

# Tamekia Allen

St. Louis, MO 63136

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Authorized to work in the US for any employer

## Work Experience

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### **CMT**

West County Care Center - Ballwin, MO

March 2020 to Present

Passing Medication Vitals .

### **CNA - Certified Nursing Assistant**

Favorite Healthcare Staffing - Manchester, MO

October 2016 to Present

Working in variety of different Nursing Settings.

### **C.N.A**

Mary Culver Home - St. Louis, MO

June 2017 to January 2018

Mary Culver Home is Structure for Visually Impaired Ladies . We assist with bathing, meals, activities transportation to and from doctors appointment if needed

### **C.N.A**

Green Park Nursing Rehabilitation - St. Louis, MO

January 2013 to August 2015

Responsibilities

Providing care for patients with Mental illnesses, Alzheimer,long, short term care.

Accomplishments

Making our residents smile. Having the satisfaction of knowing, we made their day.

Skills Used

Team Work, It doesn't matter what situation , you walk upon , we can conquer it better working as a team.

### **CNA - Certified Nursing Assistant**

Northview Village Nursing Home - St. Louis, MO

August 2011 to December 2012

Providing Care in a skilled /Psych Facility

## Education

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### **Certification in CNA**

St. Louis College of Health Careers - St. Louis, MO

December 2008 to December 2008

## Skills

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- CNA
- Memory Care
- Rehab.
- Home Health
- Psych Patients
- Diverse Religious Communities
- Certified Nursing Assistant
- Cna Certified
- HHA
- Caregiving
- Dementia Care
- Meal Preparation
- Vital Signs
- Alzheimer's Care
- Medication Administration
- Cleaning Experience
- Senior Care

## Certifications and Licenses

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### **CPR/AED**

### **Certified Nursing Assistant (CNA)**

### **CMT**

April 2021 to Present

Passing medication in LTC Facilities.

## Additional Information

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15 years experience working in Home Health, Skilled, Rehabilitation Center, Psych, Dementia and Alzheimer Patients.