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Britinie Foreman

Professional Summary

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Work History

Wexford Health - Research Assistant

Birmingham, AL

06/2021 - Current

Medication administration to inmates

Arrange offsite medical procedures

Deliver emergent care per ACLS protocol as needed

Communicate between discipline to facilitate inmate care

Education inmates on management of chronic medical conditions

Encourage health promotion through diet, exercise, and annual screenings.

Brookwood Baptist Health - Princeton - Registered Nurse

Birmingham, AL

08/2012 - 07/2021

- Provided direct patient care, stabilized patients and determined next course of action.
- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Audited charts and reviewed clinical documents to verify accuracy.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.

✉ britinief@gmail.com

☎ 2056176508

📍 Birmingham, AL 35212

Skills

- Database Searches
- Clinical Research
- Specimen handling
- Specimen and Sample Preparation
- Quantitative and Qualitative Analysis
- Documentation abilities
- Safety and compliance
- [Software](#) expertise
- Equipment management

Education

12/2017

Jacksonville State University

Jacksonville, AL

BSN: Nursing

National Honor's Society

12/2009

T.A. Lawson State Community College

Birmingham, AL

Associate Degree In Nursing: Nursing

05/2007

University of Alabama At Huntsville

Huntsville, AL

Bachelor Of Arts: Social Psychology

- Implemented medication and IV administration, catheter insertion and airway management.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Participated in nursing simulation activities, evidence-based practice project implementation and competency development to further nursing education.
- Monitored patient reactions to drugs and carefully documented findings.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Organized and managed care of patients undergoing various therapies and procedures.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.

VA Hospital - Registered Nurse

Birmingham, AL

08/2020 - 06/2021

- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Audited charts and reviewed clinical documents to verify accuracy.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.

- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients and determined next course of action.
- Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
- Implemented medication and IV administration, catheter insertion and airway management.
- Monitored patient reactions to drugs and carefully documented findings.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Maintenance of ventilated patients per MD orders.

UAB Medicine - Registered Nurse

Birmingham , Alabama

04/2010 - 07/2012

- Provided direct patient care, stabilized patients and determined next course of action.
- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Monitored patient reactions to drugs and carefully documented findings.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Teamed on trauma and emergency interventions involving serious head injuries, gunshot wounds and thoracic trauma.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Collaborated with physicians to quickly assess patients and deliver

appropriate treatment while managing rapidly changing conditions.

- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.

