

# Cynthia Knox

Cedar Rapids, IA 52404

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Adaptable nursing professional skilled at responding to all types of routine and emergency situations. Deliver expert care for acute and chronic conditions. Excellent charting, medication administration and training abilities. Enhance patient care with diligent attention to treatment plans and symptoms. Proficient in Joint Commission standards and evidence-based care.

Sponsorship required to work in the US

## Work Experience

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### **Registered Nurse**

Specialized Medical Staffing, INC - Chippewa Falls, WI

January 2021 to Present

Pick up open RN shifts and multiple long term and skilled facilities around the area.

Supports facility staff and admin with charge nurse and admit responsibilities.

Provides direct patient care including IV therapy, wound care and prevention, medication management, enteral feeds, etc.

### **Registered Nurse Supervisor**

Mercy Medical Center

2010 to 2019

Minimized risk of medical errors with timely and accurate chart updates in Meditech and Epic.

Managed direct care of acutely ill and post surgical patients, including conducting assessments, tracking progress, and documenting care activities.

Delivered evidence-based, cost-effective care to every patient based on extensive experience in a variety of inpatient units.

Contributed to interdisciplinary team with abilities in assessment, planning, and implementation of healthcare goals.

Maintained staff schedules and adjusted workflows based on changing patient loads.

Managed patient admitting, transfers, and discharges for clinical decision unit and surgical unit.

### **Travel Nurse**

TruStaff

2017 to 2017

2017

Supported facility needs by working flexible schedule and contributing to multiple units within one of Iowa's rural hospital.

Monitored and maintained function of medical equipment such as medication pumps.

Intervened in crisis situations, employing nursing standards and protocols to handle different issues.

### **Nurse Educator**

Mercy Medical Center  
2013 to 2015

Coordinated training for new and existing employees in the best strategies and required procedures for disseminating health-related information.

Coached new employees with successful training programs via a new nurse residency program.

Shared real-life case studies to help better prepare for actual medical situations.

### **Home Health Licensed Practical Nurse**

Advanced Home Healthcare  
2009 to 2010

Helped patients with routine needs, special calls and emergencies.

Helped patients meet dietary needs by preparing food trays and monitoring intake.

Served families with careful attention to washing and dressing deceased persons.

Delivered top-notch care for all basic needs, including changing dressings, managing catheters and preventing or treating bedsores.

## Education

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### **Bachelor of Science in Nursing**

Upper Iowa University  
2012

### **Associate Degree in Nursing**

Southeastern Community College  
2010

### **Diploma**

Capri College  
2005

### **Diploma**

Carlson College of Massage Therapy  
2002

## Nursing Licenses

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### **RN**

#### Skills

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- Direct nursing care
- Discharge coordination
- Training staff
- Emergency response
- Treatment planning
- Time management
- Hipaa Compliance
- Organizational Leadership
- Critical Care Experience
- Medication Administration
- Epic
- ICU Experience
- Hospital Experience
- Triage

## Certifications and Licenses

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### **BLS Certification**

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#### Assessments

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### **Electronic health records: Best practices — Expert**

January 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.