Kova Thicklin

Nashville, TN 37207 kthicklin1124@gmail.com +1 615 496 7399

Compassionate Registered Nurse with more than 20 consecutive years of medical-surgical nursing experience. Loyal and collaborative team player skilled in providing exceptional care to diverse patient populations with a passion for medical-surgery and telemetry.

Work Experience

RN, Medical- Surgical, Telemetry, COVID-19 (Travel)

Cross Country Nurses January 2021 to Present

Responsibilities: Provide safe, efficient, compassionate care of COVID-19 patients experiencing respiratory, cardiac, neurological and/or other symptoms.

Monitoring vital signs, maintaining respiratory care, including ventilator support; administer prescribed medications and treatments, explain test results and procedures to patients and families, provide psychosocial support, maintain human connection, facilitate video conferencing with family and friends.

RN, Medical-Surgical, Telemetry, PCU, PACU (Local / Travel)

Favorite Healthcare Staffing October 2008 to Present

Responsibilities: Traveled to various hospitals and surgery centers to fill open shifts on an as-needed basis. Additionally, filled short term contract needs as they became available which included the following duties: performing adult assessments utilizing EMR charting systems, administering oral and/or IV medications, telemetry monitoring, and other medical surgical duties and responsibilities as assigned.

RN, PACU, Medical-Surgical Float

Ascension St. Thomas Hospital for Specialty October 2019 to December 2020

Responsibilities: Managed the care of patients with varied and complex needs across the continuum including pre/post-operatively care to the medical-surgical acute care unit. Monitoring to ensure hemodynamic stability by utilizing frequent vitals, beside-telemetry, management of post-operative pain with oral and IV medications, neurovascular and surgical site monitoring, management of drains, monitor intake and output, blood administration, provide patient and family education.

RN, Post-Trauma, Post-ICU

Select Specialty Hospital October 2018 to January 2020

Responsibilities: Provided medical care to critically ill patients transitioning from intensive care units with multiple complex medical conditions. Duties included: managing the care of patients requiring ventilator support, chest tube care, administering oral and/or IV medications including inotropic and vasoactive drips, performed non-invasive ECG and blood pressure monitoring through telemetry, care of large open

wounds with and without wound vacs. Also completed tasks including: insertion and care of IV catheters, urinary catheters, Daubhoff tubes and NG tubes, and other duties as assigned.

RN, Neuro/Trauma Medical-Surgical, Telemetry

Skyline Medical Center

August 2016 to December 2018

Responsibilities: Provides care to medical surgical patients with emphasis on neurological and traumatic orthopedic events. Duties include the monitoring of patients requiring telemetry; providing pre- and post-surgical care to the orthopedic patient population. Administer peritoneal dialysis as needed, administer IV and oral medications; served as a student nurse preceptor and new graduate mentor. Provide education and support to patients and families coping with newly diagnosed and chronic conditions.

Clinical Instructor, Medical-Surgical

Fortis Institute

August 2014 to September 2016

Responsibilities: Provide clinical instruction to pre-licensure nursing students in approved health care settings, adhering to the policies of the clinical setting and the college. Assisted the student to develop an understanding of values, attitudes and ideals appropriate to the nursing profession. Responsible for student instruction in clinical settings, skill and simulation labs.

RN, Dialysis

Dialysis Clinic Inc (DCI) October 2015 to April 2016

Responsibilities: Provided hemodialysis treatments for patients in the chronic stages of renal failure. Monitored and evaluated patient responses to treatments and applied appropriate adjustments as per protocol or per physician orders.

Performed all technical aspects of dialysis procedures to include the set up the dialysis machine to prepare for the patient's treatment to trouble shooting problems with the equipment ending with the breakdown and cleaning of the dialysis equipment.

RN, Icu

Hendersonville Medical Center January 2015 to October 2015

Responsibilities: Served as primary provider of nursing care the acutely and chronically ill patients requiring ICU monitoring and care. Administered and titrated all medications, blood products and vasoactive medications. Participated in and directed massive resuscitation efforts. Partook in family meetings, educational in-services and clinical conferences.

