### Leah Castillo

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### **Professional Summary**

Energetic nurse, eager to contribute skills to your health care facility. Committed and self-motivated with good assessment, critical-thinking and communication skills and a strong reputation for achieving high levels of patient satisfaction. RN experience working in a hospital and nursing home, delivering compassionate treatment to my patients.

#### Licenses

Basic Life Support (BLS) Certification CPR certified through American Heart Association - 2011 to present

#### Skill Highlights

- Critical thinking
- Excellent assessment skills
- Attention to detail
- Compassionate
- Palliative care

- Holistic nursing care
- Strong medical ethic
- Therapeutic communication
- Infection control
- IV drug therapy management

## **Professional Experience**

6/16/20 – 9/9/21 St Mary's Hospital - Kankakee, IL

Registered Nurse – Telemetry Unit

- Provide direct nursing care in accordance with established policies, procedures, and protocols of the healthcare organization.
- Provide compassionate treatment and support to patients and their families.
- Implement and monitor patient care plans.
- Monitor, record, and communicate patient conditions as appropriate.
- Serve as a primary coordinator of all disciplines for well-coordinated patient care.
- Note and carry out physician and nursing orders.
- Assess and coordinate patient's discharge planning needs with members of the healthcare team.
- Assess and coordinate patient's admission planning which includes initial
  assessment, medical history and documentation, contacting physicians for
  new orders, providing comfort for patient and families.

#### 12/26/18 – 6/12/20 Riverside Miller Rehab – Kankakee, IL

#### Registered Nurse – Skilled Unit

- Assess the needs of each resident and plan the nursing care necessary to meet those needs.
- Administer medications, treatments, and various procedures ordered by the physician in a timely and safe manner.
- Evaluate all nursing care to ensure that the needs of the residents are being met.
- Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Deliver compassionate treatment and support to hospice residents and their families.
- Communicate with doctor regarding resident progress and any changes in condition.
- Thorough and accurate charting.

## 10/08/18 – 12/26/18 **Hospice of Kankakee Valley** – Kankakee, IL **Registered Nurse** – Float

- Responsible for the assessment, planning, implementation and evaluation of the patient and family's reaction to their emotional, spiritual, physical, social, dietary and bereavement needs.
- Responds to emergency calls of patients/families to assess their nursing needs and implements a plan to support them through the crisis.
- Provides coverage for Case Managers, Admissions, On-Call, and other areas deemed necessary in the course of a day.
- Initiates communication with attending physicians and other community resources to report changes and coordinate optimal care and use of resources for the patient/family.
- Maintains up-to-date patient records so that problems, plans, actions and goals are accurately and clearly stated and changes are reflected as they occur.

## 07/01/15 – 10/05/18 **Riverside Miller Rehab** – Kankakee, IL

#### Registered Nurse – Skilled Unit

- Assess the needs of each resident and plan the nursing care necessary to meet those needs.
- Administer medications, treatments, and various procedures ordered by the physician in a timely and safe manner.
- Evaluate all nursing care to ensure that the needs of the residents are being met
- Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Deliver compassionate treatment and support to hospice residents and their families.

- Communicate with doctor regarding resident progress and any changes in condition.
- Thorough and accurate charting.

## 12/15/14 – 7/1/15 **Golden Living Center** – Merrillville, IN **Charge Nurse**

- Independent supervision of the delivery of care to a group of residents in a nursing unit.
- Assess residents' needs, prioritize treatment, administer and evaluate nursing care.
- Supervise CNA and other personnel.
- Consult with doctor on resident progress and report special circumstances.
- Provide behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Deliver compassionate treatment and support to hospice residents and their families.

## 12/2010 - 06/2013 **Breckinridge** - Merrillville, IN **Student Nurse** - **Clinical Experience**

- Evaluated patient care needs, prioritized treatment and maintained patient flow.
- Assisted patients with healing and recovery after surgery.
- Performed tracheostomy care.
- Intubated patient with a nasogastric feeding tube.
- Administered IV therapy.
- Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments.
- Assisted patients with multiple chronic diagnoses including COPD and asthma.
- Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Provided necessary health education training for patients.
- Delivered high-quality and compassionate treatment.

## **Education and Training**

12/2010 – 06/2013 **Breckinridge** - Merrillville, IN

Associate of Science: Nursing

Coursework in Acute Care Nursing

Coursework in Women's Health

Coursework in Diabetes Management

Coursework in Adult and Family Health