

Cari Howerton

LPN

Englewood, CO 80112

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To obtain a position that enhances the quality of others' lives and will benefit by my 26 years experience in the nursing and special education fields.

PERSONAL AND PROFESSIONAL ATTRIBUTES

- Dependable, loyal, honest and mature with exceptional work ethic
- Enjoys working with children and special needs children
- Experience in Pediatric Care, Admin, Immunizations, EMR
- Exhibits exceptional patience and consideration for others
- Resourceful and willing to learn new tasks

Authorized to work in the US for any employer

Work Experience

Home Health LPN

5280 Elevated Home Care - Englewood, CO

February 2020 to Present

Working as a Home Health Nurse for an Alzheimer's patient. I take care of daily activities, lifting, feeding, fill med boxes. Help with daily activities and monitor sleeping. Daily charting.

Group home LPN for people with Disabilities

Continuum of Colorado - Englewood, CO

April 2016 to January 2020

Nurse oversees 6 group homes for people with disabilities .
QMAP teaching, On call nurse, triage nurse, G Tube teaching

Clinical LPN

Pediatric Associates Prof., LLC - Montrose, CO

August 2009 to June 2015

LPN assisting providers in maintaining quality care for children Birth through 20 years.

- * Responsible for seeing patients daily in a medical clinic.
- * Immunizations, medication distribution
- * Assessment of patient health, charting in an EMR and Lab work.

Paraprofessional

Montrose School - Montrose, CO

August 2008 to June 2009

Responsibilities

Educated and helped assist children with special needs. Helped to mainstream them back into the classroom. Assisted the children with daily activities.

Accomplishments

Helped the children accomplish their daily activities and tasks in a positive and safe environment.

Skills Used

Thinking skills, Patience skills. Understanding of how certain disabilities can effect daily living and how to help maintain a level of consistency while doing school activities.

Clinical LPN

NRMC Clinic - Overgaard, AZ
November 2006 to May 2007

Responsible for seeing patients daily in a medical clinic. Immunizations, medication distribution. Assessment of patient health, charting and Lab work.

Personal LPN

A.C. Howerton - Parker, CO
June 2004 to November 2006

24 Hour home health care for Stroke patient. Provided rehabilitation and stroke prevention treatment.

Accounts Payable/Receivable, Co-Owner

B.B Financial Benefits Group - Phoenix, AZ
October 1997 to June 2004

Office manager with general secretarial duties including, filing, answering multi-line phones and information distribution. Responsible for information distribution of retirement and convalescent programs and services. Acted as liaison for retirees and owner of company.

LPN (Licensed Practical Nurse)

Nell Dye - Phoenix, AZ
February 1997 to October 1997

24 hour home healthcare nurse for Alzheimer's patient.

On-Call LPN

Preferred Staffing Services - Oakland, CA
October 1996 to February 1997

Float Nurse for fourteen area hospitals. Experience includes: Obstetrics, Oncology, Urology, Neurology, Orthopedics, Cardio/Pulmonary, and HIV treatment care.

Med/Surg LPN

Scottsdale Memorial Hospital - Scottsdale, AZ
September 1995 to October 1996

Responsible for care of patients on Gastroenterology/Gynecology floor. Care includes assessing, admitting, preparing for pre-op and post-op care and teaching.

- Colostomy care, post-colostomy preparation and teaching. Duties include Jackson Pratt and Chemo drain maintenance.
- Mastectomy preparation and recovery care. Including Jackson Pratt drains, Provide appropriate home health care and teaching.
- Post-op Gynecological care. Responsibilities include assessing, stabilizing and monitoring of TVH and TAH post-op patients.

- Various L.P.N. duties include medication distribution, catheterization, maintenance, assessment of patient health, patient/family liaison, charting patient care. Floating experience includes: obstetrics, Oncology, Urology, Neurology, Orthopedics and Cardio/Pulmonary.

Certified Nursing Assistant

Four Corners Health care Center - Durango, CO

January 1994 to August 1994

Hands on nursing assistant at Retirement and Nursing facility

Education

Associate in General Practicing Nurse

Pueblo Community College - Cortez, CO

August 1993 to July 1994

Nursing Licenses

PN

Expires: August 2022

State: CO

Skills

- Many fields in Nursing (10+ years)
- LPN
- Medication Administration
- Nursing
- Experience with Children
- Alzheimer's Care
- Special Needs
- Dementia Care
- Laboratory Experience
- EMR Systems
- Developmental Disabilities Experience
- Vital Signs
- Home Care
- Triage
- Special Education
- Meal Preparation
- Medical Office Experience
- Caregiving
- Hospice Care

- Autism Experience
- Case Management
- Time management
- Hospital Experience
- Medical Records
- Computer literacy
- Basic math
- Customer service
- Catheterization
- Tube feeding
- ADLs
- Critical care experience
- Basic IV

Certifications and Licenses

LPN

June 1995 to Present

Licensed Practical Nurse

August 2020 to August 2022

Class: PN, State: CO

Nurse's License: Class: PN, State: CO

BLS

January 2021 to Present

Expire January 2023

CPR Certification

Additional Information

Volunteer Experience:

Arizona Bridge to Independent Living (ABIL)

Assisted people with disabilities on how to help them live independently.