

Nicoasha L. Nicholson RN,BSN

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Phone: (904) 422-6044

Professional Licensure: Registered Nurse

Present Position: Employee Health Coordinator

Education:

Florida State College Jacksonville BSN 2013-2015

Florida State College Jacksonville ADN. 2011-2012

Florida Community College Jacksonville LPN 2008-2009

Florida Community College Jacksonville AA. 2005-2008

Professional Experience:

Employee Health Coordinator Baptist Health Jacksonville 2013-present

Duties

- Supervises Employee Health RN and MA and monitors their job performance
- Coordinates day to day operation of Employee Health
- Reviews policy and procedures related to Employee Health
- Coordinates the scheduling related to post job offer health assessments and ensures completion of the post job offer screening process of prospective employees
- Provides back up for employees returning to work
- Performs for cause drug screens per protocol
- Assist in coordinating annual flu campaign
- Provides back up for injury and exposures including sharps/blood and body fluid
- Reviews completed health assessments on post job offer applicants with applicant according to Employee Health policy and procedures
- Administers Immunizations and PPD's to employees according to Employee Health policy and procedures
- Reviews Invoice/statements from CareSpot and Quest/Billing
- Consults with Medical Review Officer as needed
- Consult with lead infection control MD as needed
- Communicate with Care Spot in monitoring new hire physical process
- Oversees and assist with TB monthly reports and other reports
- Works with HR directors and staff
- Assist with special projects and or committee assignments
- Collaborate with Healthy for Life team on special projects

Registered Nurse River Point Behavioral Health 2014-present

Duties

- Serves as primary channel of communication between shifts, for patient care unit and between departments during designated tour of duty

- Seeks supervision from immediate supervisor for complex issues that arise within the therapeutic relationship
- Plans nursing care in conjunction with the treatment team and/or other staff members
- Prioritizes nursing care interventions according to individual patient and overall unit milieu needs
- Provides feedback to patients, individually and in group settings, regarding their behavior
- Demonstrates understanding of chemical dependency and the 12 step program
- Gives direct patient care, including assistance in activities of daily living
- Identifies verbal and non-verbal cues for potential aggressive behavior and applies de-escalation techniques
- Documents events to include follow-up/resolution in progress notes and variance report
- Processes with other staff and evaluates incidents
- Charts objectively in BIRP format maintaining the integrity and continuity of nursing care and treatment team plans
- Completes comprehensive nursing assessment and initiates nursing interventions within 8 hours of admission
- Adequately evaluate information provided by patient/family regarding history, allergies, symptoms, etc. as designed on the nursing assessment
- Completes audits of assigned patient's charts for any deficiency and reports them to the Director of Nursing
- Demonstrates knowledge of actions, indications and contraindications, side effects, correct dosages and routes, and nursing implications of drugs in the administration of medications and seeks appropriate intervention for the side effect
- Serves as a resource in assisting patients and families in understanding medications and treatment, side effects and long-term benefits; or can direct patient/family to alternative resources
- Identifies age specific health education and medication teaching needed by patients and provides same in consultation with physicians
- Documents administration of medications, consent for medication and medication education per policy and standards of nursing practice
- Processes new admissions to the unit
- Processes any pending doctor's orders

Employee Health Lead Nurse Baptist Health Jacksonville 2011-2013

- Assist Director of Employee Health and Wellness
- Provides back up for employees returning to work
- Performs for cause drug screens per protocol
- Provides back up for injury and exposures including sharps/blood and body fluid
- Reviews completed health assessments on post job offer applicants with applicant according to Employee Health policy and procedures
- Administers Immunizations and PPD's to employees according to Employee Health policy and procedures

Employee Health LPN Baptist Health Jacksonville 2009-2011

- Reviews completed health assessments on post job offer applicants with applicant according to Employee Health policy and procedures
- Administers Immunizations and PPD's to employees according to Employee Health policy and procedures
- Performs for cause drug screens per protocol
- Assist Coordinator and MA in clinic

Associate Care Provider/Health Unit Coordinator/Monitor tech Baptist Health Jacksonville 2005-2009

- Perform vital signs
- Assist nurse with daily patient care
- Perform glucose monitoring
- Telemetry read and monitoring
- Transport patient
- Report to nurse as needed
- Specimen Collection
- Float to different units

Clinical Assistant Children's Hospital Birmingham Alabama 1999-2002

- Perform vital signs
- Assist nurse with daily patient care
- Perform glucose monitoring
- Activities of daily living
- Specimen Collection

Additional Awards and Certifications:

Certificate of appreciation award for being an outstanding Human Resource professional 2014

Certificate for making the difference in the Tipping the Scale Mentoring Program 2014

Distinguished Caregiver Award 2012

Volunteer/Community Involvement:

Tipping The Scale Youth Mentor Baptist Health Jacksonville 2013-present

- Mentor for Tipping the Scale Baptist Health
- Bridge of North East Florida Affiliate

Key Skills and competencies:

- Excellent customer service skills
- Demonstrates initiative in supervising
- Critical thinking skills
- Able to make informed decisions in a timely manner
- Able to handle multiple complex projects simultaneously and meet deadlines
- Excellent verbal and communication skills
- PC skills-Word, Excel, PowerPoint
- Excellent physical assessment skills
- Phlebotomy skills
- Immunization administration skills
- EMR

References

Available upon request