

Ashley E. Watson BSN, RN
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OBJECTIVES

Dedicated and hard working registered nurse with three years of experience providing quality patient-centered care for neuroscience, orthopedic trauma, and medical surgical patients.

EDUCATION

East Carolina University, College of Nursing	May 2018
Bachelor of Science in Nursing	Greenville, NC
Basic Life Support, American Heart Association	Expires: July 2022

SKILLS

- Microsoft Office
- Proficient with Epic and other EHRs
- Patient assessments
- Medication administration
- Deescalation of patients
- Intravenous access and IV medication administration
- Prioritization and delegation of tasks
- Communicates effectively with members of a interdisciplinary team
- Providing succinct education to patients
- Basic life support
- Managing nursing staff
- Wound and ostomy care
- Managing drains ie lumbar drains
- Patient advocacy
- Therapeutic communication
- Problem solving
- Head to toe assessments
- Training and onboarding new staff members

Medical Surgical Nurse- Orthopedic and Neuroscience

July 2018- Present

- Focused neurologic, cardiopulmonary, and mobility assessments
- Evaluating patient conditions and previous trends to create an optimal and individualized treatment plan for each patient
- Manage nursing staff as charge nurse
- Manage and prioritize care for 5-7 patients
- Creating care plans with an interdisciplinary team utilizing the most current evidence-based practice while ensuring patient involvement
- Using a variety of assistive devices and providing education on their use to patients and families
- Providing training and education for new hires by precepting

Shadowing Experience-Nurse Consultant NCDHHS Communicable Disease Branch August 2021

- Telephone triage for communicable diseases including covid and rabies
- Using EMR for tracing disease clusters and outbreaks
- Providing guidance from CDC/state sources to callers

Clinical Experience at East Carolina University

- Pitt County Health Department Spring 2018
 - Facilitating patient outreach programs for underprivileged mothers, and providing postpartum wellness checks for mothers and babies
 - Creating and implementing plans to improve community access to food and health care at the clinic
- Vidant Medical Center Spring 2016-2017
 - Providing care for patients with a variety of cardiac conditions, familiar with reading ECGs while assessing and creating cardiac centered patient care plans
 - Providing care for both pediatric and NICU patient populations and their parents with a variety of conditions
 - Provided safe and effective care during prenatal visits, labor and delivery, and postpartum periods for both mothers and their infants
- Cherry Hospital, Walter B Jones, and Vidant Beaufort Spring 2016
 - Communicated therapeutically and efficiently to provide care for patients with a diverse range of mental disorders
 - Attended interdisciplinary treatment team meetings to help craft an individualized patient care plan