

# Sandra Anima

Collinsville, IL 62234

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+1 312 871 0509

Skilled Licensed Practical Nurse offering Knowledgeable about assisting with non-invasive procedures

Authorized to work in the US for any employer

## Work Experience

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### **LPN (Licensed Practical Nurse)**

Lutheran Senior Services - Glen Carbon, IL

Present

Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.

Obtained biological specimens for ordered tests and prepared for laboratory transport.

Administered controlled narcotics, and performed catheterizations.

Cared for wounds, provided treatments and assisted with procedures.

Assisted with admissions, appointments, transfers and discharges

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

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Obtained biological specimens for ordered tests and prepared for laboratory transport.

Administered controlled narcotics, and performed catheterizations.

Cared for wounds, provided treatments and assisted with procedures.

Assisted with admissions, appointments, transfers and discharges

Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.

Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

Answered incoming phone calls from patients to provide basic assistance and triage medical concerns.

### **LPN**

Mercy Rehab And Care Center - Swansea, IL

March 2020 to January 2021

Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.

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Administered controlled narcotics, and performed catheterizations.

Cared for wounds, provided treatments and assisted with procedures.

Assisted with admissions, appointments, transfers and discharges

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### **CNA - Certified Nursing Assistant**

San Gabriel Memory Care - Glen Carbon, IL

April 2019 to January 2020

Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.

Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.

Transported patients between rooms and appointments or testing locations.

Helped patients effectively manage routine bathing, grooming and other hygiene needs.

Supported ambulation and physical therapy needs by conducting planned exercise routines.

Checked patient vitals such as temperature, blood pressure and blood sugar to stay on top of symptoms

Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.

Facilitated activities of daily living, including personal hygiene management, feeding and ambulation.

## Education

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### **Associate of Applied Science in Nursing**

Beck School Of Practical Nursing - Red Bud, IL

December 2019

Southern Illinois University Edwardsville - Edwardsville, IL

## Nursing Licenses

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**PN**

**PN**

State: IL

**PN**

Expires: January 2023

State: MO

## Skills

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- Tube Feeding
- Memory Care
- Nursing
- Medication administration
- Experience administering injections
- ADLs
- Patient monitoring

## Certifications and Licenses

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**LPN**

**CNA**

**CPR Certification**

September 2021 to September 2023