

Michelle P. Anthon RN, BSN

mpanthon@yahoo.com

520-474-6682

OBJECTIVE

To work in a professional care setting that utilizes my Bachelor of Science in Nursing education along with my management, clinical and teaching experiences to positively impact the optimal quality of learning for the patients, their families and the community.

EDUCATION HISTORY

University of Arizona, College of Nursing, Bachelor of Science in Nursing. Tucson, AZ 2012

Katherine A. Mason Memorial Award for Caring & Clinical Competence, University of Arizona

EMPLOYMENT

November 2021 - Present Acute Care Medsurg/Psych/Ortho RN

Ochsner Lafayette General Hospital, Gifted Healthcare

- Admission, Recovery, Education, & Discharge of Acute Care Surgery, Psych & Ortho patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- RN Medsurg/Psych preceptor.
- Floated to different units as required to perform duties for specific patients' health needs.
- Working together with other health care professionals for positive patient outcomes.

April 2021 - October 2021 Acute Care Medsurg/Covid Vaccination Clinic

Our Lady of the Lake, Inhouse Contract

- Admission, Recovery, Education, & Discharge of Medsurg/Oncology patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- RN Medsurg preceptor
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes.
- Covid Vaccination Clinic - Administration of vaccine to the general public

January 2021 - April 2021 Acute Care Medsurg/Tele RN

Our Lady of the Lake, Gifted Healthcare

- Admission, Recovery, Education, & Discharge Medsurg patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's

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- RN Medsurg preceptor
- Floated to different units as required to perform duties for specific patients' health needs
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October 2020 - January 2021 Medsurg/Oncology RN

Woman's Hospital, Advantage Medical Professionals

- Admission, Recovery, Education, & Discharge of Oncology & women's health surgeries
- Wound Care Management, Infection Control Protocols, Medication administration.
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes.

August 2020 - September 2020 - LTAC RN

Louisiana Extended Care and Rehab, Gifted Healthcare

- Admission, Recovery, Education, & Discharge of LTAC patients
- Wound Care Management, Infection Control Protocols, Medication administration.
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes

January 2020 - August 2020 Oncology/Stepdown RN

Lafayette General Hospital

- Oncology patients and Covid patients in the Step-down unit
- Admission, Recovery, Education, & Discharge
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- RN Oncology preceptor
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes

October 2019 - January 2019 - Medsurg/Tele RN

Baton Rouge General, Advantage Medical Professionals

- Admission, Recovery, Education, & Discharge of Surgical Patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- RN Medsurg/Tele preceptor
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes.

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June 2019 - October 2019 Tele/Medsurg RN

New Iberia Hospital, Ventura Medstaff

- Admission, Recovery, Education, & Discharge of Surgical Patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes.

February 2019 - June 2019 Tele/Medsurg/Rehab

Promise Hospital, Southern Medical Staffing

- Admission, Recovery, Education, & Discharge of Surgical Patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of CNA's
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other health care professionals for positive patient outcomes.

November 2016 – February 2019 Lead Nursing Instructor

Infinity Community College

- Taught classes assigned by the Program Coordinator
- Communicated with hospitals for student clinical rotations
- Overseen Clinical Nursing Instructors
- Prepared common course syllabi for semesters
- Prepared and filed course outlines for all courses following State of Louisiana Board of Nursing guidelines
- Keep records of grades, attendance & served as adviser
- Conducted assessments and participated in student problem solving activities
- Coordinated extra curricular activities/projects to recognise nursing leaders throughout history, Art of Nursing, Black Heritage Month, etc
- Attended weekly meetings to discuss with colleagues the plan of action for short and long term goals of the nursing program
- Attended meetings for the Louisiana State Board of Nursing for Licensed Practical Nurses

2018 – November 2018 Pediatric Psych RN & Charge Nurse

Vermilion Behavioral Hospital

- All aspects of care on a Level I inpatient psychiatric unit for stabilization & treatment of behavioral and medical issues
- Performed physical & psychological assessments, social, education & discharge needs, wound care and documented accordingly
- Displayed effective leadership and encouraged teamwork for the enhancement of patient care and

