**Bridgit Melidones, BSN, RN, CCRN**

7239 W Montrose Ave • Norridge, IL 60706 • (630) 542-7434 • bmelidones@gmail.com

**Education**

**Bachelors of Science in Nursing** University of Kentucky, Lexington, KY

Graduation date: May 2019

* GPA: 3.6, Magna Cum Laude
* Honors and Accomplishments
  + Awarded eight semesters of See Blue Scholarship for meeting high school GPA and ACT requirements
  + Deans List for five semesters

**Education Abroad** Ulster University, Coleraine, Northern Ireland

June 2016- July 2016

* Received credit for Microbiology and Nutrition
* Honors and Accomplishments
  + IFSA-Butler’s Academic Achievement List

**Professional Nursing Experience**

**Staff Nurse Level II- Critical Care Unit/COVID ICU** January 2020-present  **S**wedish Hospital, Chicago, IL

***Leadership Experience:***

* Member of Code Blue Team
  + Respond to emergency hospital codes called for patients in cardiac arrest or other medical emergencies
* Member of Code Airway Team
  + Respond to emergency hospital codes to manage acute airway crisis and assist with intubation if necessary
* Member of Rapid Response Team
  + Respond to emergency hospital codes called for hospital staff to provide critical care expertise of a patient whose condition is deteriorating
* Preceptor
  + Mentor and instructor for new nurse employees and travel nurses
* Charge Nurse (April 2021-present)
  + Oversee patients and nurses on the unit
  + Provide direct patient care and services
  + Manage daily staff assignment

***Staff Nurse Experience:***

* Work with diverse populations on a 16 bed critical care unit in a non-profit teaching hospital
* Treat patients with conditions such as: respiratory failure, ARDS, COPD exacerbation, shock, sepsis, renal failure, liver failure, GI bleed, DKA, and drug overdose
* Recognize significant EKG rhythms and respond appropriately
* Monitor and manage critical care equipment such as ventilators, arterial lines, and central lines
* Administer and titrate critical care medications including: norepinephrine, epinephrine, vasopressin, amiodarone, cardizem, and others based on facility protocols and assessment of patient condition
* Monitor and sedate critically ill patients with medication such as: propofol, midazolam, dexmedetomidine, and fentanyl drips
* Medically paralyze patients with neuromuscular blocking agents such as cisatracurium and monitor with train of four and BIS monitor readings
* Initiate peripheral IV access in septic or edematous patients using ultrasound
* Participate in interprofessional communication with residents, fellows, attendings, respiratory therapists, and CNAs.

**Staff Nurse Level I- Family Birthing Center** September 2019- January 2020 Swedish Hospital, Chicago, IL

* Increased knowledge and experience by performing daily work duties of a staff nurse while working on the Mother/Baby unit

**Nursing Care Technician/ Companion** November 2014- June 2020 Private Client, Streamwood, IL

* Provided support and care for a metastatic breast cancer patient which included: transporting to health centers, medication administration, setting up TPN, various dressing changes, and care of both gastrostomy and jejunostomy tubes

**Nursing Care Technician** June 2015- August 2018 Dr. Alan D. Johnson, Hoffman Estates, IL

* Completed health history forms and vital signs on patients in an OB/GYN office
* Helped detect fetal heart tones via Doppler and set patients up for non-stress tests

**Nursing Care Technician** May 2017-August 2017 BrightStar Care, Schaumburg, IL

* Provided care for residents in a nursing home
* Completed routine check-ins and assisted residents with activities of daily living

**Skills and Certifications**

* Critical Care Registered Nurse **(CCRN)**, 2021-present
* Advanced Cardiovascular Life Support **(ACLS)** certification, American Heart Association, 2020-present
* National Institutes of Health Stroke Scale **(NIHSS)** certified, 2019-present
* Registered Nurse, May 2019-present
* Basic Life Support **(BLS)** certification, American Heart Association, 2015-present

**Shadowing Experience**

***Anesthesia Shadowing | 20 hours***

Michael Brown, MSN, APRN, CRNA | Norton Healthcare Operating Room, Louisville, KY | 10 hours | 2019

* Observed intubations, general anesthesia, and arterial line placement

Ariele Keats, MSN, APRN, CRNA | Swedish Hospital Surgery Center and Main Operating Room, Chicago, IL | 10 hours | 2021

* Observed popliteal nerve block, intubations, general anesthesia, IV sedation, and arterial line placement

**Additional Leadership, Organizations, and Involvement**

* **Member,** American Association of Critical Care Nurses, March 2021-present
* **Participant,** Swedish Hospital Nurse Residency Program, September 2019-August 2020
  + Completed a program specifically designed to help transition new graduate nurses into the workforce
* **Member** Sigma Theta Tau International Honor Society of Nursing, Delta Psi Chapter, March 2019-March 2020
* **Member,** Pi Beta Phi Fraternity, **University of Kentucky,** August 2015-May 2019
  + Served on Policy and Standards BoardCommittee
* **Recruitment Counselor, University of Kentucky,** August 2017
  + Guided and educated potential new members to the PanHellenic Community at University of Kentucky

**Community Service and Volunteer Work**

**Volunteer,** Northern Elementary School, October 2018 Butler, KY

* Spent two school days educating students about kindness and bullying prevention

**Volunteer,** Almost Home Foundation, May 2018-June 2018 (20 hours)Schaumburg, IL

* Handled dogs and cats during adoption showings throughout the summer

**Volunteer,** The Hope Center, August 2017 Lexington, KY

* Served meals to the community at the Jacobs Hope Cafeteria

**Volunteer,** Seedleaf, April 2016 (6 hours) Lexington, KY

* Assisted with gardening at a community garden that helps nourish the Lexington community

**Participant,** Dance Blue, February 2016 Lexington, KY

* Participated in a 24- hour no sitting, no sleeping marathon for the Kentucky Children’s Hospital Hematology/Oncology Clinic
* Fundraised over $500

**Volunteer,** Alexian Brothers Medical Center, 2015 (40 hours) Hoffman Estates, IL

* Assisted nurses in basic duties, worked front desk, assisted patients and families with directions

**Research Presentations**

Melidones, B. (2019) *Prevention of Catheter Associated Urinary Tract Infections (CAUTIs).* Paper and PowerPoint presentation. University of Kentucky, Lexington, KY.