**Dulce Valeria Cobos**

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Highly motivated, compassionate, flexible, and resilient nurse with 4+ years of professional experience. Experience with managing patients with complex medical needs in critical care, intensive care unit, and step-down unit.

**EDUCATION**

Texas A&M University – Corpus Christi Corpus Christi, Texas

Bachelor of Science in Nursing Graduation: May 2017

GPA 3.5

Studies at UT Health Science San Antonio, Texas

Doctor of Nursing Practice August 2019- Current

Advanced Leadership Practice- Family Nurse Practitioner Expected Graduation: 2025

 GPA 3.8

**LICENSE AND CERTIFICATIONS**

Texas Board of Nursing Registered Nurse License NO.926285 June 2017-February 2022

BLS/CPR for Healthcare Providers Certification American Heart Association April 2023

ACLS Provider American Heart Association September 2023

**Key Clinical Skills**

Artic Sun Therapy 2019

Continuous Renal Replacement Therapy (CRRT) PRISMAX

ECMO Specialist Training 2020

Ultrasound Guided Peripheral Intravenous access 2021

Charting systems: EPIC, Meditech, CPRS, Essentris, BCMA 2021

**Skills**

Team Player

Assertive Communicator

Proficient in Spanish and English

**EXPERIENCE**

Travel Registered Nurse ICU/FLOAT August 2021- December 2021

Maxim Healthcare

Shannon Medical Center

San Angelo, TX

Registered Nurse- Medical ICU November 2020-August 2021

Dedicated Acute Rapid Response Team

COVID-19 Vaccination Clinic (6 weeks)

Charge Nurse Role

Audie L. Murphy Medical Center VA Hospital

San Antonio, TX

Travel Registered Nurse- COVID-19 Crisis ICU/FLOAT August-2020-October 2020

Maxim Healthcare

Baylor Scott and White

Grapevine, TX

Registered Nurse- Medical ICU, Medical Surgical ICU, COVID-19 ICU July 2019- August 2020

Methodist Hospital

San Antonio, TX

Registered Nurse-Neuro Progressive Care Unit, Neuro Telemetry Unit July 2017- July 2019

Charge Nurse Role

Preceptor Role

Methodist Hospital

San Antonio, TX

* Applies nursing judgment through a thorough, systematic approach of applying the nursing process to include:
	+ Assessment: Conducts comprehensive, timely, and ongoing focused physical, psychosocial and pain assessments; includes assessment of patient education needs.
	+ Planning: Utilizes the assessment, identifies problems, makes nursing diagnoses, formulates goals, teaching plans and outcomes to create an individualized plan of care. Identifies individual patient goals, readiness to learn and incorporates family into the plan of care.
	+ Implementation: Prioritizes and implements a competent, prioritized and efficient nursing plan of care.
	+ Evaluation/Reassessment: Consistently conducts timely evaluation, anticipates and recognizes changes in patient conditions, determines when reassessments are needed and adjusts the plan of care as necessary. Compares expected and achieved outcomes of nursing care utilizing the plan of care.
* Collaborates with patient care team members on patient care plan; communicates timely and effectively with physicians and other members of the patient care team through verbal, written or electronic communication to coordinate and facilitate meeting patient needs. Incorporates consistent use of hand-off communication and SBAR communication methods.
* Demonstrates critical thinking skills, scientific judgment, and organizational skills.
* Prioritizes tasks and adjusts priorities when necessary.
* Maintains an orderly, efficient and timely flow of patients.
* Recognizes and reports errors and unusual occurrences and analyze contributing factors. Initiates corrective action when appropriate.
* Makes accurate, complete and timely entries into the patient medical record addressing all steps of the nursing process.
* Actively communicates with members of the healthcare team, patient and patient family.
* Maintains current nursing knowledge to assure a safe working environment.
* Demonstrates practical application of all policies and procedures relative to safety and the pillars of Methodist Excellence to include:
	+ Applicable quality core measures, infection prevention, fall prevention, medication administration safety, hourly rounding, and AIDET principles.
* Responsible to supervise tasks delegated to unlicensed personnel and accountable for tasks performed by unlicensed personnel according to the Texas BON rules for delegated nursing tasks (Chapter 224).

**ORGANIZATIONS/ AWARDS**

Membership in SIGMA March 2020

Daisy Award Recipient October 2019

Clinical Excellence Award- Methodist Hospital June 2019

American Association of Critical- Care Nurses (AACN)- Member 2018-2019

Clinical Scene Investigator Academy (CSI) AACN October 2018- July 2019

Discharge Process Super User-Methodist Hospital 2018-2020

HRSA Nurse Corps Scholarship Recipient August 2015- May 2017

Student Nurses Association January 2013- May 2017

Texas Academy of Science August 2010- May- 2011

San Antonio Youth Literacy Mentor January 2014- June 2015

**VOLUNTEER WORK**

Skin Prevention PUP Study Volunteer- Methodist Hospital July, 2018; July 2019

Health Fair Coordinator & Volunteer –Corpus Christi TX , Robstown TX, San Diego TX August 2016 -May 2017 Student Nurse Association Program- Mentor August 2016- December 2016

San Antonio Youth Literacy Mentor January 2014- June 2015