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| ***Chioma Ikedinobi*** |

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|  | ***Professional Summary***  Hardworking nursing professional bringing 14+ years of experience delivering exceptional care to trauma and medical-surgical patients. Knowledgeable about medications and procedures requirements and skilled at maximizing patient comfort and safety while meeting strict cost control standards.  Seasoned nursing professional offering proven clinical knowledge, natural interpersonal strengths and technical abilities. Knowledgeable about EMR charting, medication administration and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused, team spirit and efficiency-driven personality.  ***Work History***  **Carilion Roanoke, Memorial Hospital (Level 1 Trauma Hospital) Medical Surgical Unit and Orthopeadic Unit**  *May, 2019 - to date*   * Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion * Administered direct paCtient care, briefing patients on pre and post operative surgical care especially joint replacements, improve patient life style, reviews post-surgicalpatient needs. * Foley catheter placement and care * IV insertion and therapy. * Care of patients with NGT and dobb hoff placement * Colostomy, Ileostomy and nephrostomy nursing care management. * Encouraging early ambulation post operatively, monitoring neurovascular changes on patient with orthopeadic surgeries and nsuring patient personal hygiene is maintained. * Provide adequate and effective communication with patients, their relatives and other muiltidisciplinary team mmbers. * Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity * Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence * Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability * Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans * Collaborated with interdisciplinary healthcare personnel to meet patients' personal, physical, psychological and cognitive needs * Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management * Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management * Implemented interventions, including medication and IV administration, catheter insertion and airway management * Gathered lab specimens, ordered testing and interpreted results to diagnose patients * Collected blood, tissue and other laboratory specimens and prepared for lab testing * Managed care from admission to discharge, including patient assessments, care planning, health educations and discharging support to provide comprehensive care to over 12 patients daily * Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities * Managed care for post-operative patients from initial recovery through discharge * Delivered medications via oral, IV and intramuscular injections, monitoring responses to address new concerns * Minimized hospital stays with recovery-centered approaches, reducing in-patient stay length 50% on average   **Carilion Roanoke, Memorial Hospital ( In-patient Adult Psychiatric Unit) From November 2020 to Present (charge nurse role)**   * Works as part of team of professionals to support people with issues ranging from anxiety, anxiety, depression, personality and eating disorders. * Encouraging patient to take part in therapeutic activities such as art and role play. * Conduct risk assessment on patient with suicidal Ideations * Assist patient in managing and coping with their emotions effectively. * Assessing and planning individualized care plans per patient need. * Combating stigma and helping patient and their family members manage stigmatization.   National Orthopedic Hospital, Igbobi. - Registered Nurse  Lagos, Nigeria  ***10/2014 - 01/2019***   * Equipped patients with tools and knowledge needed for speedy and sustained recovery * Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity., * Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans * Delivered high level of quality care to diverse populations while overseeing patient admission and triaging based on acuity and appropriate department admission * Sustained quality standards by performing routine medication audits and upholding internal and industry best practices * Performed triage on all incoming patients and determined severity of injuries and illnesses * Managed care for post-operative patients from initial recovery through discharge * Minimized hospital stays with recovery-centered approaches, reducing in-patient stay length 50% on average. * Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity * Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability * Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans * Equipped patients with tools and knowledge needed for speedy and sustained recovery   **Medical-Surgical Nurse at Niger Foundation Hospital Enugu Nigeria (2008- 2014)**  Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion   * Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities * Observed and reported patient condition, progress and medication side effects to accurately document updates * Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management * Performed triage on all incoming patients and determined severity of injuries and illnesses * Provided complete care to home health patients, including physical assessments, medication and chronic disease management * Prepared patients for surgery, educating patients and family members on surgical procedures such as amputations and open reduction and internal fixations * Minimized hospital stays with recovery-centered approaches, reducing in-patient stay length 50% on average   ***Hobbies***  Hobbies include cooking, outdoor activities, visiting new places, getting to meet new people and trying new things. | |  |  | chukwuzaram@yahoo.com (325)3019857 3317 Circle Brooke Drive, Apartment J,323 Husson Avenue. Apt .2, 04401, Bangor, Maine Roanoke, Virginia. 24018  ***Skills***   * Intravenous therapy * Preventative health * Patient counseling * Medication distribution * Physical assessments * Medication Administration * EMR / EHR * Foley catheters * Insulin medication assistance * IV setup   ***Education***  2019 to 2020  Grand Canyon University  Phoenix, AZ  Bachelor of Science: Nursing  2008 to 2010 ( Diploma in Nursing: Registered Midwife)  **School of Miwifery, Mater Misericodiea Hospital, Ebonyi**  2004 to 2007(Associate Nursing)  School Of Nursing, Our Lady of Lourdes Hospital, Ihiala, Anambra State, Nigeria.  Professional Membership  Member Sigma Theta Tau Nursing Organization.  Licensures and Certifications   * RN ( Virginia (multi state licence). Expires 03/31/23 * ACLS ; expires January 2023 * BLS; expires December, 2022 * CPI; expires June , 2022 | |  |
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