RN, Medical-Surgical, Telemetry

Sutter Solano Medical Center October 2010 to June 2014

Responsibilities: Provided care of the complex cardiac and neurotrauma patient requiring telemetry monitoring. acutely and chronically patients with requiring telemetry monitoring and treatment of stroke patients. Monitored cardiac rhythms and initiated intravenous medications drips, conducted frequent assessments, implemented ongoing orders and participate in patient rounding to facilitate congruent care and patient advocacy. Accountable for verifying discharge instructions compliance of Heart Failure, post MI and Stroke patient with Joint

Commission and Center for Medicare & Medicaid Services Core Measures.

RN, Medical-Surgical Telemetry

Alta Bates Summit Medical Center January 2009 to June 2014

Responsibilities: Provides care for patients with acute illnesses including acute congestive heart failure, acute myocardial infarctions, cerebral vascular accidents, and acute and chronic respiratory failure. Extensive care of ventilated patients. Promotes health and support to patient and families in coping with illness. Frequently floats to all medical surgical units, surgical units and other cardiac step-down units.

RN, Medical-Surgical (Travel)

Advanced Clinical Employment Staffing March 2008 to December 2008

Responsibilities: Provides care for patients with acute illnesses including acute congestive heart failure, acute myocardial infarctions, cerebral vascular accidents, and acute and chronic respiratory failure. Extensive care of ventilated patients. Promotes health and support to patient and families in coping with illness. Frequently floats to all medical surgical units, surgical units and other cardiac step-down units.

RN, Medical-Surgical Float

Vanderbilt University Medical Center April 2002 to June 2008

Responsibilities: Delivered a complete range of RN services and expertise using a multidisciplinary approach to various patient populations. Accurately obtained and documented patient histories and medication lists, assessed individual conditions and needs, and made department referrals for acute and chronically ill patients.

Prepared equipment and supplies and assisted physicians during patient examinations and treatments. Assisted facilitating departments in administering trial medications to participating in various drug trials. Floated daily to all cardiac step-down units, frequently performed leech therapy; pre-operative holding areas; renal/orthopedic medical surgical; cardiothoracic stepdown; surgical stepdown units performing all bedside nursing care specific to those units; assisted facilitating departments by administering various drug trials to participating patients.

RN, Medical-Surgical, Telemetry

Centennial Medical Center March 2007 to March 2008

Responsibilities: Provided patient care to an acute hybrid population to include cardiac coronary artery bypass revascularizations, post cardiac catherization, congestive heart failure, respiratory and general medical surgical patients.

Utilized Meditech automated charting system for patient charting, care plan developing, focus notes, and patient and client and family teaching. Performed noninvasive ECG and blood pressure monitoring through telemetry. Determined patient needs and available resources and provided input to case managers for complex medical cases and completed bedside duties as assigned.

RN, ICU, PCU Float Pool

Baptist Hospital

March 2004 to August 2005

Responsibilities: Floated to all intensive care units to provide care for patients with acute illnesses such as acute respiratory failure requiring intubation, acute myocardial infarction, unstable angina, drug overdose, and coronary artery by-pass graft revascularizations. Skilled in Hewlett Packard and general

electric bedside telemetry monitoring, 12 lead EKG, and various mechanical ventilators. Administered IV medications, managed chest tubes, blood administration, glucose testing, and NG tube care. Performed sheath removal after cardiac catheterization. Worked with clinical pharmacists, dietitians, pulmonologists, nephrologists, cardiologists, general surgeons, and family MDs daily.

RN, Medical-Surgical, Telemetry

St. Thomas Hospital January 2001 to May 2002

Responsibilities: Provided patient care pre-operatively and post-operatively to vascular patients requiring surgeries such as carotid-endarterectomies, fem-pop bypasses, pacemaker insertions, and electrophysiology studies. Served as charge RN as needed. Monitored patients with non-invasive telemetry monitoring, performed enteral and parenteral feeding, inserted peripheral IV's as needed, managed central lines, blood glucose testing, ng tube care, ileostomy and colostomy care, iv medications and various other duties as assigned.

Education

Bachelor of Science in Nursing

Tennessee State University - Nashville, TN

Skills

- Nursing
- Tube Feeding

Certifications and Licenses

NIHSS Certification

BLS Certification

RN License

ACLS Certification

Compact State Nurse License