

Jaime Bower

Experienced RN-BSN

Roland, IA

-Email me on Indeed: <http://www.indeed.com/r/jaime-Bower/1af37ac75a6ba1f7>

Dedicated RN who has experience with diverse patient populations including pediatric, geriatric, skilled nursing patients ranging in age from 30+, and hospice/end-of-life patients, now looking to further her nursing skills in a patient-oriented, staff friendly environment.

Authorized to work in the US for any employer

Work Experience

RN Charge Nurse- LTC/SNF

Green Hills - Ames, IA

November 2016 to Present

Highlights of Contributions:

- Manage the overnight operations of a LTC/SNF/Memory care facility within a continuing care community which includes providing emergency and acute care aid to independent residents within the community
- Direct supervision of staff including LPNs, Medication Aides, CNAs, and dietary staff
- Administration of medications per physician's orders
- Assessment of resident's conditions and documentation per facility protocol
- Entering physician's orders timely and accurately
- Reviewing new admission orders and paperwork for accurateness
- Completing lab orders and preparing lab draws for the AM shift including the use of ICD 10 coding
- Responsible for monthly medication change over to include accuracy of all medication orders to decrease the possibility of potential medication errors
- Preparation of needed paperwork, forms and documents for the AM shift for a smooth transition between shifts
- Shift report to CNAs to transition care from off going to on coming staff
- Communicate with physicians in a timely manner regarding changes in resident condition including contacting on-call physicians as needed
- Prompt communication with interdisciplinary team members to facilitate coordination of care for residents as appropriate
- Completion of monthly scheduling for overnight nurses

RCC/Nurse Manager- Long Term Care Facility

Bishop Drumm Retirement Center - Johnston, IA

September 2015 to September 2016

Highlights of Contributions:

- Manage the day-to-day operations of a 24 bed skilled/rehabilitation unit
- Collaborate with multidisciplinary team members, working closely with physicians, nurses, technicians and therapists to formulate, implement and modify individual care plans
- Collaborated with administration and the Director of Nursing on implementing new policies and procedures related to resident care and staff training for the SNF population
- Involvement in DIA investigations and annual survey procedures for the facility

- Assist in staff development, orientation of new employees and disciplinary process as needed
- Direct supervision of floor staff- CNAs, nurses and therapist- in the delivery of patient care
- Conduct weekly and monthly audits of unit specific tasks and documentation
- Involvement in monthly QAPI and weekly Medicare and Skin/Weight/Fall meetings
- Handled new admissions to the unit included completion of facility and state appropriate assessments and forms
- Arranged and completed discharge orders, teaching, and arranged for post discharge care to include needed follow-up doctor's appointments, therapy, medications, and DME equipment
- Involvement with new hire process for floor staff including orientation and employment reviews
- Involvement in staff education and disciplinary issues
- Took on-call rotation and assisted with scheduling staff

Charge Nurse- Long Term Care Facility

Winslow House Care Center - Marion, IA

February 2013 to August 2015

Highlights of Contributions:

- Collaborated with multidisciplinary team members, working closely with physicians, nurses, technicians and therapists to formulate, implement and modify individual care plans
- Medication administration to all residents of this 50 bed facility per physician's orders
- Completed all prescribed treatments on residents as order by physicians
- Completed skilled nursing assessments and documentation on residents as warranted
- Provided prompt communication to physicians as changes in resident health conditions warrant
- Communicated with patient families regarding patient change of condition and treatment/medication changes
- Received new orders from physicians; responsible for implementing these orders correctly, following facility protocols
- Completed extensive resident documentation using Point of Care computer program
- Directly supervised LPN and CNA staff in provide exceptional patient care
- Collaborated with doctors, therapist and the Director of Nursing to direct appropriate patient care

Registered Nurse- Skilled Nursing Facility

Solon Retirement Village - Solon, IA

July 2012 to February 2013

Performed a comprehensive range of clinical functions in this 13 bed skilled care facility.

Highlights of Contributions:

- Provided patient care in this facility since it first accepted residents in August 2012
- Worked closely with management and fellow co-works to make sure the unit had the tools and equipment to function at the optimal level for patient care
- Provided on going assessment of resident conditions including vitals, skin checks including Braden assessment completion per facility policy, fall risk assessments, and wound assessments
- Administered medications per physician orders
- Provided assistance with nightly ADL tasks; helped residents with toileting and other tasks throughout the night
- Provided wound care as ordered including the use of Wound Vacs and other specialty wound care supplies.
- Administered medications, antibiotics, and fluids via PICC lines; had the ability to assess PICC lines for proper functioning, usage, and provide sterile PICC line dressing changes.

- Enteral nutrition administration via different routes including G-tube, PEG-tube, and Dob Hoff, using both gravity and pumps.
- Documented patient assessments and progress notes using the Matrix computer program.
- Monitored for changes in condition and notified the physicians and families per policy; contacted doctors as resident health warranted to notify of change in condition or to obtain new orders as needed.

Registered Nurse

Pediatric Private Duty
April 2012 to July 2012

ResCare Homecare, Cedar Rapids, IA

Provided in-home overnight care to a pediatric patient requiring 24 nursing care due to a hypoxic brain injury.

Highlights of Contributions:

- Provided continuous trach and g-tube monitoring including clean suction technique as needed, as well as providing pump driven enteral feeding
- Continuous monitoring and evaluation of oxygen saturation levels and pulse rate via sensor for changes indicating need for nursing interventions
- Helped with all nightly ADL tasks-- brief changes; position changes to prevent skin breakdown; oral care; bathing; dressing
- Required the ability to work independently without direct supervision of tasks
- Required excellent assessment and superb critical thinking skills in order to recognize and respond to changes in health status promptly
- Proven documentation and charting abilities for working in a private home without supervision

Registered Nurse

Long Term Care & Skilled Nursing Care
November 2010 to April 2012

Iowa City Rehabilitation Center, Iowa City, IA

Performed a comprehensive range of clinical functions in an 85-bed long term care/skilled nursing facility. Assessed patient's health status and conditions, administered medications, maintained patient charts and responded to medical emergencies.

Education

Bachelor of Science in Nursing in Nursing

Mount Mercy University - Cedar Rapids, IA
August 2013

Associates of Applied Science in clinical

Kirkwood Community College - Cedar Rapids, IA
August 2010

Nursing Licenses

RN

Expires: April 2022

State: IA

Skills

- Nurse Management
- Nursing
- Medication Administration
- Hospice Care
- ICD-10
- Memory Care
- Vital Signs
- EMR Systems
- Management
- Home care
- Dementia Care
- Supervising Experience
- Caregiving

Certifications and Licenses

BLS for Healthcare Providers

January 2021 to January 2023

Mandated Reporter Training

AED Certification

CPR Certification

BLS Certification

Compact State Nurse License