 2019-October 2019 (40 hours)
- **Mental Health clinical, Albuquerque Heights Healthcare & Rehab** Albuquerque, NM June 2019 (12 hours)
- **Mental Health clinical, Sandia Ridge Center** Albuquerque, NM June 2019 (28 hours)
- **Medical Surgical II clinical, Encompass Health Rehabilitation** Albuquerque, NM April 2019-August 2019 (144 hours)
- **Fundamentals of Nursing clinical, Advanced Healthcare** Albuquerque, NM January 2019-March 2019 (84 hours)

Clinical Skills

- Obtain and record vital signs
- Perform head to toe assessments
- Administer medication
- Complete medication reconciliation and transcription of orders
- Demonstrate IV insertion/removal
- Demonstrate nasal gastric tube insertion, maintenance, and removal
- Perform sterile PICC dressing change
- Apply sterile gloves
- Demonstrate Foley insertion/removal
- Demonstrate Tracheostomy suctioning and care
- Develop a careplan and nursing diagnosis

- Implement proper documentation
- Ability to organize and multitask efficiently
- Newborn: assessments, immunizations, swaddling, feeding, and burping
- Maternal: assessments in antepartum, labor and delivery, and postpartum.
- Implement critical thinking, time management, and communication skills

Work Experience

Lovelace Westside Hospital 10501 Golf Course Rd NW, Albuquerque, NM 87114

Charge Nurse, Emergency Department April 2022-Current

- Guide and support staff
- Implement policies and procedures
- Communicate with staff, patients, and families
- Overall critical thinking for unit and in events of emergent situations
- Great decision making and time management skills

Lovelace Westside Hospital 10501 Golf Course Rd NW, Albuquerque, NM 87114

Registered Nurse, Emergency Department November 2021-Current

- ACLS/ BLS, PALS, NRP certified
- Experience with pyxis medication distribution and EPIC computer charting
- Proficient skills: IV starts, IV drips, IV medication management, 12 lead EKG, blood administration and management, cardiac monitoring, triage, and emergency care.
- Demonstrate fast thinking, assess, plan, implement, and evaluate
- Managed patient symptoms and reported changes in patient status to provider.
- Educated patients and their families on diagnosis and discharge instructions.
- Strong communication skills and time management

University of New Mexico Hospital 2211 Lomas Blvd. NE, Albuquerque, NM 87106

Registered Nurse, Labor & Delivery March 2021-November 2021

- Fetal monitoring certified
- Monitoring fetal strips, implementing fetal interventions
- Experience in the operating room and PACU
- Manage emergent and urgent situations related to labor & delivery
- Breastfeeding education
- Newborn assessments
- ACLS/ BLS, PALS, NRP certified
- Experience with pyxis medication distribution and EPIC computer charting
- Proficient skills: IV starts, IV drips, IV medication management, 12 lead EKG, blood administration and management, cardiac monitoring, triage, and emergency care.
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Patient care technician/EKG technician September 2016-March 2019

- Provide daily ADL's and ambulate patients
- Remove Foley Catheters/IV's
- Start intravenous catheters in patients
- Place cardiac monitors on patients
- Measure and interpret cardiac rhythm on EKG strips for telemetry patients
- Obtain and record vital signs
- Demonstrate proper documentation in the EPIC system
- Prepare patient rooms for new admissions
- Maintain patient charts
- Phlebotomy experience
- Demonstrate teamwork & communication
- Demonstrate time management
- Adaptability and critical thinking

Presbyterian Rust Medical Center 2400 Unser Blvd. SE Rio rancho, nm 87124

Nurse technician/Unit Secretary October 2015 – September 2016

- Provide daily ADL's and ambulate patients
- Remove Foley Catheters/IV's
- Place cardiac monitors
- Obtain and record vital signs
- Demonstrate proper charting in the EPIC system
- Help set up hospital rooms for new admissions
- Maintain patient paper charts
- Complete bedboard assignments, admit patient to room, and notify nurse/doctor
- Demonstrate time management
- Critical thinking and communication

ABC Preschool & Childcare 1080 15th Street Rio Rancho, NM 87124

Lead teacher/Assistant teacher August 2013 – September 2015

Lead teacher in two-year old children's classroom; assistant teacher in the infant's classroom

- Demonstrate compassion and understanding
- Demonstrate patience and adaptability
- Great attention to detail
- Completed daily routines, diapering, feeding, and interaction with children

Activities & Interests

- Arts & crafts
- Exercising and outdoor activities
- Reading and spending time with my family