

Profile

Dedicated and well qualified Registered Nurse offering proven skills in patient care, medication administration and treatment implementation. Detail-oriented, responsive and proficient in routine care and emergency response. Offering 20 year experience in field and looking for challenging, rewarding position.

Experience

Registered Nurse, DownEast Orthopedics, Bangor, Maine – 2020-2021

- Provided pre-op and post-op surgical care to teens and adults in an out patient surgical suite.
- Administered medications to manage progression off anesthesia medications, treat side effects and promote recovery.
- Helped patients regain independence with clear recovery goals and guidance.
- Supported physicians completing patient examinations and procedures.

Registered Nurse, Case Manager, Beacon Hospice, Bangor, Maine - 2016-2020

- Caring for patients at end of life through compassion, active listening, therapeutic touch, and medication management.
- Supervised a team of dedicated nurses and hospice aids to lead them to achieve a holistic palliative environment for those under their care.

Registered Nurse, Interventional Pain Management, Bangor, Maine - 2014-2016

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effect.
- Provided pre-op and post-op for patients suffering with acute and chronic pain.
- Administered procedural sedation and assisted the provider in sterile procedural environment.

Registered Nurse-PACU, Northern Light Health, Bangor, Maine - 2012-2014

- Employed nursing best practices and clinical judgement to patients throughout the peri operative process, to include pre-op preparation and post-op recovery.
- Delivered individualized care to pre and post-operative patients by monitoring pain levels, checking vital signs and explaining next steps to recovery.

Registered Nurse-Emergency Department, Northern Light Health, Bangor, Maine - 2008-2012

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services for all ages.
- Facilitated care of trauma patients across the spectrum in a level two trauma center.
- Triage incoming patients and communicated with doctors to encourage timely attention to urgent situations.

Registered Nurse-Intensive Care Unit, Northern Light Health, Bangor, Maine - 2006-2008

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Maintained personal and team compliance with medication administration standards patient care best practices.

Registered Nurse-Admissions Coordinator, Ross Manor, Bangor, Maine - 2005-2006

- Helped patients with admissions process and adhere to state and federal laws.
- Handled insurance claim verification.
- Collaborated with various healthcare providers to facilitate delivery of services.

Registered Nurse-Cardiovascular ICU, Northern Light Health, Bangor, Maine - 2001-2005

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Assess, monitor and implement treatment for critically ill patients.

Education

University of Maine, Orono, Maine – Bachelor of Science, Nursing - 2001

Skills

Health Education; Strong Medical Ethics; Nursing Staff Leadership; Ventilator Care; Staff Development and Precepting; Workflow Optimization; and Case Management

Certifications

BLS Certified; ACLS Certified