7663 4th Terrace, Lake Worth, FL 33463 (773) 859-3187

Objective

The continuation of my career in an OB/GYN environment.

Experience

Bethesda Health 2011 – 2021 2815 S. Seacrest Blvd Boynton Beach, FL 33435 (561) 737-7733

Labor & Delivery Title: Registered Nurse, Level III Director: Victoria Urman

- Admit and prepare pre-op patients for natural and surgical deliveries.
- Administer medications (including Magnesium Sulfate, Brethine, Betamethasone, Pitocin, insulin, Cervidil, and Cytotec).
- Provide assistance with vacuum extraction deliveries.
- Assist with fetal monitoring (EFM, IFM, AND IUPC), IV's, blood transfusions.
- Perform vaginal exams.
- Pre-op / post-op teaching and prep of surgical patients for Cesarean section.
- Care of the immediate post-op patient to recover with epidural, spinal or general anesthesia.
- Includes care for the mother and infant with full-term and high- risk deliveries. (Pre-eclampsia, gestational diabetes, hyperemesis gravidarum, substance abuse, LGA, IUGR.)
- Use of the following pain management: PCA pump, IV push medications, i.e., Dilaudid, Morphine Sulfate, etc.
- Liaison with Ambulatory Unit for endorsement of IUFD patients to medical units and/or intensive care units and bereavement support for IUFD patients.
- Prepare the birthing suite, monitor and assist laboring patients.
- Anti-Partem care, prolonged fetal monitoring, and Triage patients.
- Follow the patient post-operatively with vital signs and instructions for discharge.
- Responsibilities also include rotations as Charge Nurse; and patient education including selfcare of the mother, infant care of the newborn, breastfeeding.
- Preceptor for newly hired RN's in the Labor and Delivery unit.

Other duties include:

- CPR and NRP Instructor
- NRP (Neo-Natal Resuscitation Provider) Coordinator
- Philips IntelliSpace Perinatal

University of Chicago 1999 – 2011 5841 S. Maryland Chicago, Il 60637 (773) 702-6638

Woman's Care Center - Labor & Delivery Title: Registered Nurse Director: Constance Shay-Hadley

- Primary nurse in the Labor and Delivery Unit.
- Admit and prepare pre-op patients for natural and surgical deliveries.

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- Administer medications (including Magnesium Sulfate, Brethine, Betamethasone, Pitocin, and insulin).
- Provide assistance with low forceps and vacuum extraction deliveries.
- Assist with fetal monitoring (EFM, IFM, AND IUPC), IV's, blood transfusions.
- Pre-op / post-op teaching and prep of surgical patients for Cesarean Section, tubal ligation, cerclage, and D&C.
- Care of the immediate post-op patient to recover with epidural, spinal or general anesthesia.
- Includes care for the mother and infant with full-term and high- risk deliveries. (Pre-eclampsia, gestational diabetes, hyperemesis gravidarum, substance abuse, LGA, IUGR.)
- Use of the following pain management: PCA pump, IV push medications, i.e., Dilaudid, Morphine Sulfate, etc.
- Liaison with Ambulatory Unit for endorsement of IUFD patients to medical units and/or intensive care units.
- Prepare the birthing suite, monitor patients, and provide excellent bedside service.
- Follow the patient post-operatively with vital signs and instructions for discharge.
- Responsibilities also include rotations as Charge Nurse; and patient education including selfcare of the mother, infant care of the newborn, bath and diapering, safety, breastfeeding, umbilical cord care, and circumcision care.
- Care of the patient (bereavement support) in cases of fetal demise.
- Preceptor for newly hired RN's in the Labor and Delivery unit.

