

# Nafiso Abdi

Minneapolis, MN 55404

[nafisoabdi3\\_wd8@indeedemail.com](mailto:nafisoabdi3_wd8@indeedemail.com)

+1 612 423 7428

Authorized to work in the US for any employer

## Work Experience

---

### **PCA Personal Care Assistant**

Choice Home Health Care - Minneapolis, MN

September 2016 to October 2020

Administered Medication

- Behavior
- Assisted in Daily Activity
- Communication
- Compassion

### **CNA - Certified Nursing Assistant**

North Memorial - Minneapolis, MN

December 2019 to April 2020

Take Vital Signs

- Check for changes in symptoms
- Ambulate to bathroom, around unit etc
- Change dressings and take IV's out
- Help customer with what they need during their hospital stay
- Behaviors
- Provided patients/residents with care and companionship

### **CNA - Certified Nursing Assistant**

Ebenezer Care Center - Minneapolis, MN

June 2018 to November 2019

- Ambulation using transfer belt
- Recording and measurement of patient blood pressure, weight, and urinary output
- Dressing patients with weak or injured body parts
- Feeding patients who can't feed themselves
- Giving compassion when needed
- Listening to patients

### **CNA - Certified Nursing Assistant**

The Estates At Chateau - Minneapolis, MN

November 2018 to May 2019

- Assisted residents with activities of daily living including helping with meals, transferring using assistive devices, bathing, dressing, and grooming.
- Provide high-

- Adhered to safety guidelines
- Commended for effective team collaboration, patient relations, and consistent delivery s
- Handled minor wound car
- Documented all care

## Education

---

### **High school diploma**

Paladin Career and High School - Blaine, MN

May 2018

## Skills

---

- Somali
- Vital Signs
- Patient Care
- Medication Administration
- Translation

## Certifications and Licenses

---

### **CNA**

### **CPR Certification**

### **First Aid Certification**

## Additional Information

---

- Speak fluent Somali
- Read and write Arabic
- Good listener
- Organized