

Lisa Mehring, BSN, RN
R Adams Cowley Shock Trauma Center
Clinical Nurse II
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Education

2019	Millersville University	Bachelor's Degree
	<ul style="list-style-type: none">● Sigma Alpha Pi - National Society of Leadership and Success● Phi Sigma Pi - Honor Society	
2004	Harrisburg Area Community College	Associate's Degree

Professional Experience

January 2021 to present	May 2021	Adjunct Faculty
Carroll Community College		Clinical Instructor

- Weekly clinical instructor for Adult Health (Nurs 242)
- Evaluates student's skills for the adult population
- Provides feedback to the students and educates them on patient diagnoses
- Assigns online simulations and completes grading of assignments
- Completes student evaluations and 1:1 meetings for individualized feedback

March 2013 to present	Biocontainment Unit
University of Maryland- Shock Trauma	IMC/Trauma/Acute

- Biocontainment Team Covid-19 (2/2020-9/20)
- FEMA IS 100, 200, 700 and 800
- FEMS AWR 160
- iStat Competency user (5/2020)
- Accu Check and Restraints Trainer for unit and STC (2019, 2020, 2021)
- Shock Trauma Competency Marathon instructor (2019, 2020, 2021)
- Midas chart audits- monthly patient chart documentation auditor (2016-2019)
- Stop the Bleed - course completion (2018)
- HIV/AIDS Awareness- Jacques Initiative representative (2016-2017)
- Pyxis Medstation Super User (2018)
- Clinical Level II RN, Charge Nurse, Preceptor, Staff Nurse (2013-present)
- HIV Champion, Doc Halo Champion, Blood Transfusion Auditor, Flu champion
- Clinical Practicum Preceptor

June 2013 to January 2018	Home Health
Community Home Health	

- Home Care RN
- Patient triage, assessment and education

- Assess patient's' condition during every visit and chart observations
- Perform evaluation, including vital signs and medication review
- Administer medication
- Dress or redress open wounds and assess progress of healing
- Educate patients and their families on proper home health care strategies and procedures
- Coordinate with Occupational Therapists, Physical Therapists, Physicians and anyone else involved in the patient's care plan
- Provide palliative care as needed to keep the patient comfortable
- Make recommendations for devices or tools that might improve the patient's quality of life
- Listen to the patient and respond to concerns or requests

October 2011 to March 2013

Med-Surg/Tele

Saint Agnes Hospital

- Clinical Level II RN, Charge Nurse, Preceptor, Staff Nurse
- Implement total patient care through primary nursing
- Evaluate staffing requirements
- Maintain education for the 20 bed unit via Hospital wide Education Council
- Maintain weekly bed audits
- Preceptor for nurses new to the facility

January 2010 to October 2011

Geriatrics

Longview Nursing home

- Registered Nurse Supervisor
- Oversaw 130 beds and staff
- Weekly rounding with the physicians
- Active member for monthly skin/wound committee

March 2008 to January 2010

Neuro/Trauma IMC

Wellspan Hospital

- Charge Nurse, Staff Nurse
- Supervise nursing staff and unit secretary
- Organize educational activities and competencies for 20 bed unit
- Implement total patient care through primary nursing 1:4, high acuity patients

August 2004 to March 2008

Ortho/Tele/Med-Surg

Hanover General Hospital

- Conducted training and development activities for staff nurses
- Monitored health and safety compliance and infection control for a 30 bed unit
- Responsible for patient care in a complex environment providing care through team nursing 1:10

August 2004 to August 2006

Geriatrics

Hanover Hall

- Oversaw 152 beds and staff
- Instructor for Nursing Assistants by the PA Department of Education
- Nurse Aide Training: Teaching the Educator Workshop
- Participate in quality assurance programs
- Enhance patient experience and quality of life

Certification

- FEMA (2020)
- Stop the Bleed certification (2018)
- MANDT, The MANDT System Training Foundation (2017)
- Nurse Aide Training (2006)

Professional Organization Membership

- Maryland Responds-Medical Reserve Corp February 2020- Present
- Society of Trauma Nurses December 2016- Present
- York Adams Metropolitan Medical Response System (YAMMRS)
June 2009- Present
- Academy of Medical-Surgical Nurses February 2008- Present
- State Emergency Registry of Volunteers in Pennsylvania (SERVPA)
August 2004- Present

Clinical Practice and Care Delivery

- Chest Tubes powerpoint and education board for Competency Marathon (3/2021)
- Procedural Sedation case study presented in Shared Governance (2/2021)
- Compartment Syndrome case study presented in Shared Governance on 4STA and 6N (12/2018)

Process Improvement Initiatives/Professional Development

November 2016 - 2017

HIV Audits

My Role: Lead

Model: PDSA cycle

Unit-Based

Baseline Data/Explanation:

This unit based project intended to improve compliance with admission documentation and patient safety and awareness surrounding HIV testing after a recent decline in HIV audits.

