

## Highlights

\*\*\* Seeking to Relocate\*\*\*

- ★ Experienced LDRP Nurse
- ★ Experienced WIC Breastfeeding Peer Counselor
- ★ Experienced Med/Surg nurse- 11+ years
- ★ Experienced ASU Nurse- pre/intra/pacu
- ★ OB Clinical Millard Fillmore Gates 2010

NYS Registered Professional Nurse- License #643631-1 renewal 4/30/2023

BLS & AED for professional healthcare worker- renewal 04/2023

ACLS- renewal 09/2022

NRP- renewal 11/2022

S.T.A.B.L.E: renewal 04/2024

WNY-Infection Control and Prevention for Clinicians- renewal 12/2023

EFM- 7/2021

Intermittent EFM- 9/2021

**SKILLS:** Assess cervical dilation, Assess labor status, Obtain vaginal/cervical cultures, Application of external ECG/TOCO EFM, ECG Interpretation of external/internal ECG, Assisting with insertion of IUPC, Conducting NST, IV insertion & blood draws, Pitocin Titration for induction/augmentation, Assist with epidural and management, Assist/monitor amnioinfusion, Assist with vacuum delivery, Assist with forceps delivery, Assist with vaginal delivery, Circulate for cesarean section delivery, Emergency cesarean section set up, Assist with twin deliveries, Assist with breech, Management of D&C, Management of fetal demise/stillborn Adoption procedures, Management of diabetic mother, PIH, Pre-eclamptic, Preterm labor, Prolapsed cord, Abruptio, Placenta previa, Retained placenta, Herpes, Uterine prolapse, Hemorrhage, Shoulder dystocia, DIC, Episiotomy, Delivery table set-up, Medications: Magnesium Pitocin Terbutaline Antibiotics Narcotics Hemabate Methergine Narcan Insulin Heparin, Obtain cord blood gas, Postpartum care, Nipple care, Episiotomy care, Postpartum hemorrhage, Care of newborn, Breastfeeding, PKU Testing, Stabilize/admit to nursery, Heel sticks/dorsal sticks, Blood glucose monitoring, Phototherapy, Set up/care of newborn receiving phototherapy, Set up/assist with circumcision, Discharge of mother/baby

## Education

**Roberts Wesleyan College – RN to BSN** 2020

Roberts Wesleyan College

Sigma Theta Tau International Honor Society of Nursing

**Erie Community College – Registered Professional Nurse- ASN** 2010

Erie Community College

Sigma Theta Tau International Honor Society of Nursing

## Experience

**Registered Nurse – Kaleida Health Millard Fillmore Surburan Hospital, *Williamsville, NY*** 08/2021 – Present

- Plan, measure, assess and manage labor & delivery and plan of care
- Level II Maternity Care- 3,420+ births per year (285+ babies per month); 6 OB Triage rooms, 9 labor rooms, 3 OB ORs, 9 PACU beds, 24 MBU beds w/13 overflow MBU/GYN beds & 10 bed Level II NICU
- Circulate- pre-, intra-, and post-operative care to patients undergoing cesarean section
- Operate, interpret and document EFM & toco data and make appropriate interventions
- Administer appropriate medications and procedural treatments ie. IV starts, foleys etc to laboring patient
- Manage high risk obstetrical conditions: postpartum hemorrhage, preeclampsia, shoulder dystocia, preterm labor, fetal demise, gestational diabetes etc.

- Perform vaginal exams and identifies: a) dilatation, b) station, c) effacement
- Assist physician during delivery, treatment, examination and medical/surgical interventions and procedures on unit
- Manage patient's pain including epidural for patient controlled analgesia administration/management
- Takes active role in unit-based performance improvement
- Provide newborn delivery/recovery

**Registered Nurse (Labor & Delivery, LDRP) – Niagara Falls Memorial Medical Center,** 09/2020 – Present  
*Niagara Falls, NY*

- Plan, measure, assess and implement labor & delivery plan of care- admission to discharge covering LDRP, Triage, O.R., Recovery room & Newborn Nursery guided by hospital policy and standards of care
- Operate and interpret EFM data and make appropriate interventions
- Administer appropriate medications to laboring patient
- Manage high risk obstetrical conditions: postpartum hemorrhage, preeclampsia, shoulder dystocia, preterm labor, fetal demise, gestational diabetes etc.
- Perform vaginal exams and identifies: a) dilatation, b) station, c) effacement
- Assist physician during delivery, treatment, examination and medical/surgical interventions and procedures
- Manage patient's pain including epidural for patient controlled analgesia administration/management
- Takes active role in unit-based performance improvement
- Provide newborn recovery and newborn care until discharge

**Registered Nurse (Med/Surg, Cardiac/Telemetry, Hospice/LTC, Float) – VA Hospital,** 05/2010 – 01/2021  
*Buffalo, NY & Batavia, NY*

Key Accomplishments:

- Charge nurse/team leader
- Collaborate with care team members on plan of cares, incorporating consistent use of SBAR communication
- Assess, diagnose, plan, implement and evaluate patient care to achieve patient goals and to optimize patient outcome
- Conduct blood draws, IV starts and manage IV's, PICC's, central lines and mediports
- Maintain postoperative surgical drains/drsgs; jp drains, hemovacs, primrose drains, chest tubes, wound vacs etc
- Perform and monitor EKG's and telemetry units
- Administer prescribed medications, including immunization vaccinations
- Conduct health maintenance and risk management identification planning
- Provide comprehensive patient education and discharge planning
- Advocate and provide emotional support to patients and their families

