

# Alexia Graves

## **CNA/PCA**

Saint Joseph, MO 64507

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I am proficient in basic skills of patient care. I can do vital signs / patient observation. I have knowledge in medical terminology. I am aware of HIPAA and patient privacy, and I have excellent communication skills. I've worked in nursing facilities and I've worked in homes as a personal care assistant, so I'm very comfortable and experienced with the type of work that is required and with switching up environments.

Authorized to work in the US for any employer

## Work Experience

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### **CNA - Certified Nursing Assistant/Caregiver**

Freudenthal In Home Healthcare - Saint Joseph, MO

December 2019 to August 2020

I worked in homes as a personal care assistant / CNA. I completed basic everyday housekeeping duties like doing laundry, dishes, vacuuming, cleaning bathrooms/kitchens, and even changing litter boxes. I helped transfer, toilet, bathe, dress, and feed clients, as well as clean catheters/changed catheter bags, and helped with administering medications.

- Worked in a home environment
- Assisted Multiple elderly patients daily
- Provided individualized and friendly care for clients
- Checked vital signs
- Administered clients' medication
- Assisted with wound care
- Served meals to clients
- Helped clients with showering
- Assisted clients with basic activities of daily living
- Scheduled client activities
- Aided in lifting clients , when necessary
- Aided in transferring clients , as needed
- Communicated details about client's condition to the nurse in charge
- Swept, mopped, and cleaned bathrooms
- Changed bed linens

### **CNA - Certified Nursing Assistant**

RIVERSIDE PLACE - Saint Joseph, MO

October 2018 to April 2019

As a CNA I answered call lights, helped transfer residents, bathed and toileted residents, helped feed and bathe them, and provided excellent care and compassion.

**Donation Coordinator**

Red Racks Thrift Store - Saint Joseph, MO  
January 2018 to May 2018

Sorted Donations

**Kohl's Sales Associate**

Kohl's - Saint Joseph, MO  
October 2017 to December 2017

Freight Unloader

## Education

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**High school or equivalent**

## Skills

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- CNA
- Cna Certified
- Certified Nursing Assistant
- Freight Experience
- HIPAA
- Vital Signs
- Medical Terminology
- Patient Care
- Caregiving
- Medication Administration
- Meal Preparation
- Laundry
- Home care
- Nursing
- Patient observation
- Alzheimer's care
- Dementia care

## Certifications and Licenses

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**Certified Nursing Assistant (CNA)**