

# JANELL HOLLIS

---

1311 Maiden Lane, Belleville, IL 62220

Ph: 618581-6655

Janell30.jh@icloud.com

## Professional Summary

---

Passionate, accomplished and energetic CNA with a solid history of achievement in caring for residents. Motivated leader with strong organizational and prioritization abilities. Areas of expertise include making sure my residents are safe, fed, and overall well taken care of.

## Skills

---

- Active Listening
- Speaking
- Monitoring
- Instructing
- Time Management
- Education and Training
- Social Perceptiveness
- Customer and Personal Service
- Judgment and Decision Making
- Active Learning
- Critical Thinking

## Experience

---

CNA

*Mar 2014-Present*

*Freeburg Care Center - Freeburg, IL*

- Complete physical checks and monitor patients to detect unusual or harmful behavior and report observations to professional staff.
- Maintain patients' restrictions to assigned areas.
- Work as part of a team that may include psychiatrists, psychologists, psychiatric nurses, or social workers.
- Provide patients with assistance in bathing, dressing, or grooming, demonstrating these skills as necessary.
- Clean and disinfect rooms and furnishings to maintain a safe and orderly environment.
- Restrain or aid patients as necessary to prevent injury.
- Record and maintain patient information, such as vital signs, eating habits, behavior, progress notes, treatments, or discharge plans.
- Provide mentally impaired or emotionally disturbed patients with routine physical, emotional, psychological, or rehabilitation care under the direction of nursing or medical staff.
- Serve meals or feed patients needing assistance or persuasion.
- Perform nursing duties, such as administering medications, measuring vital signs, collecting specimens, or drawing blood samples.

CNA

*Jul 2012-May 2015*

*Four Fountains - Belleville, IL*

- Perform nursing duties, such as administering medications, measuring vital signs, collecting specimens, or drawing blood samples.
- Aid patients in becoming accustomed to hospital routine.
- Participate in recreational activities with patients, including card games, sports, or television viewing.
- Serve meals or feed patients needing assistance or persuasion.
- Complete physical checks and monitor patients to detect unusual or harmful behavior and report observations to professional staff.
- Record and maintain patient information, such as vital signs, eating habits, behavior, progress notes, treatments, or discharge plans.
- Work as part of a team that may include psychiatrists, psychologists, psychiatric nurses, or social workers.
- Provide patients with assistance in bathing, dressing, or grooming, demonstrating these skills as necessary.
- Clean and disinfect rooms and furnishings to maintain a safe and orderly environment.
- Provide mentally impaired or emotionally disturbed patients with routine physical, emotional, psychological, or rehabilitation care under the direction of nursing or medical staff.
- Restrain or aid patients as necessary to prevent injury.

## **Education**

---

*GED*

*Southwestern Illinois College - Belleville, IL*