Alysa Amelio

Registered Nurse

Contact

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Skills

Neonatal Resuscitation

Nurse Ob triage

Intra-Operative and Post-Operative Care

Relationship Building

Orienting new employees

EMR documentation (Epic and Care Connection)

Effective Communication

Dedicated and compassionate Labor and Delivery Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Work History

2018-03 -Current

Registered Nurse

Lutheran General Hospital, Park Ridge, IL

- Charge nurse for labor and delivery, antepartum, and triage unit.
- Work closely with doctors and midwives in coaching pregnant women through childbirth and post-natal recovery.
- Proficient in electronic fetal monitoring.
- Provide care and interventions as needed to laboring, high-risk antepartum, and triage patients.
- Assist in provider administration of epidural and patient controlled analgesia to block pain from labor contractions and during birth.
- Able to provide surgical scrub assistance as needed.
- Provide pre, intra, and post operative care to patient undergoing cesarean section.
- Assist physicians and midwives during deliveries, treatments, and procedures.

2016-05 -2018-03

Patient Care Technologist

Physicians Immediate Care, Jefferson Park, IL

- Conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Obtained patient medical history and vital signs and reported results to physician, physician assistant, or nurse practitioner.
- Collected and transported specimens to prepare for lab testing.
- Applied bandages and dressings as ordered by provider.

2015-05	-
2016-04	

Medical Assistant

RPW Obstetrics And Gynecology, Elmhurst, IL

- Obtained medical history and vital signs and reported them to provider.
- Assisted physician during in office procedures LEEPs, colposcopies, and IUD insertions.
- Prepared and admininstered injections.
- Prepared and collected laboratory specimens to be sent for testing.
- Prepared medical instruments for sterilization.

Education

2010-08 -	Bachelor of Arts: Kinesiology
2014-05	Elmhurst University - Elmhurst
2016-01 -	Master of Science: Nursing
2017-11	DePaul University - Chicago, IL

Accomplishments

Member of the Unit Clinical Development Commitee

- Staff education on uterine rupture with quiz
- Participant in monthly journal club
- Competency sign-off on newly implemented blood loss calculator

Chair of Unit/Patient Satisfaction Commitee

- Discuss patient survey comments with staff at monthly meetings
- Discuss with management ways to resolve patient complaints and how to prevent similar issues in the future
- Preserve staff satisfaction by planning outings and celebrating work anniversaries
- Increased unit funds by providing snack cart

Certifications

2021-02	Inpatient Obstetric Nursing
2021-09	Cardiopulmonary Resuscitation
2021-09	Advanced Cardiovascular Life Support
2020-07	Neonatal Resuscitation
2021-01	Advanced Fetal Monitoring