

# Hannah Vander Heiden

Wisconsin Rapids, WI 54494

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## Work Experience

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### **Licensed Practical Nurse**

Stevens Point Health Services - Stevens Point, WI

August 2021 to Present

- Second check doctors order relating to medications, diets, mobility, and more.
- Assist CNAs with resident cares and transfers.
- Handle emergency situations with leadership and per protocol.
- Collaborate with physical therapy, occupational therapy, speech therapy, physicians, and family members.
- Administer medications, provide wound care, catheter insertion, etc.
- Provide care to both nursing home residents and rehabilitation patients.

### **Certified Nursing Assistant (CNA)**

Quyanna Care Center (Integrity Medical Staffing LLC) - Nome, AK

September 2019 to December 2019

- Gathered/recorded dietary information, assisted with feeding, monitored intake to help patients achieve nutritional objectives and support wellness goals
- Assisted patients with mobility needs including: moving to and from beds, organizing wheelchairs, preparing assistive devices, etc.
- Helped patients effectively manage routine bathing, grooming and other hygiene needs
- Facilitated activities of daily living including: personal hygiene management, feeding and ambulation

### **Barista**

Java Moose Espresso - Grand Marais, MN

July 2015 to August 2019

- Responsible for taking customer orders, creating the beverages, preparing food along with serving to the customers
- Fold, organize and restock all the merchandise
- Handled closing out the transactions with the customer at the register
- Closed out the register and made the deposit at the end of the night
- Clean the store, espresso machine

### **Certified Nursing Assistant (CNA)**

Solvay Hospice House - Duluth, MN

February 2019 to July 2019

- Conducted routine checks on standard patient vitals including: blood pressure, blood sugar, heart rate, etc.
- Examined and addressed lacerations, contusions and other physical symptoms in need of further attention

- Prepared, maintained and cleaned treatment areas after daily use
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness
- Documented patient intake and dietary requirements and assisted with feeding
- Built secure relationships with patients and family through troubling times of Hospice care

## Education

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### **License in including the following clinicals/labs**

NORTHWEST IOWA COMMUNITY COLLEGE - Sheldon, IA

### **Associate of Arts**

LAKE SUPERIOR COLLEGE - Duluth, MN

## Skills

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- EPIC for charting/record keeping
- Companionship and emotional support
- Transporting patients
- Measuring bodily fluids
- Supporting personal needs
- Documenting behaviors
- Dementia and Alzheimer's knowledge
- Observing responses
- Patient-focused care
- Recording vital signs
- Trustworthy companion
- Efficient and reliable team player
- Compassionate
- Adaptable
- Hospice Care
- Medication Administration
- Tube Feeding
- Caregiving

## Certifications and Licenses

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### **AED Certification**

### **CNA**

### **BLS Certification**

### **LPN**

**CPR Certification**

**LVN**