

# Donia Ehret

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## Summary

Iowa State Board Certified Registered Nurse with over fifteen years of experience delivering high-quality care to patients in home care and Long Term care/skilled care units. Proven leader effective at uniting and guiding nursing teams toward achieving patient care goals, improving satisfaction and supporting wide-spread healthcare system improvements. Focused on continuously advancing expertise in Nursing while driving innovation.

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## Skills

- Psychiatric and Mental Health Care
- Unit administration
- Medical screening
- Patient monitoring
- Home visits
- Clinical Information System Management
- Documenting vitals
- Community advocate
- Geriatric treatment knowledge
- Treatment of diabetic conditions
- Strong medical ethic
- Disease management programs
- Coordinating referrals
- Colostomy care familiarity
- Sick visit procedures
- Team supervision
- Patient advising

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## Experience

April 2020 to  
December 2020

### **Maxim Healthcare** Omaha, NE **Registered Nurse**

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Administered medications, tracked dosages and documented patient conditions.
- Updated physicians on patient test results and assisted in developing care plans.
- Developed and maintained quality care systems and standards, including creating and improving medical protocols and guidelines.
- Instructed patients, caregivers and families on diagnoses, treatment options and self-management to maintain continuity of care.
- Delivered care to pediatric patient with G-tube, administering oxygen via nasal canula including coordinating and evaluating interdisciplinary care.

October 2019 to  
May 2020

### **Iowa Home Care LLC** Ottumwa, IA **Registered Nurse**

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction.
- Boosted patient outcomes by prioritizing nursing tasks and assignments and accurately reporting on each patient's status.
- Imparted medical, operational and patient care knowledge to junior nurses to maximize performance and quality of team operations.

- Updated physicians on patient test results and assisted in developing care plans.
- Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.
- Pediatric home care for two siblings with Dandy Walker Syndrome and other multiple diagnosis's, including indwelling G-tube cares and medication administration.
- Completed daily chart audits and assessed clinical records to verify accuracy, evaluate performance against goals and check for appropriate education of patients and families.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Later was moved to visiting nurse.

February 2019 to  
October 2019

### **Northern Mahaska Specialty Care**

Oskaloosa, IA

#### **Registered Nurse**

- Developed and implemented patient management plans and helped provision continuity of care.
- Collaborated across departments to meet residents' long-term care needs.
- Managed medication passes and treatment schedules to verify proper administration.
- Administered medications for long-term care needs and short-term issues such as congestive heart failure, diabetes, psychological problems, COPD, Gout, etc.
- Responded promptly to changes in conditions and emergency situations to deliver expert care in line with good practices and patients' wishes.
- Monitored resident health with regular assessments to check on conditions and care efficacy.
- Counseled caregivers and families on end-of-life planning and educated on patient care options.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Executed appropriate steps for patient treatment following careful review of physician medical regimen.

March 2017 to  
July 2017

### **Fed Ex Ground**

Ottumwa, IA

#### **Package Handler**

- Assisted in loading delivery trucks with prepared packages.
- Sorted cargo for accurate shipment to target locations, preventing unnecessary delays and promoting productivity.
- Culled knowledge of OSHA safety standards to communicate potential hazards and issues to [\[Job title\]](#).
- Palletized boxes to streamline movement and shipment.
- Disposed of debris and hazardous materials properly to avoid contamination.

March 2013 to  
October 2016

### **Mike's Bait and Tackle**

Ottumwa, IA

#### **Manager**

- Monitored supplier operations to verify quality, delivery schedule and conformance to contract specifications.
- Drove financial performance of assigned areas by verifying achieved sales and profit goals and implementing plans to correct deficiencies.
- Reduced shrink by developing culture of loss prevention, improving return processes and upgrading store layout.
- Evaluated store performance by receiving, analyzing and incorporating feedback from store inspections to implement action plans for improvements.

May 2000

**Indian Hills Community College**

Ottumwa, IA

Nursing

Associate of Applied Science

May 1998

**Indian Hills Community College**

Ottumwa, IA

Liberal Arts And General Studies

Associate of Arts