

Etosha Russell

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Authorized to work in the US for any employer

Work Experience

PCT (Patient Care Technician)

Mercy Hospital and Medical Center - St. Louis, MO

March 2021 to Present

- Ensure patient rooms are clean and sanitized
- Change patient bed linens and provide new bedding, blankets, and pillows
- Collect urine and blood samples for testing
- Monitor and record patient daily activities; report any drastic changes to a nurse or physician
- Perform nursing procedures such as administering medications, changing bandage dressing, or checking temperatures
- Ensure patients are comfortable in bed; adjust bed settings and/or reposition/turn patient as needed
- Help patients with all grooming habits including bathing, dressing, brushing hair, etc.
- Assist patient with any daily exercises, physical therapy, or mobilization efforts patient has been prescribed
- Transport patients via wheelchair or rolling bed
- Monitor patient vital signs and record weight, blood pressure, and pulse
- Ensure patients are getting enough food and fluids
- Counsel, listen and educate patients and patients' families on health concerns, questions, or suggestions
- Ensure patients' safety and remove any safety hazards (clear walkways, cleaning chemicals, etc.)
- Transport and use medical equipment according to patient requirements

Clinical Partner

SSM DePaul Hospital - Bridgeton, MO

March 2020 to March 2021

Blood sugar checks

Taking vital signs

Emergency Room PTC

ICU

1:1

Collecting information about conditions and treatment plans from caregivers, nurses and doctors

Answering patient calls

Customer service

Examining patients for bruises and other injuries/wounds

Turning or re-positioning patients who are bedridden

Lifting patients into beds, wheelchairs or exam tables

Cleaning and sanitizing patient areas
Provide and empty bedpans
Specimen collection
Cleaning & Sanitation
Telemetry unit
Changing sheets and restocking rooms with necessary supplies

Certified Nursing Assistant

Lutheran Senior Services - Chesterfield, MO
June 2019 to April 2020

- Accountable for taking vital signs & ADLs
- Provided caring, intimate, hands-on healthcare for patients and residents
- Transferring residents
- ROM
- Charting
- Served meals to patients and residents

Certified Nursing Assistant

AW HEALTH CARE - Agency, MO
May 2019 to March 2020

Provides physical care for elders/residents including any and all activities of daily living needs including bathing, toileting, dressing, transferring, assistance with eating, laundry
Assistant, Housekeeping , Dietary Assistant.

Also responsible for the overall well-being of each elders/resident through the implementation and facilitation of meaningful, social, emotional, spiritual, physical and intellectual programmings.

Clerk

USPS - Normandy, MO
May 2018 to May 2019

CCA

Deliver mail in all its forms to homes and businesses in cities, towns and rural areas
Travel to directed route to deliver mail and collect mail from collection boxes
Cover route on foot, by vehicle or by a combination of the two
Collect money for postage and COD or cash on delivery orders retail
Case mail and sort
Analysis Skills
Package material handler

Care Partner / Certified Nurse Assistant

Sarah Community - Bridgeton, MO
October 2017 to May 2018

Provides physical care for elders/residents including any and all activities of daily living needs including bathing, toileting, dressing, transferring, assistance with eating, laundry
Assistant, Housekeeping , Dietary Assistant.

Also responsible for the overall well-being of each elders/resident through the implementation and facilitation of meaningful, social, emotional, spiritual, physical and intellectual programmings.

Certified Nursing Assistant

CNA - Florissant, MO

October 2016 to December 2017

Monitors patient condition by observing physical and mental condition, intake and output, and exercise. Supports patients by providing housekeeping and laundry services; shopping for food and other household requirements; preparing and serving meals and snacks; running errands.

Assists patients by providing personal services, such as, 1:1 , Housekeeping, bathing, dressing, and grooming.

Helps patients care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene.

Helps family members care for the patient by teaching appropriate ways to lift, turn, and re-position the patient; advising on nutrition, cleanliness, and housekeeping.

