# Jessica Cappiello

Tripoli, IA -Email me on Indeed: <u>http://www.indeed.com/r/Jessica-Cappiello/0e1cef609a1b418b</u>

Enthusiastic RN with 20+ years experience in healthcare from hospital settings, dialysis, LTC and post acute care. I have worked as a CNA, LPN, RN, ADON, DON, Wound Nurse and Infection Preventionist. I love educating others and learning/implanting all the changes that occur that come with being in such a fast passed/changing field.

Work Experience

## **RN Staff Nurse**

Community Memorial Hospital - New Hampton, IA February 2022 to Present

Assessments. Medication administration. I've imitation/assessment. Physician and family communication

## ADON/DON

New Hampton Nursing and Rehabilitation - New Hampton, IA February 2022 to October 2022

Physician rounds. Staff schedule for nursing. Oversee daily task of nursing staff. Education of changing policy's and procedures to staff.

#### **RN/ADON**

RAVEWOOD SPECIALTY CARE October 2015 to October 2022

Travel to other facilities to audit charts and documentation to ensure all aspetcs covered such as physician order, notifications, family follow up, follow through ect. are completed in the time frame that they need be. Typing up a report of findings and submitting such findings for review and follow up. Teach the TNA program 2-4x per week on site at my facility.

Direct, evaluate and supervise all resident care and initiate corrective action.

Make daily resident rounds and report status of nursing care to the Director of Nursing and Administrator Participate in review of Quality indicator reports and implementation of corrective actions to improve resident care

Assist with analysis of incident investigation reports to determine cause(s) and implement corrective action(s), when appropriate

Review resident's admitted and compare physician orders with each resident's plan of care appropriate to implement of physician's plan care

Supervise the infection Control Program by reviewing infection control reports from charge nurses, analyzing data and presenting to Infection Control Committee with a request for recommendations. Participate in interdisciplinary team and rehabilitation conference meetings.

Assess resident equipment and supply needs, and make recommendations to the Director of Nursing. Communicate daily with nursing personnel at all levels, providing clear, concise information and feedback as well as specific assignments assist with staff meetings regularly for purposes of planning, coordinating and implementing nursing policies and procedures

Obtain continuing education as required to maintain licensure

Perform all duties assigned in an effective, timely and professional manner

Actively participate in QAA committee as required or requested.

Consistently work cooperatively with residents, residents' representatives, facility staff, physicians, consultants and ancillary service providers.

## RN

WAVERLY MUNICIAL HOSPITAL October 2014 to September 2015

Monitor, record, and report symptoms or changes in patients' conditions.

Record patients' medical information and vital signs.

Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.

Monitor all aspects of patient care, including diet and physical activity.

Instruct individuals and family members on topics such as health education, disease prevention.

Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.

Oversee and manage clinical and support staff in patient care activities while maintaining a high level of staff moral and professionalism.

Administer prescribed medications as ordered

Monitor patient reactions to drugs and carefully document progress of individuals.

Gave and recorded Hepatitis vaccination series, Flu, pneumonia and TB shouts via appropriate route.

Delegate tasks appropriate to staff within scope of practice.

Follow infection control procedures

Monitor fluid intake/output and weight gains, taking recommended steps to maintain per physician and dietitian recommendations.

Care for post surgical patients.

Start and discontinue I.V.

Admit and discharge patients of all ages.

#### CEDAR VALLEY WAVERLY DIALYSIS DAVITA WAVERLY IOWA

#### RN

Monitor August 2013 to October 2013

record, and report symptoms or changes in patients' conditions. • Record patients' medical information and vital signs. • Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans. • Monitor all aspects of patient care, including diet and physical activity. • Instruct individuals and family members on topics such as health education, disease prevention. • Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions. • Chronic patient care in outpatient dialysis unit, adeptly handling all aspects of treatment from medications to monitoring for patients during shift. • Oversee and manage clinical and support staff in patient care activities while maintaining a high level of staff moral and professionalism. • Directed new hire LPN, RN and CCHT program. Led training for new and re-hire employees with and without dialysis experience.

Completed preceptor training in Brentwood Tn.
Train new staff on quality control procedures.
Teach patients annually of emergency disconnect protocol.
Perform lab tests and communicate results.
Administer prescribed medications as ordered ie. heparin, IDPN, antibiotics and others.
Monitor patient reactions to drugs and carefully document progress of individuals.
Gave and recorded Hepatitis

vaccination series, Flu, pneumonia and TB shots via appropriate route. • Delegate tasks appropriate to staff within scope of practice. • Follow infection control procedures • Monitor fluid intake/output and weight gains, taking recommended steps to maintain per physician and dietitian recommendations. • Perform CVC/AVF/AVG care, monitoring for s/sx of infection and or stenosis

## LPN

CEDAR VALLEY WAVERLY DIALYSIS DAVITA WAVERLY IOWA April 2008 to August 2013

• Administer prescribed medications or start intravenous fluids, noting times and amounts on patients' charts. • Observe patients, charting and reporting changes in patients' conditions, such as adverse reactions to medication or treatment, and taking any necessary action. • Measure and record patients' vital signs, such as height, weight, temperature, blood pressure, pulse, and respiration. • Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary. • Record food and fluid intake and output. • Supervise nurses' aides or assistants. • Make appointments, keep records, or perform other clerical duties in clinic. • Initiate and discontinue dialysis treatments. • Perform central venous line/AVF/AVG care and report any issues to the RN. • Administer IV heparin. Monitoring for and reporting and access bleeding.