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satisfaction

- Synchronized patient and family in the development of plan of care from admission to discharge
- Supervision of LPN's & CNA's
- Worked within the scope of practice established by the Louisiana State Board of Nursing
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

September 2016 – October 2016 Nursing Instructor

Delta Community College

- Taught classes assigned by the Program Coordinator
- Prepared common course syllabi for semesters.
- Prepared and filed course outlines for all courses following State of Louisiana Board of Nursing guidelines
- Keep records of grades, attendance & served as adviser
- Conducted assessments and participated in student problem solving activities.
- Attended weekly meetings to discuss with colleagues the plan of action for short and long term goals of the nursing program

2016 – 2016 Adult & Geriatric Psych RN & Charge Nurse

Oceans Behavioral Hospital

- All aspects of care on a Level I inpatient psychiatric unit for stabilization & treatment of behavioral and medical issues
- Performed physical & psychological assessments, social, education & discharge needs, wound care and documented accordingly
- Displayed effective leadership and encouraged teamwork for the enhancement of patient care and satisfaction
- Synchronized patient and family in the development of plan of care from admission to discharge.
- Supervision of LPN's & CNA's
- Worked within the scope of practice established by the Louisiana State Board of Nursing
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

2016 – 2016 Adult Psych RN & Charge Nurse

Baton Rouge Behavioral Health

- Organized the set up and supplies of a Detox Unit.
- All aspects of care on a Level I inpatient psychiatric unit for stabilization & treatment of behavioral and medical issues
- Performed physical & psychological assessments, social, education & discharge needs, wound care and documented accordingly
- Displayed effective leadership and encouraged teamwork for the enhancement of patient care and satisfaction
- Synchronized patient and family in the development of plan of care from admission to discharge.

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- Supervision of LPN's & CNA's
- Worked within the scope of practice established by the Louisiana State Board of Nursing
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

2014 – 2016 Med-surg/Rehab/Long-Term Care RN

Agency RN, Gifted Healthcare

- Admission, Recovery, Education, & Discharge of Surgical Patients
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of LPN's and CNA's
- Floated to different units as required to perform duties for specific patients' health needs
- Working together with other healthcare team members for positive patient outcomes

June 2014 – August 2016 Geriatric Psych RN & Charge Nurse

Greenbrier Behavioral Hospital

- All aspects of care on a Level I inpatient psychiatric unit for stabilization & treatment of behavioral and medical issues
- Performed physical & psychological assessments, social, education & discharge needs, wound care and documented accordingly
- Displayed effective leadership and encouraged teamwork for the enhancement of patient care and satisfaction
- Synchronized patient and family in the development of plan of care from admission to discharge.
- Supervision of LPN's & CNA's
- Worked within the scope of practice established by the Louisiana State Board of Nursing
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

2013 – 2014 Adult Psych RN & Acute Care Psych RN

University of Arizona Health Network

- All aspects of care on three Level I inpatient psychiatric units for stabilization & treatment of behavioral and medical issues
- Performed physical, psychological, social, discharge, educational needs, assessments, wound care, wound vacs, ostomies, peg tubes, trachea care, IV's and documented accordingly
- Displayed effective leadership and encouraged teamwork for the enhancement of patient care and satisfaction
- Synchronized patient and family in the development of plan of care from admission to discharge. Professionally attains goals created by self and supervisors
- Works within the scope of practice established by the Arizona State Board of Nursing and practices with evidence-based knowledge of general and nursing research
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

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2012 – 2013 Tele/Med-surg/Rehab/Long-Term Care RN

Arizona PRN & Favorite Staffing

Tele/Med-surg/Rehab/Long-Term Care RN

- Floated to different units as required to perform duties for specific patients' health needs
- Competently assessed, performed nursing diagnosing, planning, implementation & evaluation through the nursing process
- Achieved positive patient outcomes by delivering effective and efficient patient care and also by working together with other healthcare team members
- Supervision of LPN's and CNA's

