

Cheryl Cook

Registered Nurse

Newton, IA

-Email me on Indeed: <http://www.indeed.com/r/Cheryl-Cook/3068a0cb91ebd983>

Dedicated, experienced registered nurse seeking full-time employment. Incredibly hardworking and dedicated employee who works well both independently as well as part of a team.

Work Experience

RN Staff Nurse

Claremont Ramsey Village - Des Moines, IA
March 2022 to Present

Floor nurse on the skilled nursing floor.

- Performed patient assessments
- Managed nursing care coordination
- Analyzed and completed electronic charting
- Assisted nursing team in a variety of services
- Developed and implemented discharge plans

Agency Nurse

Nextaff - Des Moines, IA
October 2019 to April 2022

- Agency nurse providing relief staffing for many different Central Iowa long term care facilities.
- Provided patient centered care, emotional, psychological, and spiritual support to residents and family members.
- maintained a high level of staff morale and professionalism on the floor with positive and caring attitude.
- Proficient knowledge and extensive usage of electronic medical records and charting. (Point Click Care being the main program used).

Registered Nurse

Pioneer Hi-Bred International, Inc. - Tama, IA
May 2017 to August 2018

- Field nurse for the seasonal detasseling work.
- Overseen 4 to 7 fields a day and provided first aide for any injuries.
- Also provided education and preventive care for workers.

Registered Nurse

Signature Health Care - West Des Moines, IA
March 2016 to July 2016

Agency nurse

Oversaw and managed clinical and support staff in patient care activities while maintaining a high level of staff morale and professionalism at different facilities in Central Iowa.

Correctly coded and billed medical claims for various hospital and nursing facilities.

Registered Nurse

Careage Nursing Home - Newton, IA
September 2015 to November 2015

Charge nurse of the long-term care unit and the psychiatric unit (locked unit).
Skillfully developed departmental goals, objectives, standards of performance, policies and procedures.

Registered Nurse

Heritage Nursing Home - Newton, IA
June 2011 to November 2015

Director of Nursing from 10/2011 to 10/2013

- Developed patient care plans, including assessments, evaluations and nursing diagnoses for geriatric patients.
- Managed over 45 staff in the nursing department
- Set staffs schedules
- Provided education and product in-services to staff to ensure quality improvement and evidence-based practices specific to wound care management, fall prevention, pressure

reduction, and caregiver safety.

Registered Nurse

Gentiva Home Care - Knoxville, IA
September 2014 to September 2015

and Des Moines, Iowa

- Extensive experience working in the homes of disabled adults.
- Diagnosed and treated patients with chronic and acute health problems, arrhythmias, asthma, COPD and pneumonia.

Registered Nurse

Glorified Health Care - Greenville, SC
March 2011 to June 2011

Provided nursing care to patients on the skilled unit.
Developed patient care plans, including assessments, evaluations and nursing diagnoses.

Registered Nurse

Oakmont East - Greenville, SC
January 2011 to June 2011

Ensured efficacy of treatments and overall care through monitoring of treatment regimens for geriatric patients.
Provided pharmacological and non-pharmacological management and treatment of various disorders and diseases.

Assistant Director of Nursing and MDS Coordinator

Friendship Manor - Grinnell, IA
October 2009 to December 2010

- Experience with MDS3.0 system
- Assisted DON with daily tasks and staffing issues, on-call responsibilities.
- Provided emotional, psychological, and spiritual support to residents and family members.
- Experience with skilled nursing care, wound care, tracheotomies, IV therapy, initial assessments, and medication management.
- Responsible for employees on duty and ability to delegate tasks proficiently.

Guest Service Agent

Holiday Inn Express - Sioux City, IA
January 2008 to May 2009

Greeted, registered and assigned rooms to guests of the hotel.
Reviewed account information and charges with guests during check-out.
Improved customer service ratings through initiating the Stay Smart Training for the 48-employees.
Employee of the quarter the 1st quarter 2009

Certified Nursing Assistant (CNA)

Countryside Senior Living - Sioux City, IA
February 2007 to May 2009

Responded appropriately to the physical, emotional and developmental needs of patients.
Assisted geriatric patients with activities of daily living

Certified Nursing Assistant (CNA)

Montezuma Nursing and Rehab Center - Montezuma, IA
January 2004 to July 2005

Assisted geriatric residents with activities of daily living under the supervision of the charge nurse.
Maintained accurate records of patient care, condition, progress and concerns.

Dietary Aide (DA)

Brookhaven Nursing Home - Brooklyn, IA
January 2003 to January 2005

Communicated with kitchen staff, dietitians, nurses and doctors to assure compliance with complex and frequently changing dietary needs of clients.

- Helped with food preparation, set-up, and service for geriatric patients.
- Cleaned and organized kitchen areas

Education

Bachelor of Science in Information Technology

Colorado Technical University - Colorado Springs, CO
Present

Bachelor of Science in Nursing

Briar Cliff University - Sioux City, IA

2005

Skills

- C++
- JAVASCRIPT
- PYTHON
- DATABASE
- MICROSOFT SQL SERVER
- Home Health
- RN
- Nurse Management
- Nursing
- MySQL
- Ubuntu
- Travel Nursing
- English
- Electronic Medical Records (5 years)
- MDS
- Medication Administration (10+ years)
- Nurse Management (5 years)
- Hospice Care
- Nursing home experience
- Data collection
- Java
- Linux
- User Interface (UI)
- SQL
- Microsoft Excel
- Medical records
- Infusion
- Leadership
- Supervising experience
- Documentation review
- Managed care
- Medicare
- Management
- Care plans
- Laboratory experience
- Communication skills

Certifications and Licenses

BLS, ACLS

Registered Nurse (RN)

July 2009 to July 2023

CPR Certification

Compact State Nurse License

AED Certification

Assessments

Medical Terminology — Highly Proficient

October 2019

Understanding and using medical terminology

Full results: [Highly Proficient](#)

Data Entry — Highly Proficient

October 2019

Entering data quickly and accurately

Full results: [Highly Proficient](#)

Nursing Aide Skills — Expert

July 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Medical terminology — Highly Proficient

July 2021

Understanding and using medical terminology

Full results: [Highly Proficient](#)

Protecting patient privacy — Highly Proficient

September 2022

Understanding privacy rules and regulations associated with patient records

Full results: [Highly Proficient](#)

Supervisory skills: Motivating & assessing employees — Highly Proficient

September 2022

Motivating others to achieve objectives and identifying improvements or corrective actions

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

SKILLS

Dedicated Database Management experience: MySQL,
Excellent Problem-Solving Skills Microsoft SQL Server Express
Excellent Communication Programming Language experience: Python,
Team player JAVA, JavaScript, C++
Strong Analytical Skills Operating System experience: Windows 8,
Windows 10, UNIX, Ubuntu