Interventions:

As the HIV champion, an HIV Audit Checklist was developed to monitor HIV completion and to follow up on incomplete charts. Staff was also re-educated through Thursday morning huddle (Dec. 22, 2016) and Shared Governance (Jan. 5, 2017)

Outcomes:

Through re-education of staff and daily chart audits, by the charge nurse, which utilized the HIV checklist, the goal to increase documentation and patient safety and awareness was met.

*See Graph.

Unit Operations

Manages Unit Education Binder (online 2020) December 2019- Present

- Completes annual PARC audit for the unit to make sure that all staff members are complying with the hospital education yearly requirements
- Submit the PARC audit through the Education Council Annually

6N IMC Staff board December 2020- Present

- Lead the creation of the Christmas tree (appreciation station) of ornaments and presents (see pic)

Accucheck and Restraint Trainer March 2018- Present

- Educates and validates new staff on accucheck and restraints
- Maintains competency for staff on the unit

4STA Staff board August 2018

- Lead the creation of the 4STA staff is “UnBEElievable” board to welcome new staff and to let patients and families know about the staff (see pic)

Flu Board November 2017

- Lead the creation of the Flu Board to educate patients, families and staff members on Flu symptoms, prevalence and vaccinations (see pic)

Doc Halo Super User February 2017

- Superuser for unit. Attended the Superuser course and taught required sessions for all nursing staff on unit prior to the go-live date
- Resource for nursing staff on the unit with any issues relating to Doc Halo

Pyxis Activation and Preparation/Superuser January 2017-Present

- Superuser for unit. Attended the Superuser course and taught required sessions for all nursing staff prior to Pyxis being installed on the unit
- Resource for nursing staff on the unit with any issues relating to Pyxis

Charge Checklist January 2017

- Lead an effort to standardize the Charge Nurse role on Trauma Acute
- A standard checklist was initiated to improve communication and accountability, as well as increase patient safety through consistency
- Various checklists were used to compile a comprehensive list that included new EPIC documentation
- It is updated as necessary to include new policies and expectations of the Charge Nurse

Midas Audits 2016-2019

- Completes unit MIDAS audits and enters them into the system for the unit weekly.

- Follows up with the staff about areas of improvements that are found when completing the Midas audits.

HIV Board

December 2016

- Lead the creation of an HIV Board to educate patients, families and staff members on various aspects of HIV and Jacques Initiative
- To engage staff members in the championing effort, organized re-education through morning huddle and Shared Governance meetings

Preceptorships

- Serves as a clinical role model for new graduate nurses and seasoned nurses to CNII and charge nurse
- Holds the nurses to proper unit expectations as a Primary Coordinating Nurse
- Instructs the nurses in skills and patient care, as well as where to find resources to use in patient care settings
- Encourages nurses to develop critical thinking skills and work through problems that may arise
- Participate in bi-weekly buddy meetings with the nurses to evaluate strengths and weaknesses to work on during orientation

February 2014- May 2014

Precepted Erica Braerman to Clinical Nurse I and Scholars

- Acted as a clinical and professional model
- Explained the role and expectations of a Primary coordinating Nurse, as well as unit culture
- Instructed and motivated preceptee in areas of patient care, resources and technical skills
- Encouraged critical thinking and developed problem solving skills
- Coached preceptees in identifying and developing leadership goals
- Completed and reviewed bi-weekly status reports with preceptees and Clinical Nurse Specialist

Committees

October 2020- present

Education Council 6MTIMC Representative

- Participate in the monthly meetings to help organize competency and education days in the trauma center and discuss any new updates regarding education points in the hospital
- Participates in the training and teaching of education day and competency marathons
- Keeps the PARC credit binder up to date with staff on the unit and completes the annual audit

February 2020-Present

Biocontainment Team

- Biocontainment Team (BCT) staff member responsible to care for Covid-19 patients
- Educate bedside staff on proper donning/doffing
- Validated BCT trainer
- Bi-monthly trainings for donning/doffing, decontamination, bio-chemical and biohazard and mass casualty scenarios

June 2017- present

Healthy Work Environment

- Helped to create a happy, healthy and comfortable work environment
- Boost nurse satisfaction and morale by having holiday parties, gift exchanges and acknowledging milestones or special events

December 2016- Jan 2018

Member of the Mentoring Committee for Trauma Acute

- Helped to develop a mentoring program for Trauma Acute

Awards

May 2020

- CNO award for Team Excellence Recipient: The BioContainment Team

July 2018

- Silver Beacon Award for Multi-trauma IMC6