

SOPHIA GRITSONIS

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EDUCATION

The University of Iowa, College of Nursing, Iowa City, IA December 2019
Bachelor of Science in Nursing GPA: 3.5/4.0

The University of Iowa, College of Liberal Arts, Iowa City, IA December 2018
Major: Bachelor of Arts in Health and Human Physiology GPA: 3.5/4.0
Minor: Human Relations

PROFESSIONAL EXPERIENCE

Clinical Nurse – Medical Intensive Care Unit, Northwestern Memorial Hospital Chicago, IL. 03/20- Present

- Provide life-saving intervention and critical nursing care for one or two acute patients in the Medical ICU and Covid-19 ICU. Patient populations necessitating ventilator support, vasoactive, sedative and paralytic medication, invasive hemodynamic monitoring, and Continuous Renal Replacement Therapy
- Assess and stabilize critically ill patients in emergency medical situations experiencing multi-system failure, respiratory failure, renal and liver failure, shock, sepsis with expedience and accuracy.
- Establish rapport and communicate therapeutically with patient and family members in order to provide patient-centered care and ensure adequate support throughout ICU hospitalization.

Student Nurse Intern – Medical Intensive Care Unit, Northwestern Memorial Hospital, Chicago, IL 06/19-08/19

- Provided nursing care under supervision of a nurse preceptor on the medical intensive care unit.
- Gained experience communicating with the medical team, observed goals of care conversations, participated in ethical debriefs, codes and rapid responses.

Nursing Assistant – Medical Surgical Services, University of Iowa Hospitals & Clinics, Iowa City, IA 05/17-12/19

- Demonstrated strong clinical skills and therapeutic communication while caring for diverse patient populations in the medical surgical services float pool.

LEADERSHIP & INVOLVEMENT

Northwestern Memorial Hospital, Volunteer, Chicago, IL 02/21-03/21

- Vaccinated patients and staff during the Covid-19 pandemic

Northwestern Memorial Hospital, Nurse Residency Program, Chicago, IL 03/20-03/23

- Completed specialty training courses, an evidence-based practice clinical project and collaborated with new graduate nurses during monthly meetings.
- Engaged in critical care learning sessions of hemodynamic monitoring, sepsis/shock, ECG monitoring, and ventilator support.

SKILLS & CERTIFICATIONS

- Ultrasound Guided Intravenous Insertion (currently training)
- Continuous renal replacement therapy (CRRT)
- American Heart Association Basic Life Support/Advanced Life Support Certification (BLS)/ACLS)

MEMBERSHIPS & AFFILIATIONS

- American association of Critical Care Nurses 04/21 -Present