Jamie Russell

Registered Nurse

Fairview Heights, IL 62208 jamierussell568_dsv@indeedemail.com +1 618 960 2908

To obtain a position that will allow me to utilize my professional skills and knowledge that I have obtained via education. I have two years experience on a locked acute psychiatric unit. I would like the opportunity to explore other areas of nursing as well.

Authorized to work in the US for any employer

Work Experience

Registered Nurse (RN)

Integrity Health Services - Alton, IL May 2019 to October 2019

Registered nurse in longterm care

Registered Nurse (RN)

Mercy South Hospital - St. Louis, MO September 2018 to May 2019

Behavioral health nurse

Registered Nurse

St. Alexius Hospital - St. Louis, MO September 2016 to September 2018

• Provide quality care to mental health patients through the process of assessment, planning, implementation, and evaluation.

- Effectively monitor and document patients' activities and whereabouts in 2-18 minute intervals
- Assess and reassess the mental status and mental health of patients
- · Implement unit rules and expectations of the patients' behavior

• Lead groups on a wide range of topics including, but not limited to, coping skills, goal implementation, stress relief, and life expectations.

• Interact with mental health patients ages 18-65 of all different ethnic backgrounds and providing treatment.

• Collaborate with psychiatrists and medical doctors to plan the best care for each patient

• Collaborate with social workers to plan safe discharge and placement

Education

Bachelor of Science in Nursing in Nursing

Chamberlain College of Nursing - St. Louis, MO August 2016

Bachelor of Arts in Psychology in Psychology

Lindenwood University - Belleville, IL December 2013

Associate's of Arts

Southwestern Illinois College - Belleville, IL December 2007

Nursing Licenses

RN

Expires: April 2021

State: MO

RN Expires: February 2022 State: IL

Skills

- Medication Administration
- Mental Health Counseling
- Nursing
- EMR Systems
- Hospital Experience
- Vital Signs
- Epic
- RN
- Therapeutic communication (5 years)
- Basic IV
- Computer literacy
- Microsoft Word
- Microsoft Outlook

Certifications and Licenses

BLS for Healthcare Providers

RN

December 2016 to April 2022

Illinois and Missouri licensed

Assessments

Nursing Skills: Clinical Judgment — Highly Proficient

February 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: Highly Proficient

Electronic Medical Records Knowledge — Highly Proficient

February 2019

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use. Full results: <u>Highly Proficient</u>

Medical Terminology — Highly Proficient

February 2019

Measures a candidate's ability to understand and appropriately use medical terminology. Full results: <u>Highly Proficient</u>

Electronic Medical Records: Best Practices – Expert

June 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Expert</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.