

## **Angela Carlile, R.N., BSN**

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267 Norman Drive NE, Cedar Rapids, Iowa, 52402 ----- (319)360-2287

Registered Nurse with experience in Critical Care, Emergency Department, and Occupational Health. Experienced also as an Assistant MDS Coordinator/Care Plan Nurse in a long-term care/skilled nursing facility. Currently working on 2 East Adult Behavioral Unit at St. Luke's Unity Point Hospital.

### **Highlights**

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- Good attention to detail
- Quality assurance awareness
- Effective communication skills with staff, family and physicians.
- Proactive nursing judgment.
- Desire to learn.
- Desire to encourage a positive work environment that promotes quality patient care, professionalism and personal growth.
- Up to date CPI and BLS Certifications.
- Experienced in de-escalation and care of acutely ill psychiatric patients.
- Charge Nurse experience on a busy adult behavioral unit.

### **Experience**

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#### **St. Luke's Unity Point Hospital (2E Adult Behavioral Unit), Cedar Rapids, Iowa (June 2019-present)**

- Responsible for the Care of acutely ill psychiatric patients, including patients who have been committed as an inpatient for mental health as well as substance abuse interventions.
- Assisted in providing a therapeutic environment for assisting patients with a variety of mental health challenges.
- General de-escalation of patients with behavioral disturbances.
- Responsible for maintaining yearly certification for CPI (Crisis Prevention Intervention).
- Monitoring of patients acutely detoxing from alcohol and substances requiring CIWA protocol, and appropriate communication with the doctors.

- During the COVID pandemic, followed hospital procedures for care of covid positive inpatient psychiatric patients, which involved appropriate isolation, patient care, and covid swabbing of patients not swabbed in the ED or who developed symptoms while on our unit.
- Assumed Charge Nurse duties on 2 East as well as begun to help teach the Charge Nurse Class.
- Lead UPC committee for 2E and also participated in Fall Committee, Patient Family Experience Committee and Performance Improvement Council.

### **Awards and Recognition from Unity Point Hospital**

- Participated in the Career Achievement Program at St. Luke's in 2021 and received a Bronze level award for goals achieved.
- Received multiple Honoring You Awards from Staff and Co-Workers.
- Received Guardian Angel Award with a group of co-workers on 2E in 2020.

### **Hiawatha Care Center- Hiawatha, Iowa (July 2015-present)**

- Responsible for completion of MDS of multiple patients weekly depending on census. Gathering information from charts and patients.
- Recently certified to teach State Dining Room Assistant Course and taught class to certify a Dining Assistant to work in our facility.
- Help pass medications, do assessments, and help others on the floor as needed. Assist CNA's with transfers. Provide guidance as support for the CNA's and other staff.
- Function on a rotating schedule with other staff-as Weekend Manager in the facility.
- Assistance of collection of data requested for State Inspectors.
- Wrote the facility EMAR/ETAR backup plan instructions for staff to use in the event of power or internet failure and instructed nurses how to use. Also in charge of the weekly check of the EMAR/ETAR Backup.
- Current BLS certification.

### **Hiawatha Care Center-Hiawatha, Iowa (2011-2014, 2014-2015)**

- Activities Department Aide
- Assisted with facility activities and outings.

### **St. Luke's Work Well Clinic (March 1995-1997)**

- Assisted with workman's comp patients and pre-employment physicals.

- Rooming patients, assisting with joint injections, and procedures. Communication with companies. Administering vaccinations.

**St. Luke's Hospital Emergency Department (November 1994-February 1995)**

- General Emergency Room duties. Care of ill patients, assisting doctors, administering medications, documentation.

**St. Mary's Hospital-Galesburg, Illinois (1991-1994)**

- Worked in ICCU/CCU and as a hospital wide prn float.
- General nursing duties, administration of medication, communicating with physicians, care of post-op patients and obtaining central line and art line experience.

## **Education**

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**St. Francis College of Nursing-Peoria, Illinois**

Received Bachelor's of Science in Nursing 1991

**Other Colleges Attended**

**Carl Sandburg Community College-Galesburg, Illinois**

**Iowa Wesleyan College-Mt. Pleasant, Iowa**

**Reference available upon request.**