Corrections RN

- Work performed as a registered nurse to assess plans and deliver nursing care to inmates.
- Supervision of LPN's and CNA's
- Coordinates multiple medical services for diagnostic and treatment as directed by the Medical Director, Physician, Physician Assistant or Nurse Practitioner
- Enter housing units to pass medications or other medical items and to conduct medical screening when necessary. Assist in minor medical or surgical procedures
- Isolation checks and quality control
- CPI certified in accordance with the Crisis Prevention Institute for the management of disruptive and assaultive behavior

2012 – 2012 ICU RN

Northwest Medical Center

- Admission, Recovery, Education, & Transfer of Patients
- Initiate cardiac monitoring, oxygen therapy, non-invasive blood pressure, and oximetry
- Develop a written Care Plan upon admission and review and update the plan of care daily
- Reassess to identify progress and trends that require intervention or reporting to the physician
- Wound Care Management, Infection Control Protocols, Medication administration
- IV Administration including Blood and Blood products, Lipids and Hyperalimentation
- Supervision of LPN's and CNA's

2011 – 2012. VALOR Clinical Residency Program

Southern Arizona Veterans Administration Health Care System (SAVAHCS, Tucson, AZ)

- Worked on the 25 bed Cardiac/Telemetry Unit assuming care of five patients
- Care of cardiac patients with procedures such as CABG's & stents, & overflow patients
- Basic cardiac rhythm monitoring techniques, interpretation, and treatment
- Monitoring patients before, during, and after invasive procedures

2003 – 2012 Owner, Loan Signer & Notary

AAction Mobile Notary

- Specializing in signing of mortgage loans
- Received emailed home loan documents from national mortgage companies, explained and signed home loans with borrowers (≈100 pgs. per loan)
- Expedited the return package to said contracted companies
- All jobs were performed within 24 hours

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- Also notarized Advanced Directives, Living Wills and all other notary needs for the State of Arizona

2007 – Chaperone/Volunteer

Arizona School of the Deaf and Blind

- Accompanied deaf and blind students to ensure safety was maintained

2006 – 2007 Reservation Specialist

American Airlines

- Scheduled airline reservations on a time managed program with customer satisfaction as the ultimate goal
- Scheduling and rescheduling of flights
- Accommodated specific needs of handicapped and disabled passengers

2000 – 2002 Program Coordinator/Instructor

Tucson Tabernacle Christian School

- Multi-grade, block scheduling for Math, Science & History for Kindergarten – 12th grades
- Ensured each child met and exceeded standards for the year by providing individual student attention needed to meet or exceed goals
- Organized the formation of the school & procured curriculum. Interviewed and prepared parents and children for school start up
- Created lesson plans and schedules
- Coordinated structured activities within the school such as Karate and life skills
- Gathered community resources to benefit the students
- Partnered with the State of Arizona Parks and Recreation to provide an after school program for the students and assist parents who worked

1996 – 1998 General Manager

Auntie Ann's Pretzels

- General Manager of multi-store franchises
- Overseeing the construction of the business from ground up
- Supervising and coordinating with contractors and subcontractors daily
- Establishing suppliers for business and food needs
- Met specifications for the Louisiana Health Department and communicated weekly
- Hiring & training of assistant managers and staff employees
- Everyday duties of managing a business related to invoicing, quality control and scheduling 30+ permanent employees plus 15 temporary workers for seasonal needs
- Coordinated monthly employee cleaning day and cleaned the facility from ceiling to floors
- Performing scheduled daily GEMBA Walks, Waste Walks and Safety Walks
- Kaizen with staff involvement for rapid improvement for small positive changes
- Maintained a positive team-work environment to provide optimal customer satisfaction
- Hiring, Education & Evaluation of employees
- Yearly Employee Performance Review Evaluations
- Performance Evaluation Plan/Performance Improvement Plans (PIPs) guidance for improvement with a positive vibe.