Other duties include:

- Assistant Nurse Educator CPR, NRP
- CPR Instructor
- NRP (Neo-Natal Resuscitation Provider) Coordinator
- Medical Student Scrub Instructor
- Perinatal Special Care Unit
- Maternal Transport Nurse
- oBIX and Epic computer charting systems

Provena Saint Joseph Medical Center. 1996 – 1999 333 N. Madison St. Joliet, IL 60435 (815) 725-7133

Labor Delivery Recovery Post Partum Manager: Jill Weitendorf

- Primary nurse in LDRP.
- Admit and prepare pre-op patients for natural and surgical deliveries.
- Administer medications (including Magnesium Sulfate, Brethine, Betamethasone, Pitocin, and insulin).
- Provide assistance with low forceps and vacuum extraction deliveries.
- Assist with fetal monitoring (EFM, IFM, AND IUPC), IV's, blood transfusions.
- Pre-op / post-op teaching and prep of surgical patients for Cesarean Section.
- Care of the immediate post-op patient to recover with epidural, spinal or general anesthesia.
- Includes care for the mother and infant with full-term and high- risk deliveries. (Pre-eclampsia, gestational diabetes, hyperemesis gravidarum, substance abuse, LGA, IUGR.)
- Use of the following pain management: PCA pump, IV push medications, i.e., Dilaudid, Morphine Sulfate, etc.
- Prepare the birthing suite, monitor patients, and provide excellent bedside service.

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- Follow the patient post-operatively with vital signs and instructions for discharge, Recovery Room.
- Provide care for the well newborns, draw PKU's.
- Rotation to the Post-Partum Mother-Baby unit (patient education including self-care of the mother, infant care of the newborn, bath and diapering, safety, breastfeeding, umbilical cord care, and circumcision care).
- Care of the patient (bereavement support) in cases of fetal demise.

Other duties include:

- oBix and Meditech computer charting systems
- CPR Instructor

Mercy Medical Center 1996 – 1999 2525 South Michigan Ave Chicago, IL 6060 (312) 567-2441

Labor Delivery Floor Nurse Manager: Cathy Fox

Primary nurse in the Labor and Delivery Unit.

- Admit and prepare pre-op patients for natural and surgical deliveries.
- Administer medications (including Magnesium Sulfate, Brethine, Betamethasone, Pitocin, and insulin).
- Provide assistance with low forceps and vacuum extraction deliveries.
- Assist with fetal monitoring (EFM, IFM, AND IUPC), IV's, blood transfusions.
- Pre-op / post-op teaching and prep of surgical patients for Cesarean Section, tubal ligation, cerclage, and D&C.
- Care of the immediate post-op patient to recover with epidural, spinal or general anesthesia.
- Includes care for the mother and infant with full-term and high- risk deliveries. (Pre-eclampsia, gestational diabetes, hyperemesis gravidarum, substance abuse, LGA, IUGR.)
- Use of the following pain management: PCA pump, IV push medications, i.e., Dilaudid, Morphine Sulfate, etc.
- Liaison with Ambulatory Unit for endorsement of IUFD patients to medical units and/or intensive care units.
- Prepare the birthing suite, monitor patients, and provide excellent bedside service.
- Follow the patient post-operatively with vital signs and instructions for discharge.
- Responsibilities also include rotations as Charge Nurse; and patient education including selfcare of the mother, infant care of the newborn, bath and diapering, safety, breastfeeding, umbilical cord care, and circumcision care.
- Care of the patient (bereavement support) in cases of fetal demise.

Education

Saint Xavier University 1996 Bachelor of Science - Nursing 3700 W. 103rd Chicago, Il 60655 (773) 298-3000

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Columbia College 1990 Masters of Arts – Dance Therapy 600 S. Michigan Ave Chicago, Il 60655 (312) 369-7130

Barat College 1984 Bachelor of Arts - Psychology 700 e. Westleigh Rd. Lake Forest, IL 60045 (847) 234-3000

Licenses & Certifications

- NCLEX License no. 041-295935
- CPR Instructor
- NRP Neonatal Resuscitation Instructor
- ACLS

Interests & Activities

- March of Dimes
- The Breast Cancer Network of Strength (formerly Y-Me)