Clinical Nurse Assistant

Christan Hospital - St. Louis, MO

April 2015 to May 2016

Blood sugar checks

Taking vital signs

Emergency Room PTC

ICU

1:1

Collecting information about conditions and treatment plans from caregivers, nurses and doctors

Answering patient calls

Customer service

Examining patients for bruises and other injuries/wounds

Turning or re-positioning patients who are bedridden

Lifting patients into beds, wheelchairs or exam tables

Cleaning and sanitizing patient areas

Provide and empty bedpans

Specimen collection

Cleaning & Sanitation

Telemetry unit

Changing sheets and restocking rooms with necessary supplies

Certified Nursing Assistant / Office Assistant

Williams Home Healthcare - Ferguson, MO

April 2006 to April 2015

Monitors patient condition by observing physical and mental condition, intake and output, and exercise.

Supports patients by providing housekeeping and laundry services; shopping for food and other household requirements; preparing and serving meals and snacks; running errands.

Assists patients by providing personal services, such as, bathing, dressing, and grooming.

Helps patients care for themselves by teaching use of cane or walker, special utensils to eat, special techniques and equipment for personal hygiene.

Helps family members care for the patient by teaching appropriate ways to lift, turn, and re-position the patient; advising on nutrition, cleanliness, and housekeeping.

Answer multi-line phone system and take appointments or direct calls to the appropriate party

Greet patients when they arrive at the office and provide them with any necessary paperwork or other information

Collect co-pays and other fees required prior to the office visit or treatment

Direct patients to the lab area for scheduled blood work and other testing

Verify insurance coverage and assist the billing department with processing claims

Schedule appointments and confirm appointments two days in advance

Assist patients with re-scheduling appointments and other scheduling issues

Inform patients of billing issues

Warehouse Worker / Assembly

Labor Ready Temp Agency - St. Louis, MO

February 2005 to June 2008

Assembly line work often work with hands for a specific task essential to the completion of a specific product, inspecting every product coming out of the assembly line. Assembly work, production, packaging, and ensuring product quality. inspecting every product coming out of the assembly line.

Education

Associate in Medical Assistant

Vatterott College - Berkeley, MO

March 2008 to May 2010

Skills

- Certified Nursing Assistant (10+ years)
- CPR First Aide (10+ years)
- Medical Billing & Coding (5 years)
- Medical Assistant (10+ years)
- CNA (10+ years)
- Home Health (10+ years)
- HHA (10+ years)
- Cna Certified (10+ years)
- Patient care tech (2 years)
- EMR Systems
- Critical Care Experience
- Vital Signs
- Dietary Aide Experience
- ICU Experience
- Caregiving
- Home Care
- Alzheimer's Care
- Nursing
- Medical Records

- Dementia Care
- Laboratory Experience
- Medical Office Experience
- Warehouse Experience
- Data Entry
- Basic Math
- Phone Etiquette
- Microsoft Office
- Leadership
- Laundry
- Hospital Experience
- Epic
- Medical Scheduling
- Office Management
- Insurance Verification
- Phlebotomy
- ICD-10
- Analysis Skills
- Computer Skills
- Anatomy Knowledge
- Case Management
- English
- Customer service
- Microsoft Excel
- Word processing
- Microsoft Word
- Typing
- Medical Terminology
- Cerner
- Front desk
- Windows
- Live chat
- Patient monitoring
- Google Docs
- Google Suite
- Computer literacy
- Filing
- HIPAA
- CPT Coding
- AS400

- Visio
- Microsoft Project
- Order fulfillment
- Multi-line phone systems
- Employee Orientation
- Logistics
- B2B Nursing Skills: Clinical Judgment -- Completed June 2019 Assessing a patient's condition and implementing the appropriate medical intervention. Full results: Completed Reliability -- Expert April 2019 Measures a candidate's tendency to be dependable and come to work. Full results: Expert Work Style: Reliability -- Expert February 2020 Tendency to be dependable and come to work Full results: Expert Direct Care -- Familiar December 2019 Showing sensitivity and enthusiasm while providing care to patients. Full results: Familiar Home Health Aide Skills -- Proficient June 2020 Providing care to patients in a home setting Full results: Proficient June 2020 Providing nursing aid to patients using knowledge of relevant equipment and procedures. Full results: Proficient Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.
- Specimen collection / processing
- Patient observation
- Venipuncture

Certifications and Licenses

CPR/AED December 2017 to December 2019 BLS/CPR March 2020 to March 2022 Certified Nursing Assistant (CNA) ACLS Certification