

STEPHANIE BREMER, RN, BSN

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EDUCATION

Olivet Nazarene University,
Bachelor of Science in Nursing

Oak Brook, Illinois
August 2015

Coursework includes: Critical Care Nursing, Health Assessment, Management and Leadership, Psychiatric Mental Health, Nursing of Childbearing Families, Pediatrics, Community Health, Pharmacology,
GPA: 3.863 on a 4.0 scale; *Magna Cum Laude*

Kent State University,
Bachelor of Science, Exercise Physiology

Kent, Ohio
December 2005

WORK EXPERIENCE

Advocate Illinois Masonic
Registered Nurse- Emergency Department

Chicago, IL
August 2016-Present

Registered nurse in one of four Level 1 Trauma Centers in Chicago. Excels at reacting safely and managing health care needs within crisis situations utilizing sound decision making skills. Responsible for providing and maintaining the highest level of care for critically ill and injured patients of varying acuities in a time-restricted and demanding environment. Work collaboratively with ER physicians and specialty teams including pediatrics, orthopedics, neurosurgery, perinatal, trauma and cardiology. Proficient in administering critical IV medications, obtaining blood work and analyzing critical laboratory results, insertion and maintenance of Foley catheters, NG tubes, OG, tubes, and IV lines. Initiate and assist in the care of multiple traumas, cardiac arrests, stroke codes, sexual assaults and conscious sedations. Responsible for analyzing ABGs, laboratory results, and EKG readings and working collaboratively with the multidisciplinary team to ensure prompt delivery of appropriate interventions. Experience with numerous procedures and equipment such and Level 1 rapid transfusions, chest tubes, A-line, internal pacer pads, conscious sedation and ventilators. Competent in recognizing ongoing ED unit needs in order to provide other team members with leadership and direction for reaching the highest patient satisfaction.

Northwestern Memorial Hospital
Registered Nurse- CCU

Chicago, IL
October 2015-August 2016

Worked as a key provider among many multidisciplinary teams in providing care to acute and chronically ill cardiac patients. Responsible for assessment, diagnosis, planning, implementation and evaluation of acutely ill patients with an array of cardiovascular ailments including: acute coronary syndrome and resulting myocardial infarctions, congestive heart failure, life-threatening and benign arrhythmias, valvular diseases and coronary artery disease. Complex hemodynamic monitoring and treatment of pre and post-procedural patients undergoing cardiac catheterizations, percutaneous coronary interventions, radiofrequency ablation, electrophysiology studies, pacemaker/defibrillator implantation, transcatheter aortic valve replacements, and heart transplantations. Skilled in advanced ECG interpretation, and the management of patients on cardiac drips. Trained and proficient with electronic monitoring and support equipment including: arterial lines, pacemakers, swan ganz catheters, intra-aortic balloon pumps, impella cardiac assist devices, continuous veno-venous hemofiltration (CVVH), and ventilators.

NorthShore University
Medical Assistant

Chicago, IL
January 2012-January 2013

Served as an integral member of the interdisciplinary healthcare team for a busy orthopedic practice. Worked collaboratively with eight MD's, as well as their physician assistants and nurses in guaranteeing safe and effective patient care. Instrumental in facilitating communication between the patient and the healthcare providers. Responsibilities included chart preparation, rooming patients, taking vitals, removing sutures and bandages, basic wound care, application of casts, ordering and stocking clinic supplies, ordering labs and assisting with the preparation of injections.

Condell Medical Center
Exercise Physiologist
Cardiac Rehabilitation

Libertyville, IL
August 2006-February 2012

Skillfully and energetically provide monitored exercise therapy and patient education to recovering cardiac patients. Instrumental in developing an individually prescribed exercise program for recovering patients. Collaborates with nurses and cardiologists to manage health goals of heart patients related to exercise while assessing the physical, psychosocial and educational needs of the patient population. Clear and concise documentation of patient care assessments, plan of care and interventions for patients is an indication of administrative expertise.

LICENSURE/CERTIFICATIONS

Registered Nurse

August 2015

Advanced Cardiac Life Support (ACLS) certification

July 2017

Basic Life Support (BLS) certification

July 2017

Pediatric Advanced Life Support

March 2017

TNCC

August 2017

HONORS/ACHIEVEMENTS

Member Sigma Theta Tau International Honor Society of Nursing

August 2015