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1986 - 1996 Office Manager

Anthon Drilling

- Built and executed bid packages for residential and commercial water wells and geotechnical field sampling
- Quoted residential wells
- Scheduled 2 crews and 1 service crew of 4 men each totaling 12+ employees
- Conducted morning safety meetings and daily scheduling tasks
- Responsible for subcontractor logistics of equipment and materials.
- Staying in compliance with the State of Louisiana Drilling Regulations.
- Coordinated post well inspection and sampling

1994 - 1994 General Manager

Waffle House

- Reported sales and deposits
- Managed inventory to ensure food cost stays within budget
- Scheduled staff to insure labor costs were on target
- Set and attain weekly goals with staff
- Maintained a positive workplace environment with staff to ensure customer satisfaction

COMMUNITY TEACHING/CARE INFORMATION, AWARDS, & CERTIFICATIONS

October 2022 Ochsner's "Values on the Spot" Recognition Award

Ochsner Acadia General Hospital Core Values

July 2022 Ochsner's "Values on the Spot" Recognition Award

Ochsner Acadia General Hospital Core Values

March 2022 EPIC Superuser

Ochsner Acadia General Hospital

- Helped out peers when Ochsner Hospital transitioned over to EPIC.
- Created charts that helped out employees with step by step instructions to follow for charting of admits, shift assessment, education and discharge

2013 EPIC Superuser

University of Arizona Health Network

- Helped fellow nurses understand the new electronic medical records system how to chart quickly and not to be intimidated by the unknown

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2013 - 2014 BSN to MEPN Program Interview Panel

University of Arizona, College of Nursing

- On panel to interview and choose new Bachelor of Science in Nursing (BSN) to Master of Science for Entry to the profession of Nursing (MEPN) students for the University of Arizona College of Nursing program

2011 - 2012. SAVAHCS Annual Competency

- Taught a tracheostomy station for the VA's RN Annual Competency
- Instructed RNs on how to correctly perform tracheostomy suctioning, cleaning, and maintenance
- After a return demonstration, authorized the RN's competency completion

2011 – 2012. SAVAHCS ICU Competency

- Assisted ICU CNL with the development and implementation of an annual competency for ICU RNs
- Also participated in Evidence Based Research study for swab caps and also research for patients on vents to compare Hydrogen Peroxide solution vs. Chlorhexidine

2010 – 2012. University of Arizona Health Fair & Family Life Academy –

- Taught over 180 culturally diverse middle and high school students about disease prevention and the scientific method at the U of A Health Fair
- Taught over 80 Kindergarten – 3rd grade students about disease prevention at Family Life Academy

2009 - 2012. Nursing Student Mentoring Program

- Established and implemented a nursing student mentoring program.
- Made it possible for 2nd semester nursing students to mentor the incoming 1st semester students.
- The focus is to provide 1st semester students with positive peer support for their 1st and subsequent semesters through an organized mentoring program.

2005 - 2012. Volunteer to the Community

- Service to a local hospice for the memorial service celebrating the life and passing of the hospice patients
- Member of a Southern Gospel Quartet which visited nursing homes from Tucson to Wilcox, AZ to sing for the residents

2000 – 2014 Community Outreach and Event Planner

Tucson Tabernacle

- Organized, planned and supervised events of over 1000 people
- Youth groups, weddings, funerals, holiday celebrations, etc

1995 - 2014. Private Care & Hospice Care

- Assisted family members with private care/home assistance and in the hospital
- A multidisciplinary approach including medication administration, skin care management, wound care supervision, activities of daily living, and their overall physical, mental, and spiritual well-being until their passing

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AWARDS

Katherine A. Mason Memorial Award for Caring & Clinical Competence, University of
Arizona

Workforce Diversity Award, University of Arizona

Dean's List with Distinction, University of Arizona

Phi Theta Kappa, International Honor Society

Waffle House Manager Excellence Award

LICENSES & CERTIFICATIONS

Louisiana Registered Nurses License

Arizona Registered Nurses Compact License

CPR/AED Certified, American Heart Association

NIH Stroke Scale Certification

ACLS Certified, American Heart Association

CPI Certified, Nonviolent Crisis Intervention

SAVACHS: Wound Vac & Tracheotomy