

# Mary Vernor

Saint Joseph, MO 64501

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## Work Experience

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### **Level 1 Med Aide**

Heartland Residential Care - Saint Joseph, MO

June 2019 to Present

Caring for individuals that have mental illness.

## Education

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### **Certificate in CNA**

Des Moines Area Community College - Ankeny, IA

January 1997 to February 1997

### **High school diploma**

Newton Comm High School - Newton, IA

August 1992 to May 1996

## Skills

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- ADLs
- Senior care
- Home care
- Food preparation
- Alzheimer's care
- Vital signs
- Caregiving
- Cleaning
- Dementia care
- Critical care experience
- Laundry
- Meal preparation
- Patient care
- Memory care
- Hospice care
- Hoyer lift