**Maria Napiza**

**Benicia, CA 94510**

**mariabaltazarn@gmail.com**

**+1 707 805 0488**

*“I’m here to help and serve the people asap.”*

*Certified Nursing Assistant* with 12+ years and work in a fast paced environment handling confidential paperwork, administering medications, and providing quality patient care. Established record of reliability and creating positive rapport with patients, family, and staff. Experienced serving chronically ill patients, including assisting with activities of daily living (ADLs) and household tasks. Patient and highly compassionate.

**Work Experience**

*Accelerated training program for Restorative Nursing Assistance and Home Health Aid*

CRITICAL CARE TRAINING CENTER- North Hollywood, CA.

June 2021 to July 2021

*Travel CNA- Certified Nursing Assistant*

*ST. AGNES MEDICAL HOSPITAL- Fresno, CA*

January 2019 to May 2021

* Demonstrate thorough knowledge of care and current clinical practice, treatments, and interventions, specific to position specialty
* Ability to understand and monitor applicable regulations, policies, and procedures
* Promote patient's independence by establishing patient care goals
* Resolve patient problems and needs by utilizing multidisciplinary team strategies
* Maintain a safe and clean working environment by complying with rules and regulations
* Ability to deal tactfully with residents, students, family members, visitors, government agencies and personnel, according to position setting
* Ability to maintain the care and use of supplies, equipment, etc.
* Maintain patient confidence and protect operations by keeping the information confidential.

*CNA - Certified Nursing Assistant*

AEGIS SENIOR LIVING - San Francisco, CA

January 2016 to January 2019

* Taking vital signs.
* Helping patients with activities of daily living (ADLs) and medications.
* Documented all care. Helping with medical documentations like care plans, AiDLs, and medication management.
* Doing light housekeeping like cooking, laundry, and making the home care/facility or hospital more homey feeling and calm/comfortable ambiance.
* Serving meals and helping patients eat.
* Lifting and moving patients including ambulating and range of motions both active and passive.
* Maintaining a clean and sanitized environment.
* Facilitating patient care.
* Communicating with healthcare team and family members.
* Coordinated activities for the client/patient and performed post-mortem care, if needed.

*Health Care Provider*

Senior Living - Redondo Beach, CA

January 2011 to January 2016

Help with activities of daily living like dressing, bathing, administering medications and others.

● Aid with transferring the recipient in and out of bed, wheelchair. (Ambulating and transferring using a Gait Belt).

● Assist with ROM exercises, feeding tubes or other medical processes.

● Arrange the medical appointments and transportation to the doctor or clinic.

● Order and pick up medications at the drugstore.

● Discuss the care plan and needs with the doctors and care managers.

● Handle a crisis or medical emergency.

● Fill the designated "on-call" position for the family members.

● Observed and reported any sudden changes in the client, mental, physical, and emotional state.

● Established and maintained effective communications and a professional relationship with the client, and the family.

*Health Care Provider*

Care and Comfort Provider, Inc - Thousand Oaks, CA

January 2006 to January 2011

Thousand Oaks, CA

Goes through the patient daily checklist.

● Evaluates the patient's medical condition on a daily basis.

● Prepares and remind all medications for the day.

● Assists patients in exercises specifically ROM (Range of Motion of the upper and lower body).

● Communicates with the patient's doctors.

● Performs errands such as groceries and laundry.

● Assists ADLs of patients/ residents in daily functions.

● Keeps house clean and orderly

● Maintains patient records.

● Provides companionship.

**CNA/CAREGIVING SKILLS**

* Alzheimer's Care
* Caregiving
* Dementia Care
* Meal Preparation
* Medication Administration
* Tube Feeding
* Senior Care
* Facility Care
* Hospital Care
* Home Health Care
* Restorative Nursing
* Range of Motion exercises
* Input and Output (I/O specimens)
* Vital Signs
* Memory Care
* Hospice Care
* Computer literacy
* Serving
* Hoyer lift
* Infection Control Training
* Medical Records
* Patient monitoring
* Care plans
* ADLs
* Critical care experience
* Patient care
* Travel nursing
* Acute care
* Tube Feeding
* Turning and changing positions of patient/resident
* Dishwashing and Laundry
* Home Care and Assisted living
* Ambulation and transferring a resident
* Charting (Document and report to charge nurse/supervisor)
* ADLs including changing of bed covers
* Donning and removing of PPEs
* Supplies Management

**Education**

Bachelor of Arts in Mass Communications

St. Paul University

2002 to 2006

**Certifications and Licenses**

* **BLS** for Healthcare Providers (***CPR and AED***)

July 2021 to July 2023

* **CNA** (Certified Nursing Assistant)

August 2021 to January 2024

* **HHA** (Home Health Assistant)

August 2021 to January 2024

* **RNA** (Restorative Nursing Assistant)

August 2021 to January 2024