

# LATASHA GRIFFIN, MSN, APRN, FNP-C

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## PROFESSIONAL SUMMARY

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Highly motivated, flexible, and patient-focused **Family Nurse Practitioner** with proven expertise in utilization review and quality assurance, patient communication, organizational planning and detail orientation. Background in primary, acute and long-term patient care. Possesses exceptional critical thinking skills in fast-paced high-tension settings. Excellent interpersonal and communication skills. Inspire and foster professional relationships with physicians, nurses, and other team members.

### *Core competencies include:*

- Patient advocacy and education
- Documenting/charting
- HIPAA & OSHA compliant
- Advanced assessment skills
- Respond to life-saving solutions
- Fetal monitoring
- Critical and analytical thinking
- Infection prevention
- Pain and labor management
- Neonatal resuscitation
- Staff training and development
- Ante and postpartum care
- Care of pre, intra and post-op patients
- Collaborate with colleagues
- Excellent communication

## QUALIFICATIONS

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### Education

**Master of Science in Nursing, Family Nurse Practitioner** | Chamberlain University (Downers Grove, IL)      October 2018  
**Bachelor of Science in Nursing** | University of Missouri-Saint Louis (Saint Louis, MO)      December 2006

### Licensure/Certification

**Family Nurse Practitioner (FNP-C)** | American Academy of Nurse Practitioners      Exp. November 2023  
**Advanced Practice Registered Nurse (APRN)** | California Board of Nursing      Exp. February 2023  
**Registered Nurse** | State of California      Exp. February 2023  
**Basic Life Support (BLS/CPR/AED)** | American Heart Association      Exp. August 2022  
**Neonatal Resuscitation Program (NRP)** | American Academy of Pediatrics      Exp. October 2021

## NURSE PRACTITIONER PRACTICUM EXPERIENCE

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**Family Practice/Primary Care** – Chinh Le, DNP, FNP-C, Kaiser Permanente Promenade (Elk Grove, Ca)      439 Hours  
**Pediatrics** – Dr. Mary Blair-Rogers, Kaiser Permanente South (Sacramento, CA)      129 Hours  
**Obstetrics and Gynecology Care** – Kamisha Dilliard, MSN, NP-C, Kaiser Permanente Promenade (Elk Grove, Ca)      128 Hours

Performed patient examination. Obtained medical histories and medication reconciliation. Ordered labs and other diagnostic tests. Prescribed medications to patients, including adjusting frequency and dosage. Collaborated with patients, families, and other health care providers to optimize the health care plan to the individual needs. Delivered patient education on various topics ranging from disease prevention, management, and health promotion to proper medication usage and nutrition.

### *Selected accomplishments:*

- Treated acute illnesses, infections, and injuries
- Performed well exams and screenings on all ages ranging from newborns to elderly
- Analyzed diagnostic tests to formulate diagnosis or treatment
- Cared for and treated women during prenatal, natal, and postnatal periods
- Performed Pap smears, HPV and STD screening including treatment and follow-up
- Performed a wide variety of health and wellness awareness and counseling including contraceptive
- Provided guidance and instruction on preventative healthcare, disease and medication management to both patient and family members

## PROFESSIONAL EXPERIENCE

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**Family Nurse Practitioner** | WellSpace Health (Sacramento, CA) 2019 – Present  
FNP for a non-profit organization in the underserved community developing treatment plans for acute and chronic diseases; Educating and guiding patients on disease prevention and healthy lifestyle habits; Understanding the changes in health promotion throughout the aging process; Conducting physical exams; Performing diagnostic tests and screening evaluations; Managing overall patient care regarding lifestyle and development issues; Emphasizing preventative care and disease management; Prescribing and managing medications.

### *Selected accomplishments:*

- Provides direct medical care, consultation, coordination, and referrals to a diverse, multigenerational patient population with a broad range of medical issues
- Assess, evaluate, and document patients' status and needs through interviewing patient and chart reviews
- Prioritize and counsel patients' according to urgency of medical needs
- Promote holistic wellness by encouraging self-care and prevention of illness by providing education, counseling, and patient-centered care
- Experience in well-woman care, health education, some prenatal care and contraceptive counseling.
- Provide services to women, including: well woman exams, pregnancy testing, STD screening, and more.

**Staff Nurse II, Labor and Delivery** | Kaiser Permanente South (Sacramento, CA) 2011-Present  
Implement comprehensive nursing care for patients: administer proper medications, stabilize patients, start IVs, monitor vital signs and contractions; assess consciousness levels, care for delivery sites, perform prompt discharges and education.

### *Selected accomplishments:*

- Properly implement the nursing process and develop comprehensive care plans for expecting mothers through labor and delivery
- Fully versed in all aspects of labor and delivery and ante and post-partum care
- Assist physicians in performing procedures
- Care for high risk patients during labor process
- Implement interventions, reassess, and modify plan of care to improve outcomes. Educate patients on labor, post-partum, and newborn care
- Showcase diligence and extreme competence routinely completing the labor and delivery checklist
- Display superior accuracy charting and documenting medical information
- Develop comprehensive care plans, intervened and nursed up to 30 patients daily
- Nurture hospitals' reputation by educating patients' and family members with demonstrated expert medical knowledge and special care
- Display superior bedside care and assessments, identifying abnormalities and implementing proper preventative care
- Provide competent newborn/post-partum care within a multi bed unit
- Nurtured relationships with mothers and family members, providing education through therapeutic communications and reliable support

**Registered Nurse, LDRP** | Barnes-Jewish Hospital (Saint Peters, MO) 2009 – 2011  
Provided nursing support on hospital Labor and Delivery areas. Transcribed and initiated physician orders. Performed head-to-toe assessments and administered medication for a diverse patient population. Educated patients on processes, medications, procedures and medical/nursing interventions. Completed patient admissions and discharges with detailed instructions.

### *Selected accomplishments:*

- Increased patient compliance and decreased medication errors/complications by educating fellow RNs on patient education and communication techniques to increase patient understanding of diagnoses, medication regimen and general health state
- Served as a liaison between patients, families, pharmacists, case managers, physical therapists, physicians and others involved in patient care to ensure continuity of care
- Developed, implemented and evaluated plan of care, which included nursing diagnoses, short/long term goals, and criteria for meeting goals

Provided evidence-based nursing care to patients, implementing and managing care plans in a fast-paced, high-acuity and demanding environment. Handle emergency medical needs without compromising the ability to care for other acute patients, balancing priorities and maintaining a calm and professional demeanor. Developed genuine relationships with patients and peers, truly caring for the establishment of best practices and optimal patient outcomes.

***Selected accomplishments:***

- Showed unwavering compassion for each patient
- Advocated for patients' needs, serving as their voice communicating with physicians to update on patient conditions and preventing unnecessary pain and discomfort

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**TECHNICAL/SYSTEM KNOWLEDGE**

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| • EPIC     | • Pxyis                | • Microsoft Word     |
| • EICU     | • Microsoft PowerPoint | • Microsoft Access   |
| • Next GEN | • Microsoft Excel      | • Power Chart/Cerner |