**Tanya Popivker, BSN, RN**

847-907-0474/tanyapopivker@yahoo.com

 **Summary**

Experienced, compassionate, and dedicated Registered Nurse who is committed to provide quality patient care in various nursing units. Nursing background consists of 6+ years of Registered Nurse experience in Critical Care, Telemetry, Medical/Surgical, Orthopedic, and Oncology units with additional knowledge in psychiatric nursing. Applies advanced nursing skills and use of evidence-based practice. Maintains critical thinking skills, adapts easily to change of environment and work schedule, flexible and accountable.

 **Professional Experience**

**Registered Nurse (Psychiatric Nurse)**

***Lake Behavioral Hospital/Waukegan, IL/October 2021-Current***

* Perform behavioral health assessments on patients referred for services regarding addiction, depression, anxiety and other mental health conditions.
* Administer medications per protocol, educate patients on medication side effects, and importance of taking prescribed medications.
* Chart on patients in a timely manner using approved documentation system.
* Collaborate with psychiatrists, social workers, and other members of healthcare team to develop an appropriate care plan.

**Registered Nurse (Medical/Surgical, Orthopedic, Oncology unit)**

***Vista Medical Center East/Waukegan, IL/July 2020-Current***

* Provide compassionate care to post-surgical patients including post orthopedic and bariatric surgery population.
* Proficiency in circulating nurse responsibilities such as blood products administration, intravenous medication administration, blood draws, intravenous line insertion, medication administration, recognizing abnormal heart rhythms on tele monitors.
* Reporting abnormal results to physician and healthcare team in timely manner.
* Strong skills providing education to patients and families during preparation for discharge.
* Compassionate care to oncology patients; Providing emotional support to patients and their families undergoing transition to hospice care.
* Excellent ability to function as a team player as well as working independently to achieve objectives.

**Registered Nurse (Intensive Care Unit)**

***Vista Medical Center East / Waukegan, IL / August 2015 – April 2020***

* Provide quality patient care within high-volume settings in critical care unit.
* Strong knowledge in mechanical ventilation, intubation procedure, sedation, medication drips.
* Participation in rapid response team; Ability to recognize an emergency situation and utilize critical thinking and appropriate interventions.
* Excellent care to critical patients on CRRT, IABP, or ICP monitor; care for post CABG and cardiac catheterization and stent insertion patient as well.
* Collaborate with patient, families, and healthcare team when developing appropriate care plan.
* Serve as a patient advocate when communicating effectively with patients, families, and members of a healthcare team to achieve outstanding service.
* Demonstrate superior and effective interpersonal and communication skills.
* Demonstrate responsibility and coordinate care and assignment for the entire 23 beds critical care unit in the role of the charge nurse.
* Demonstrate knowledge in the preceptor role.
* Implement effective documentation of comprehensive assessment.
* Participation in hospital restructuring project, merging units.
* Demonstrate safe medication administration.

 **Education, Licenses, Certifications**

* Bachelor of Science in Nursing (BSN) Since June 2015

Chamberlain College of Nursing, Addison, IL

* Registered Nursing License (RN), State of IL Current
* Basic Life Support (BLS) Current
* NIHSS Certification Current
* Crisis Prevention Institute (CPI) Certification Current

 **Skills**

Assistance in bedside procedures such as intubating/extubating, thoracentesis and removal of pleural drains, arterial line insertion/removal, bronchoscopy, chest tube insertion/removal, central line insertion/removal, wound vac therapy initiation/discontinuation. Basic Nursing Skills including intravenous access start, central line removal and dressing changes, chest tube and pleural drains maintenance, foley catheter insertion, wound care, observe and maintain various medication drips per unit protocol, blood draws peripherally and using central line, recognizing various EKG rhythms.

Software: Cerner, Epic, HCS, Word, Excel, Power Point.

 **Languages and Awards**

* Fluent in English and Russian languages
* Patient choice award 2019
* Monthly Unit Recognition August, 2021