## LPN

HCR MANOR CARE - Waterloo, IA July 2007 to April 2008

Completed Nurse Supervisory class • Assessment of long term and skilled patients • Performed Admissions and discharges • Oversaw CNA and delegated tasks within scope of practice • Worked one on one with the wound nurse assisting with wound care • Noted and followed through with physician orders • Contacted physician to update on patient status and clarify orders. • Gave medications as ordered completing narcotic count prior to and completion of shift • Worked with dietitian and physical/ occupational therapies to better optimize patient care/outcomes. • Foley catheter administration and discontinuation per physician orders

# **Reporting Changes to Medical or Nursing Staff**

CNA March 2005 to July 2007

#### March 2005 - July 2007

Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs. Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician. Change bed linens or make beds.

Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.

Collect specimens, such as urine, feces, or sputum.

Communicate with patients to ascertain feelings or need for assistance or social and emotional support. Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.

Feed patients or assist patients to eat or drink.

Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.

Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.

Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.

Prepare or serve food trays.

Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, foley catheter care, dressing, using the toilet, standing, walking, or exercising.

Record height or weight of patients.

Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

Restock patient rooms with personal hygiene items, such as towels, washcloths, soap, or toilet paper. Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.

Supply, collect, or empty bedpans.

Turn or reposition bedridden patients.

Undress, wash, and dress patients who are unable to do so for themselves.

Exercise patients who are comatose, paralyzed, or have restricted mobility.

Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers.

Provide information such as directions, visiting hours, or patient status information to visitors or callers.

#### ALLEN MEMORIAL HOSPITAL - Waterloo, IA August 2000 to February 2003

Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs. • Change soiled linens, such as bed linens, drapes, or cubicle curtains. • Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas. • Clean equipment, such as wheelchairs, hospital beds, or portable medical equipment, documenting needed repairs or maintenance. • Collect and transport infectious or hazardous waste in closed containers for sterilization or disposal, in accordance with applicable law, standards, or policies. • Collect soiled linen or trash. • Disinfect or sterilize equipment or supplies, using germicides or sterilizing equipment. • Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers. • Respond to emergency situations, such as emergency medical calls, security calls, or fire alarms.

Restrain patients to prevent violence or injury or to assist physicians or nurses to administer treatments. Serve or collect food trays.

Stock or issue medical supplies, such as dressing packs or treatment trays.

Stock utility rooms, nonmedical storage rooms, or cleaning carts with supplies.

Supply, collect, or empty bedpans.

Transport bodies to the morgue.

Transport patients to treatment units, testing units, operating rooms, or other areas using wheelchairs, stretchers, or moveable beds.

Transport portable medical equipment or medical supplies between rooms or departments.

Turn or reposition bedridden patients, alone or with assistance, to prevent bedsores.

Provide physical support to patients to assist them to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

Separate collected materials for disposal, recycling, or reuse, in accordance with environmental policies.

Take and record vital signs, such as temperature, blood pressure, pulse rate, or respiration rate, as directed by medical or nursing staff.

## **PCT/Phlebotomist in O.B/Pediatrics**

MERCY HOSPITAL COON RAPIDS MN - Coon Rapids, MN March 1999 to May 2000

Obtained vital on pre and post laboring women, new babies and pediatric patients reporting results to nurse • Obtained lab on pre and post laboring mothers and new infants (PKU, glucose) • Set up and assisted physician with circumcisions • Set up for delivery and tear down after deliveries • Monitored intake and out put on moms and babies • Performed hearing screening on new born • Performed initial baths on infants • Taught parents how to give infant bathes and properly strap infant in to car seat and vehicle

Education

## **Associate of Science in Nursing**

KAPLAN UNIVERSITY - Cedar Falls, IA May 2013

HAMILTON COLLEGE - Cedar Falls, IA July 2007

# High School Diploma

DENVER HIGH SCHOOL - Denver, IA May 1998

# **Nursing Licenses**

## RN

## Skills

- Dialysis Experience
- Nursing
- Catheter Care
- Infection Control Training
- Laboratory Experience
- Computer literacy
- Computer skills

Certifications and Licenses

## **BLS Certification**

#### Assessments

## Electronic health records: Best practices — Highly Proficient

January 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

#### Full results: Highly Proficient

## Clinical judgment — Familiar

January 2021

Assessing a patient's condition and implementing the appropriate medical intervention Full results: <u>Familiar</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.