**Peri-operative/PACU Registered Nurse – ASC of Niagara & Eye Health Associates,** 08/2016 – 01/2021  
*Niagara Falls, NY & Williamsville, NY*

Key Accomplishments:

- Solid experience in ASU setting and sterile environments
- Perform solid nursing assessments & triage, start IV's and administer medications as ordered
- Circulate OR
- Provide PACU care; monitoring airway, vitals and pain level
- Respond promptly to adverse indications and distress, stabilize patients and prevent emergent conditions
- Function as charge nurse and effectively delegate patient care to ancillary personnel
- Precept new hires

**School Nurse – North Tonawanda City School District, North Tonawanda, NY** 08/2018 – 09/2020

Key Accomplishment

- Independent frontline medical care coordinator, medical care manager and emergency healthcare provider
- Develops and oversees student nursing care plans, emergency care plans, medical 504 plans and IEP nursing services
- Provides daily health teaching and education on health maintenance, disease prevention and disease management
- Assists in development of written policies, procedures and nursing services protocol
- Organize and maintain student CHR, student assessments, mandated screenings and student encounters using computerized charting ensuring FERPA & HIPAA compliance
- Liaison between parent, medical provider, school staff and school administration

- Monitor NYSIIS immunization compliance, completes annual data reporting
- Maintain/orders medical stock and emergency medical equipment
- Administer medications and medical treatments per medical provider order
- Inspect building and grounds and reports on general safety and sanitary conditions
- Monitor student attendance
- Conduct mandated health screenings

**Camp Nurse** – Christian Heights & Camp Hickory Hill, *Little Valley, NY & Java, NY*

07/2011 – 08/2019

Summer camp overnight nurse for appx 75-125 campers on a weekly basis aged 5 thru 16.

Key Accomplishments:

- Supervise and maintain the health room infirmary, periodically inspect campground, playground and dining/mess hall areas and reports on general safety and sanitary condition
- Review medical records and immunizations of campers and ensure required documentation is in campers medical record required by local and state law
- Conduct physical assessments upon campers arrival to camp including lice inspection
- Screen children for rhinitis, sinusitis, pharyngitis, headache, dehydration, conjunctivitis, etc. and isolate children with signs of infectious diseases
- Provide routine nursing care and speciality care including diabetic checks, blood sugar monitoring, ostomy management, seizure management, allergy management and evaluate and treat camper's minor injuries and illnesses
- Triage and identify health issues that are serious enough to require a physician's attention
- Administer approved camper prescription medications according to physician orders
- Maintain medical and medication logs for all campers and camper encounters
- Obtain first aid supplies, secure them and control their outflow
- Respond quickly and effectively to all emergency situations
- Ensure to give supportive health advice and motivational health related education to campers, counselors and camp staff

**Clinical Nurse Manager** – Dr Billy Carstens, *Buffalo, NY*

07/2015 – 10/2016

Key Accomplishments:

- Maintain clinical expertise by providing direct patient care, acting as a charge nurse and serving as clinical resource
- Assist in clinical procedures; including trigger point injections, osteopathic manipulation therapy and spinal cord stimulator trial removals
- Assists in maintaining departmental budget parameters by monitoring charges and supply usage of the units
- Collaborates with other nursing and hospital leaders to promote professional development of nursing staff
- Demonstrates an awareness of and adheres to compliance regulations
- Facilitates smooth operations among the multi-disciplinary team through networking and relationship building
- Monitoring the quality of nursing care delivered by reviewing documentation, meeting with patients and/or families, and investigating all practice concerns
- Providing and overseeing nursing care, orientate new hires
- Responsible for aggressively addressing and acting on adverse events and action thresholds

**Perioperative Nurse** – WNY Medical Management LLC, *Buffalo, NY*

01/2016 – 10/2016

Preoperative, Intraoperative and Postoperative ambulatory surgical center

Key Accomplishments:

- Provide nursing care throughout the entire surgical process, identifying high risk patients to prioritize care needs
- Develop, implement and manage individual nursing care plans in conjunction with physician's diagnosis and orders
- Administer prescribed medications, apply dressings, monitor vital signs
- Assist physician during procedures; nerve blocks, RFA's and spinal cord stimulator trials
- Document and monitor patient condition and progress both before, during and after procedures
- Collaborate with physician, radiology staff and nursing staff to provide the best quality care
- Educate patients and family on post operative care immediately following procedures and for once patient is home
- Schedule follow-up appointments for patients in accordance to physician availability
- Creates and maintains accurate, detailed reports and records
- Demonstrates a thorough knowledge of and complies with all policies and procedures related to the performance of job duties

## Skill Highlights

- ★ Strong knowledge base of nursing process, practice, procedures, protocols and infection control
- ★ Skilled assessment and triage
- ★ Known patient advocate, cultural sensitivity and ability to build rapport with patients and families
- ★ Large base understanding of human changes in mood and behavior
- ★ Highly motivated self-starter
- ★ Exceptional listener and communicator, conveys and teaches information well verbally and in writing
- ★ Great team player understands importance and thrives in environments requiring ability to effectively prioritize and juggle multiple concurrent assignments
- ★ Enthusiastic and eager to learn and meet challenges and quickly assimilate new concepts
- ★ Engages in self-assessment and participates in activities to promote own professional growth and development
- ★ Willing to travel