# Kara Ewalt

Eldora, IA

-Email me on Indeed: http://www.indeed.com/r/Kara-Ewalt/d6410e2d2f95d642

Authorized to work in the US for any employer

# Work Experience

# **Charge Nurse**

Grundy Care Center - Grundy Center, IA December 2019 to April 2020

# **Charge Nurse**

Grand Jivante - Ackley, IA September 2019 to April 2020

#### **Phone Nurse**

Iowa Falls Clinic- Clinic/Clinic - Iowa Falls, IA May 2018 to May 2019

#### **ER Nurse**

Waverly Health Center - Waverly, IA April 2017 to March 2018

# **Private In-Home Caregiver**

Delagardelle Family - Waterloo, IA August 2016 to June 2017

### LTC/SNC CNA

Manor Care - Waterloo, IA January 2013 to April 2017

#### In-Home CNA

Western Home Communities - Cedar Falls, IA July 2014 to February 2016

### Education

### **Associates Degree in Nursing**

Kaplan University - Cedar Falls, IA 2017

# **Nursing Licenses**

#### RN

Expires: May 2022

## Skills

Urgent/emergency, critical, acute, long term, skilled, in-home, & mental health care IV care/management, lab draws, & IV medications, checking/monitoring vital signs, EKG/cardiac reading & monitoring, wound treatments/care, task delegation, triaging patients in person/on the phone, strong empathy/compassion for patients & coworkers, extraordinary organization, impeccable understanding of appropriate communication, excels with unit tasks & projects, excels in problem-solving & critical thinking, highly computer/technology knowledgeable, strong ethics & morals, highly dedicated & dependable, and very self-aware regarding personal strengths/weaknesses. Professional Accomplishments Partook in the nurse residency program, lead the unit base council meeting for the ER department, ran/created the weekly ER newsletter, recreated the ER orientation packet for new hires along with creating a policy and unit resources binder, worked alongside social services to improve mental health outcomes and treatments in the ER.

- Critical Care Experience
- Hospital Experience
- Epic
- · Experience Administering Injections
- · Medication Administration
- Cerner
- Caregiving
- · Nurse Management
- · Patient Care
- · Phlebotomy
- · Medical Records

### Certifications and Licenses

Registered Nurse- Iowa #147328 BLS- American Heart Association (Previously had ACLS, PALS, TNCC, CPI, & Moderate Sedation)