Vanessa Townsend

Licensed Practical Nurse

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Licensed Practical Nurse seeking a challenging and responsible position to expand my knowledge and experience while using my current skill set and experiences to positively affect the lives of others. I possess exceptional communication skills, health information technology knowledge, patient care coordination and file maintenance. Experienced in working responsively with physicians, nurses, patients and their families in several large hospital units.

Work Experience

LPN/Unit Manager

Symphony at Midway - Chicago, IL December 2018 to Present

- Holding monthly/quarterly meetings with my staff to go over expectations and goals.
- One serve nursing report during shift and ensured narcotics count is done with two nurses.
- Reviewed physical needs, monitored patients physical condition, administered approved medication, and arranged medical appointments according to assigned medical care standards.
- Ensured temp logs and crash cart logs are signed out daily and holding nurses accountable for completing these tasks.
- Utilized aseptic and clean techniques to provide sterilized wound care and dressing application.
- Performed functional assessments and physical examinations for patients upon admission and discharge, and reported changes in patient condition to physician to ensure that issues requiring immediate attention were addressed, and documented findings accordingly via an electronic medical record.
- Oversaw CNA's duties; delegated shift assignments, charted shift events, and communicated with RN supervisor and physicians to ensure adequate coverage was maintained for the floor.
- Established and maintained open lines of communications between healthcare team, families, and patients.
- Participated in inter-disciplinary nursing team meetings to improve policies and procedures and to ensure adherence to safety procedures.
- Utilize PC to enter and retrieve patient data, via EMR.
- Medication cart audits and daily EMAR audit to ensure we remained in compliance.
- Chart audits on new admissions and in-house transfers ensuring that all orders and code statuses are updated and in place.

Licensed Practical Nurse/Float Nurse

Burbank Healthcare and Rehabilitation - Burbank, IL June 2018 to April 2020

• Work on specialty unit (vent & cardiac) providing suctioning, tracheostomy care, monitoring vent settings, IV fluids, cardiac life vest patients (ensuring batteries are changed daily and vest is functioning properly), pace makers

- Prepared and administered controlled substances via oral, sublingual, intradermal, sub-Q, topical, and inhalation routes, and served as key holder of the drug inventory and supply
- Utilized aseptic and clean techniques to provide sterilized wound care and dressing application
- Performed functional assessments and physical examinations for patients upon admission and discharge, and reported changes in patient condition to physician to ensure that issues requiring immediate attention were addressed, and documented findings accordingly via an electronic medical record
- Oversaw CNA's duties; delegated shift assignments, charted shift events, and communicated with RN supervisor and physicians to ensure adequate coverage was maintained for the floor
- Established and maintained open lines of communications between healthcare team and patients
- Reviewed physical needs, monitored patients physical condition, administered approved medication, and arranged medical appointments according to assigned medical care standards.
- Assessed vital changes in patients and conditions by monitoring vital signs, symptoms, and test results.
- Participated in inter-disciplinary nursing team meetings to improve policies and procedures and to ensure adherence to safety procedures.
- Utilize PC to enter and retrieve patient data, via EMR

Patient Care Information Associate Progressive Step-down Unit/ICU

Advocate Health Care/Christ Medical Center - Oak Lawn, IL January 2015 to June 2018

- •Interview new hires and make decisions on whether the candidate will be a good fit for the unit or not
- Provided surgical and medical consults for patients
- Compiled patient information needed for medical staff from various medical services
- Handling inbound calls from clients and family members
- Ordered medical procedures through network utilizing Microsoft Excel, Outlook
- Inventory of medical supplies and ordering as needed
- Take and record vital signs, including blood pressure, pulse, respirations, temperature, weight; measure and record intake/output
- Blood Glucose Monitoring
- Collect lab specimens
- Provide pre- and post-operative care
- Assists with toileting, bathing, feeding and ambulation as needed
- · Observed and documented patient status and reported patient complaints to the charge nurse
- Provide personal care and safety requirements of patients
- Facilitates the admission, discharge and transfer of patients on and off the unit

Lead Patient Care Assistant Med/Surg

Advocate Health Care/Good Samaritan Hospital - Downers Grove, IL April 2010 to January 2015

- Assess vital signs, measure and record patient intake and output
- Blood Glucose Monitoring
- Collect lab specimens
- Provide pre- and post-operative care
- Assists with toileting, bathing, feeding and ambulation as needed
- · Observed and documented patient status and reported patient complaints to the charge nurse
- Provide personal care and safety requirements of patients
- Facilitates the admission, discharge and transfer of patients on and off the unit

• Assign daily tasks to PCA's in order to maintain an arranged unit environment with adequate supplies and equipment in order to smooth the progress of staff

Lead Care Manager/CNA

Sunrise Assisted Living - Palos Park, IL October 2008 to April 2010

- Supervise and make daily patient assignments for CNA's
- Monthly in services
- · Recorded residents daily health information and reported any changes to the RN
- · Assist residents daily with toileting, bathing, dressing, and oral hygiene
- Light house keeping; making beds and ensuring rooms are neat and clutter free
- · Assist residents with daily activities including exercises, crafts, bingo, word games, and card games
- Going on outings with residents (movies, lunch, shopping, etc.)
- Serve requested meals to residents and deliver meal trays to their rooms as requested

Medical Assistant

Back to Health Chiropractic Medical Center - Calumet Park, IL 2007 to 2008

- Type correspondences, memorandums, and agendas
- Answering and screening incoming calls
- Schedule appointments
- Pull charts, Filing
- Vitals
- Collecting Co-Pays
- Assist Dr. with patient therapy
- Collecting urine specimen for drug test
- 10-key calculator
- Bookkeeping
- Verifying patient insurance

Education

License in Practical Nursing

Ambria College of Nursing - Hoffman Estates, IL January 2017 to April 2018

Certificate in Nursing Assistant

Samland Institute of Allied Health and Technology - Chicago, IL 2009

Skills

- LPN (1 year)
- Staff Nurse (1 year)
- Memory Care Nurse (1 year)
- CNA (8 years)

- Attention to detail, Punctual, experience working with cardiac patients, LVAD's, ventilator and tracheostomy's, and subacute/rehab patients (1 year)
- Aseptic Technique
- EMR Systems
- Medication Administration
- · Acute care
- Hospice care
- Vital signs

Certifications and Licenses

CPR certified

July 2017

Licensed Practical Nurse

April 2018

LPN

BLS Certification

Assessments

Nursing Skills: Clinical Judgment — Expert

March 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: Expert

Electronic Medical Records: Best Practices — Highly Proficient

August 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: Highly Proficient

Nursing Skills: Clinical Judgment — Highly Proficient

February 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.