

Chance Trenum BSN, RN

590 Berwind Rd Hollidaysburg, PA 16648
240-522-6926
ctrenum@live.cm

Professional Summary

A hard working and highly dedicated Registered Nurse who is committed to provide quality, compassionate, and safe patient care. Currently working on the Labor and Delivery Unit at UPMC Western Maryland, but will be relocating to the Norfolk, Virginia area. Placed in the charge nurse role the majority of shifts have helped shape my time management skills, leadership and delegation abilities. The ability to immediately create trust and rapport with patients during an important and vulnerable time is a strong asset of mine. Known as a team player who will jump in at any situation to help and improve outcomes. My knowledge and experience in patient-centered care, calm disposition, and communication skills will support this job in providing compassionate and quality care to the individuals.

Skills:

- Patient Education
- Critical Thinking
- Leadership
- Handling Pressure & High Intense Situations
- Collaboration
- Therapeutic Communication
- Problem Solving
- Team Work
- Time Management

Experience:

UPMC Western Maryland - Registered Nurse Labor & Delivery
January 2020-Present

- Performed in the charge nurse role
- Provided care for patients utilizing fetal and maternal monitoring equipment
- Managed the patient's pain including epidural and patient controlled analgesia administration
- Assisted physician during delivery, treatment, examination and surgical procedures
- Cared for patients in labor with uncomplicated and complicated deliveries
- Monitored, recorded and communicated patient condition as appropriate utilizing computerized documentation systems
- Provided patient and family education on labor, pain and newborn care
- Circulated in the operating room for Cesarean deliveries
- Managed tocolysis and/or preterm delivery
- Attended transfers to higher care facilities

UPMC Western Maryland - Behavioral Health Technician

November 2018-December 2019

- Monitor patients' physical and emotional well-being and report unusual behavior or physical ailments to medical staff
- Take and record vital signs and ACCU checks, promote safety by doing fifteen minute safety rounds
- Observe patients' behavior, communication, and interaction with others
- Observe and worked 1:1 with some patients
- Completed physical restraint training

Churchill Pub and Restaurant - Waitress, Bartender, Manager

May 2017-November 2018

- Greeted guests in a timely and professional manner
- Supervised, trained and developed team members in accordance with company policies and procedures
- Helped with hiring process and scheduling
- Carefully followed safety and sanitation policies handling food and beverages.
- Upheld standards of cleanliness, food handling and safety.
- Assisted with bussing
- Handled money tills

Friends Aware - Caregiver (PRN)

March 2017-November 2017

- Ensured safety and well-being of each patient in alignment with care plan
- Completed entries in log books, journals, and care plans to document patient progress
- Administered medications to patients
- Monitored progress and documented any status changes accordingly.
- Went through med tech and behavioral training
- Supervised daily activities and provided assistance when needed.

McDonald's - Manager

09/2013-05/2017

- Supervised a weekly schedule of projects and anticipated the timelines for specific milestones and completion.
- Answered customer telephone calls promptly and in an appropriate manner.
- Supervised and directed all merchandise and shipment processing.
- Handled money, tills, deposits
- Counted and recorded inventory
- Completed truck orders
- Communicate clear expectations and goals to each team member

Education:

Western Governors University

Graduated July 2021 - Bachelor of Science Nursing

Allegheny College of Maryland

Graduated December 2019 - Associate Degree of Nursing
Student Nurses' Association

Mountain Ridge High School

Graduated May 2014- High School Diploma
National Honors Society

Licensure & Certifications

- Registered Nurse - currently in Maryland
 - Compact Licensure
- American Heart Association
 - CPR
- Neonatal Resuscitation
- ACLS

References:

Emily Teets:

Nurse Practitioner

Contact:

814-279-1228

Claire Witmer:

Nurse Clinician

Contact:

301-707-2774

witmerrc@upmc.edu

Jaden O'Neal

Registered Nurse

Contact:

240-522-4112

Chayse Morton

Registered Nurse

Contact:

240-920-7922

Cheyenne Mundy

Certified Nursing Assistant

Contact:

301-997-5287

