JINA ROUTSKAIA, BSN, RN

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SKILL HIGHLIGHTS

- Ventilator management
- Vasoactive drip titration
- NxStage CRRT/CVVHD management
- Cardiac and general surgery postop recovery

- IABP and Impella
- Moderate sedation
- Relief charge nurse, preceptor
- Languages: Bilingual English/Russian

RELEVANT WORK EXPERIENCE

Scripps Memorial Hospital, La Jolla │June 2021 to October 2021
Registered Nurse, Cardiovascular Intensive Care Unit
- Cared for patients on 37 bed ICU managing cardiac and medical patient populations.

Beth Israel Deaconess Medical Center, Boston MA │July 2018 to March 2021
Registered Nurse, Cardiovascular Intensive Care Unit
- Cared for patients on 15 bed ICU averaging 1000+ heart and vascular surgery cases annually.
- Precepted new hires and nursing students, acted as relief charge nurse on night shifts and weekends.
- Managed critically ill COVID-19 patients in the 2nd busiest COVID-19 hospital in New England.

Catholic Medical Center, Manchester, NH │ June 2017 to July 2018
Registered Nurse, Intensive Care Unit
- Worked on a 20-bed general ICU caring for medical, surgical and cardiovascular populations.

Catholic Medical Center, Manchester, NH │ February 2016 to June 2017
Registered Nurse, Cardiovascular Surgical Progressive Care Unit

- Cared for patients on a 47-bed unit specializing in cardiothoracic surgery, cardiology and bariatric surgery.

Catholic Medical Center, Manchester, NH │ October 2013 to February 2016
Nursing Assistant, Cardiovascular Surgical Unit and Float Pool

EDUCATION

Simmons College, Boston, MA
Bachelor of Science in Nursing, Cum Laude, received October 2015
Smith College, Northampton, MA
Bachelor of Arts in Biochemistry/Minor in English Literature, received May 2013

CERTIFICATIONS and LICENSES

- CA RN license# 95255107
- MA license # RN2305483
- NH license # 048725-24
- Basic Life Support

- Advanced Cardiac Life Support
- NIH Stroke Scale
- Cardiac Surgery Advanced Life Support